



*The*  
**AMBASSADOR**

SAINT LUKE'S BISHOP SPENCER PLACE

OCTOBER 2024



# Stay ACTIVE



## Cheer the Chiefs

Monday, Oct. 7 | 7:15 p.m.

Saints at Chiefs | Pub

Sunday, Oct. 20 | 3:25 p.m.

Chiefs at 49ers | Pub

Sunday, Oct. 27 | 3:25 p.m.

Chiefs at Raiders | Pub

## Kansas City Ballet Movement Class

Friday, Oct. 11 | 1 p.m.

Activity Center



Suzanne's first class in September was a huge hit. We'd love for more of you to attend this workshop this month so we can keep it going.

## Trivia

Tuesday, Oct. 15 | 4 p.m. | Pub

Get ready for questions from Louis and Helen!

## Chair Volleyball

Tuesday, Oct. 29 | 1:30 p.m.

Westport Room

We need a minimum of eight players. Wear your comfy clothes. No keeping score, just fun and laughs!

## Blood Pressure Checks

Wednesdays | 1:30 p.m.

Madison Floor 2

## A few words from the CEO



*My beloved October has returned—with its brilliant colors, cool temperatures and sunny, cloudless, azure skies, and I must enjoy it before it escapes for another year.*

—Peggy Toney Horton, author of *Somewhere in Heaven My Mother is Smiling*

October brings a renewal of life as we experience a change of seasons, crisp mornings, unbelievable foliage colors, and a renewed appreciation of life itself. I always think of October as the time of the year to jump into large piles of colorful leaves.

In October, we celebrate Rosh Hashanah, a Jewish holiday that marks the beginning of the new year, Leif Erikson Day, the start of Yom Kippur, Canadian Thanksgiving, Columbus Day, Indigenous Peoples Day, and of course, Halloween. Also, let's not forget that the first Friday of October is World Smile Day, which encourages everyone to spread happiness by smiling and performing small acts of kindness, which we see performed on a daily basis, year-round, at Bishop Spencer Place.

We're experiencing many changes at Bishop Spencer Place as well. Our Memory Care Unit is on track to open in Fall 2025. We've started construction of a new Memorial Wall that will provide a proper setting for the plaques of loved ones and a place to reflect. We're replacing the exterior of the Madison building, have resurfaced the south parking lot, and continue with many upgrades and updates around campus. In addition, we have started the implementation of a new electronic medical record system for York and Coventry that will result in our clinical staff being able to spend more time with patients.

We continue our path forward as a small community, working together, both residents and staff, in our commitment to make Bishop Spencer Place better every day. What a great time of year and what a great time to live and work at Bishop Spencer Place.

Louis

## Tip of the Month!

### From the BSP Environmental Committee



Climate change is affecting pollinators, such as bees and flowering plants. Planting flowering plants on your balcony may help.

## Blessing of the Pets

Thursday, Oct. 3 | 1 p.m. | Bishop's Garden

Join Chaplain Janette and other residents to celebrate the Feast Day of Saint Francis of Assisi with pet blessings. For people of all faiths and none, this is a day to celebrate the love we all have for our pets. Janette will be in The Bishop's Garden (weather permitting, or in the Chapel if necessary) from 1 - 1:30 p.m. and can visit apartments that day, too. Please contact Janette if you would like her to come to your home.



## Art Reception for Ann Handelman

Thursday, Oct. 3 | 4 p.m. | Art Gallery



Ann is a local artist from Parkville, with a background in art education. She graduated from KU and earned her masters degree from UMKC. Her studio is in the KC Stockyards Building.

Ann's paintings are inspired by the shapes, colors, textures, and beauty found in nature—urban and natural.



Come meet Ann—you will enjoy her work!

# Garden TIME

## Pleasant Sounds

The rustling of leaves under the feet in woods and under hedges;

The crumpling of cat-ice and snow down wood-rides, narrow lanes and every street causeway;

Rustling through a wood or rather rushing, while the wind halloos in the oak-top like thunder;

The rustle of birds' wings startled from their nests or flying unseen into the bushes;

The whizzing of larger birds overhead in a wood, such as crows, puddocks, buzzards;

The trample of robins and woodlarks on the brown leaves, and the patter of squirrels on the green moss;

The fall of an acorn on the ground, the pattering of nuts on the hazel branches as they fall from ripeness;

The flirt of the groundlark's wing from the stubbles—how sweet such pictures on dewy mornings, when the dew flashes from its brown feathers.

—John Clare, English romantic poet 1793 - 1864



**AC** Activity Center (above Bistro)    **CH** Chapel    **P** Pub  
**ART** Art Gallery    **JLR** Jefferson Living Room    **WR** Westport Room  
**BG** Bishop's Garden    **MLR** Madison Living Room    **Ch 1851** Channel 1851 on your Spectrum TV  
**CDR** Canterbury Dining Room    **MF2** Madison Second Floor

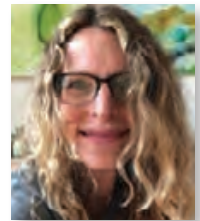
# October 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>1</b> 10:30 a.m. Strength & Balance—AC 11:15 a.m. Grocery Trip <b>12 p.m. Bridge Luncheon—CDR</b> <b>3 p.m. Great Decisions Meeting—WR</b>	<b>2</b> 10 a.m. Stretch & Strengthen—AC <b>1 p.m. Tai Chi—AC</b> <b>1:30 p.m. BP Checks—MF2</b> <b>2 p.m. Movie Committee—P</b> <b>3 p.m. Great Courses: Essential Italy—Ch 1851</b>	<b>3</b> 10:30 a.m. Strength & Balance—AC <b>11 a.m. Photo Shoot—MLR</b> <b>1 p.m. Blessing of Pets—BG</b> <b>2:30 p.m. Dining Committee—P</b> <b>4 p.m. Artist Reception: Ann Handelman—ART</b>	<b>4</b> 9 a.m. Morning Fitness—Ch 1851 <b>10 a.m. Bridge &amp; Games—P</b> <b>3 p.m. Susie &amp; Bill Goldenberg—MLR</b>	<b>5</b> 10 a.m. Grocery Trip 11 a.m. Rosary—CH 1-3 p.m. Open Bridge—P <b>4 p.m. Book Club—WR</b> 7:15 p.m. <b>Movie: October Sky—JLR</b>
<b>6</b> 10 a.m. Holy Eucharist—CH 11 a.m. Brunch—CDR	 <b>7</b> 10 a.m. Stretch & Strengthen—AC <b>1 p.m. Tai Chi—AC</b> <b>3 p.m. Presentation: Bill Buckner—WR</b> 7:15 p.m. <b>Saints @ Chiefs—P (ESPN)</b>	<b>8</b> 10:30 a.m. Strength & Balance—AC 11:15 a.m. Grocery Trip <b>1 p.m. Resident Council—WR</b> <b>4:30 p.m. Women's Gathering—P</b>	<b>9</b> 10 a.m. Stretch & Strengthen—AC <b>1 p.m. Tai Chi—AC</b> <b>1:30 p.m. BP Checks—MF2</b> <b>3 p.m. Great Courses: FINAL Essential Italy—Ch 1851</b>	<b>10</b> 10:30 a.m. Strength & Balance—AC <b>1:30 p.m. Nina Irwin Art Experience—AC</b> <b>4 p.m. Poetry Circle—WR</b>	<b>11</b> 9 a.m. Morning Fitness—Ch 1851 <b>10 a.m. Bridge &amp; Games—P</b> <b>10:30 a.m. Catholic Mass—CH</b> <b>1 p.m. KCB Movement Class—AC</b> <b>3 p.m. Tom's Town Band—MLR</b>	<b>12</b> 10 a.m. Grocery Trip 11 a.m. Rosary—CH 1-3 p.m. Open Bridge—P 7:15 p.m. <b>Movie: Hairspray—JLR</b>
<b>13</b> 10 a.m. Holy Eucharist—CH 11 a.m. Brunch—CDR	<b>Columbus Day Indigenous Peoples' Day 14</b> 10 a.m. Stretch & Strengthen—AC <b>1 p.m. Tai Chi—AC</b> <b>2 p.m. Robert Butler Movie: The Night of the Shooting Stars—WR</b>	<b>15</b> 10:30 a.m. Strength & Balance—AC 11:15 a.m. Grocery Trip <b>4 p.m. Trivia—P</b> <b>7 p.m. Music: Joe Cartwright—MLR</b>	<b>16</b> 10 a.m. Stretch & Strengthen—AC <b>11 a.m. Resident Remembrance—CH</b> <b>1 p.m. Tai Chi—AC</b> <b>1:30 p.m. BP Checks—MF2</b> <b>3 p.m. Great Courses: NEW Van Gogh—Ch 1851</b>	<b>17</b> 10:30 a.m. Strength & Balance—AC <b>2:30 p.m. Memory Care Rendering Unveiling &amp; PPS Therapy Tour—CDR</b>	<b>18</b> 9 a.m. Morning Fitness—Ch 1851 <b>10 a.m. Bridge &amp; Games—P</b> <b>3 p.m. Michelle Miller &amp; Danny Baker—MLR</b>	<b>19</b> 10 a.m. Grocery Trip 11 a.m. Rosary—CH 1-3 p.m. Open Bridge—P 7:15 p.m. <b>Movie: Pride &amp; Prejudice (2005)—JLR</b>
 <b>20</b> 10 a.m. Holy Eucharist—CH 11 a.m. Brunch—CDR <b>3:25 p.m. Chiefs @ 49ers—P (FOX)</b>	<b>21</b> 10 a.m. Stretch & Strengthen—AC <b>1 p.m. Tai Chi—AC</b> <b>3 p.m. Don Dagenais: History According to the Great Composers—WR</b>	<b>22</b> 10:30 a.m. Strength & Balance—AC 11:15 a.m. Grocery Trip <b>3 p.m. Pianist Humberto Sierralta—MLR</b> <b>4:30 p.m. Men's Club—P</b>	<b>23</b> 10 a.m. Stretch & Strengthen—AC <b>1 p.m. Tai Chi—AC</b> <b>1:30 p.m. BP Checks—MF2</b> <b>3 p.m. Great Courses: In the Footsteps of Van Gogh—Ch 1851</b>	<b>24</b> 10:30 a.m. Strength & Balance—AC <b>3 p.m. Speaker: Donna Rae Pearson—WR</b>	<b>25</b> 9 a.m. Morning Fitness—Ch 1851 <b>10 a.m. Bridge &amp; Games—P</b> <b>10:30 a.m. Catholic Mass—CH</b> <b>4 p.m. Happy Hour: Tim Whitmer—MLR</b>	<b>26</b> 10 a.m. Grocery Trip 11 a.m. Rosary—CH 1-3 p.m. Open Bridge—P 7:15 p.m. <b>Movie: Hitchcock's Rope—JLR</b>
 <b>27</b> 10 a.m. Holy Eucharist—CH 11 a.m. Brunch—CDR <b>3:25 p.m. Chiefs @ Raiders—P (CBS)</b>	<b>28</b> 10 a.m. Stretch & Strengthen—AC <b>1 p.m. Tai Chi—AC</b> <b>3 p.m. Don Dagenais: History According to the Great Composers—WR</b>	<b>29</b> 10:30 a.m. Strength & Balance—AC 11:15 a.m. Grocery Trip <b>1:30 p.m. Chair Volleyball—AC</b> <b>4 p.m. Presentation: Mary Rimann &amp; Tom Karczewski—WR</b>	<b>30</b> 10 a.m. Stretch & Strengthen—AC <b>10 a.m. St. Paul's Trick-or-Treaters—MLR</b> <b>1:30 p.m. BP Checks—MF2</b> <b>3 p.m. Great Courses—Footsteps of Van Gogh—Ch 1851</b>	<b>Halloween 31</b> 10:30 a.m. Strength & Balance—AC <b>2 p.m. BSP's Annual Halloween Party—MLR</b> 		

Group activities subject to community status

## Art Experience with Nina Irwin

Thursday, Oct. 10 | 1:30 p.m.  
Activity Center



Nina is back with another creative project. Last month we worked with pattern and creativity, version two.



Learn more about Nina and her artwork at [ninairwin.com](http://ninairwin.com).

Reserve your spot by calling Helen at 816-595-5015.

**No special training or artistic abilities needed.**

## Memory Care Renderings & PPS Therapies Tour

Thursday, Oct. 17  
2:30 - 4 p.m.  
Canterbury Dining Room

Bishop Spencer Place has been Kansas City's premier retirement community for more than 25 years. In 2025, we will introduce our specialized memory care community for individuals and families affected by dementia, Alzheimer's, or other memory-loss conditions. Following the presentation of the memory care renderings, we will have a reception and tours of our new PPS Therapies gyms.

## Art & Entertainment



### NEW LECTURE SERIES

## Don Dagenais: The History of the World According to the Great Composers

Mondays, Oct. 21 & 28 | 3 p.m. | Westport Room

Many events of world history which have been the subject of music compositions, including Haydn's oratorio *The Creation*, Verdi's *Aida*, and Tchaikovsky's *The Maid of Orleans*. This 12-week course covers the history of the world (a big task!). We will listen to more than 130 different music selections.

IMAGE ABOVE: Jean-Jacques Scherrer (French, 1855-1916). *The Entrance of Joan of Arc into Orléans on 8th May 1429* (detail), 1887.

## Annual Halloween Party

Thursday, Oct. 31 | 2 p.m. | Madison Living Room

It's the happening of the year, and we'd love for all of you to show up in any kind of costume to make this day full of laughs and fun. We'll have lots of sweet treats by PB&J, spooky music, a staff pumpkin decorating contest, and a costume contest.



## Saturday Night Movies

7:15 p.m. | Jefferson Living Room



### Oct. 5—*October Sky* (1999)

The true story of Homer Hickam (Jake Gyllenhaal), a coal miner's son who was inspired by the first Sputnik launch to take up rocketry against his father's (Chris Cooper) wishes.

### Oct. 12—*Hairspray* (1988)

In this John Waters classic, pleasantly plump teenager Tracy Turnblad (Ricki Lake) teaches 1962 Baltimore a thing or two about integration after landing a spot on a local TV dance show. Also stars Divine.



### Oct. 19—*Pride and Prejudice* (2005)

Sparks fly when spirited Elizabeth Bennet (Keira Knightley) meets single, rich, and proud Mr. Darcy (Matthew Macfadyen). Can they overcome their pride and prejudice?

### Oct. 26—*Rope* (1948)

In this Hitchcock psychological thriller, two men (Farley Granger, John Dall) commit what they believe is the perfect murder by hosting a dinner party after strangling a former classmate. Also stars James Stewart.



Thank you, BSP Movie Committee!



### Classic Movie with Robert Butler: *The Night of the Shooting Stars*

Monday, Oct. 14 | 2 p.m. | Westport Room

In 1944, on the Night of San Lorenzo—the night of the shooting stars—residents of a small Italian town flee their homes to seek out the liberating Allied forces. (Italian, 1982.)

## Great Courses

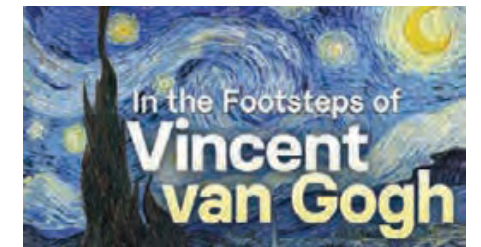
Wednesdays | Channel 1851  
We will continue to air three lessons per session.



## Essential Italy

Oct. 2 & 9 | 3 - 4:30 p.m.  
Final two weeks

This travel journey lets you walk the streets and savor the heritage of Italy's premiere destinations of Rome, Tuscany, and Venice, with side trips to additional treasures of Italian civilization.



### NEW COURSE

## In the Footsteps of Vincent Van Gogh

Oct. 16, 23, & 30 | 3 - 4 p.m.

Discover the secrets behind the life and work of one of the world's most recognized yet misunderstood artists, Vincent van Gogh. Unravel the mysteries of the artist's one-of-a-kind style, and gain fresh insight and a appreciation for the genius behind a troubled but brilliant artist. Your guide is Professor Jean-Pierre Isbouts of Fielding Graduate University.

# October Speakers

## Bill Buckner

Monday, Oct. 7 | 3 p.m. | Westport Room

Resident Bill Buckner will give a presentation on George Patton and Simon Bolivar Buckner, classmates and WWII fighters.



Simon Bolivar Buckner, Jr., (Bill's father) was a lieutenant general in the United States Army during World War II who served in the Pacific Theater. As commanding general of Alaska Defense Command, Buckner commanded

American-Canadian forces in the Aleutian Islands campaign, including the Battle of Attu and the Kiska Expedition. Following that assignment, he was promoted to command the Tenth Army, which conducted the amphibious invasion of the Japanese island of Okinawa in 1945. He was killed during the closing days of the Battle of Okinawa by enemy artillery fire, making him one of the highest-ranking United States military officers lost to enemy fire during World War II.



Educated at West Point, George S. Patton, Jr., began his military career leading cavalry troops against Mexican forces and became the first officer assigned to the new U.S. Army Tank Corps during World War I. Promoted

through the ranks over the next several decades, he reached the high point of his career during World War II, when he led the U.S. 7th Army in its invasion of Sicily and swept across northern France at the head of the 3rd Army in the summer of 1944. Late that same year, Patton's forces played a key role in defeating the German counterattack in the Battle of the Bulge, after which he led them across the Rhine River and into Germany, capturing 10,000 miles of territory and liberating the country from the Nazi regime. Patton died in Germany in December 1945 following an automobile accident.

## Donna Rae Pearson

Thursday, Oct. 24 | 3 p.m. | Westport Room

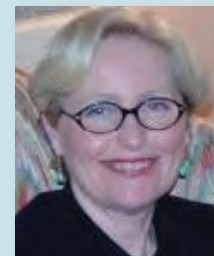


When you think of the 1954 landmark case Brown v. Board, lead plaintiff Oliver Brown may come to mind. But there were also 12 Black women alongside him in Topeka, who were also behind

the school desegregation movement. For the 70th anniversary of the ruling, a new traveling exhibit highlights these women and the contributions they made.

Donna Rae Pearson is a curator at the Kansas Historic Society in Topeka who created the "Women of Brown" exhibit. She says there are different stories about how the order of the roster featuring the 13 Topeka plaintiffs came about, including Oliver Brown, whose name was at the top of that list.

Donna Rae Pearson holds a master's degree in history from Wichita State University and specializes in public history. Formerly she was the local history librarian at the Topeka & Shawnee County Public Library. She is also a commissioner on both the City of Topeka's Local Landmarks and Planning Commissions.



## Mary Rimann & Tom Karczewski

Tuesday, Oct. 29  
4 p.m.

Westport Room

Mary and Tom will bring us an entertaining presentation. Details to follow.



## Beginning Bridge + Games

Fridays | 10 a.m. - Noon | Pub

Enjoy treats and coffee, learn and play bridge with Christie Collier, or play Scrabble. We have another Scrabble board if we get more players!



## Women's Gathering

Tuesday, Oct. 8 | 4:30 p.m. | Pub

Come for some treats and lively discussion before dinner.

## Men's Club

Tuesday, Oct. 22 | 4:30 p.m. | Pub

It's been great to see so many of you the last few months.

## Poetry Circle

Thursday, Oct. 10 | 4 p.m.  
Westport Room

You don't need to have any experience with poetry. Come give it a try. It's thought-provoking, and we often have laughs. Bring a favorite poem to read informally or simply come to listen and enjoy.

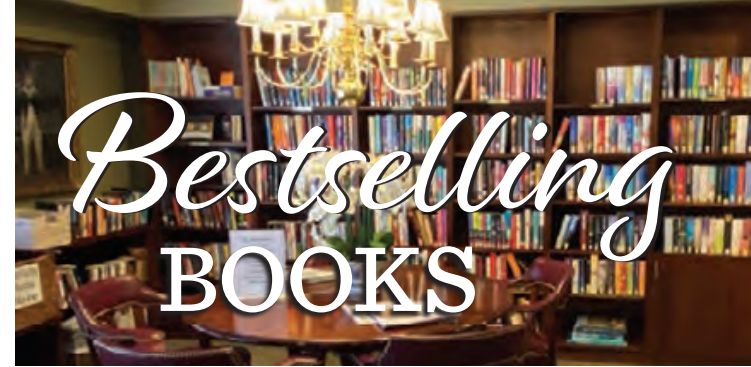


## Saint Paul's Trick-or-Treaters

Wednesday, Oct. 30 | 10 a.m.  
Madison Living Room



Bring candy for our witches and goblins, who will trick-or-treat and sing!



# Bestselling BOOKS

Check out the fiction and nonfiction books that top the latest *New York Times* Best Sellers List.

## Fiction

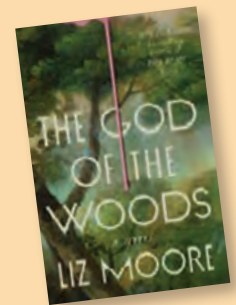
BY ANY OTHER NAME

Jodi Picoult



THE GOD OF THE WOODS

Liz Moore



THE WEDDING PEOPLE

Alison Espach

ALL THE COLORS OF THE DARK

Chris Whitaker

Nonfiction  
WHAT'S NEXT

Melissa Fitzgerald and Mary McCormack



IMMINENT: INSIDE THE PENTAGON'S HUNT FOR UFOs

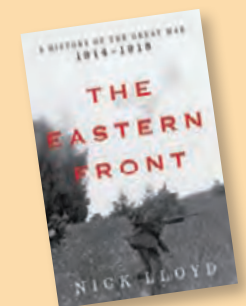
Luis Elizondo

THE DEMON OF UNREST

Erik Larson

THE EASTERN FRONT: A HISTORY OF THE GREAT WAR, 1914-1918

Nick Lloyd



**Great Decisions Meeting**  
 Tuesday, Oct. 1 | 3 p.m.  
 Westport Room



**We will start ordering booklets for 2025 in the next few months. Please confirm with John Blevins that you'd like to continue!**

Great Decisions involves reading the *Great Decisions Briefing Book*, watching the video series, and meeting in a discussion group to explore the most critical global issues facing America.

It's never too late to join.



Call or email resident John Blevins with any questions. You'll find the topics at [tinyurl.com/GD-BSP-2024](http://tinyurl.com/GD-BSP-2024).

**Name That Resident!**

- While in high school, I directed a children's choir and taught piano.
- I was a co-founder of Columbus (Ohio) Landmarks Foundations.
- I went back to graduate school at age 40.
- I served as president of the Coterie Theatre and Jackson County Historical Society.
- I received non-profit status (501c3) for two Florida foundations.

*(Last month's answer was Jim Houston!)*

*Music*

**Susie & Bill Goldenberg**  
 Friday, Oct. 4 | 3 p.m. | Madison Living Room

The brother/sister duo are back for their bi-annual performance, with Susie, first violinist with the Kansas City Symphony, and Bill, professor of piano at Northern Illinois University.



**Kent Rausch & Tom's Town Band**  
 Friday, Oct. 11 | 3 p.m. | Madison Living Room

Kent Rausch and Tom's Town return! Tom's Town was formed to honor the legacy of Kansas City jazz and the amazing musicians who created it. Performing outrageously hot swing music of the golden era in Kansas City, every song celebrates why KC is famous for jazz. We are so lucky they keep coming back to perform for us.

**After-Dinner Music: Joe Cartwright**  
 Tuesday, Oct. 15 | 7 p.m. | Madison Living Room

Enjoy after-dinner music from BSP favorite and jazz pianist Joe Cartwright, who has been a shining star of the Kansas City jazz scene for more than thirty years.

**Michelle Miller & Danny Baker**  
 Friday, Oct. 18 | 3 p.m. | Madison Living Room



Vocalist—and resident Bernadette Miller's talented daughter—Michelle Miller is back with pianist Danny Baker, director of music and liturgy at St. James Catholic Church in Liberty.

**Happy Hour: Tim Whitmer**  
 Friday, Oct. 25 | 4 p.m. | Madison Living Room

Have a beverage on us and enjoy the music of pianist "My Name is Tim," Tim Whitmer.



*Spiritual Wellness*  
**CORNER**

I often wonder about the meaning of prayer. When I first became a chaplain, I worried about praying a prayer for someone whose desires seemed impossible to fulfill. What would it say to them about God if even the chaplain's prayer returned void? I said this to my supervisor at the time, who replied, "What would it say to them if even the chaplain is unwilling to stand in faith and pray with them?"

Now I pray whatever prayers people ask me to pray. Perhaps some requests would take a parting-the-Red-Sea miracle. With sincerity, I pray these prayers with you. As your chaplain, I hope to hold emotional space so such prayers could be boldly said. It is a great privilege to bear witness as you name what you need God to do. In turn, my own prayer life grows, and your gift of vulnerability helps me encounter God, too.

Here are some of my musings: Does God hear our prayers? Does God answer them? If God answers my prayer for something good to happen, does that mean inversely God chooses bad things to happen by *not* answering someone else's prayer? I've come to believe these are valid wonderings for any of us, and I believe the Divine, by whatever name, welcomes our curiosity. Perhaps curiosity is a prayer, too.

Prayer is words we say, yes, but it's also found in the quiet practice of noticing the presence of God in ourselves, others, and creation. Prayer is a posture in our spirit. Words simply help us express that posture sometimes. Prayer can also be a cup of tea with a friend or a wander through the garden. Mary Oliver says prayer is a cat asleep in the sun. Writer Anne Lamott suggests there are three essential prayers: Help, thanks, and wow. Ultimately, prayer is whatever helps us focus our attention on the presence of the Divine Life within and around us.

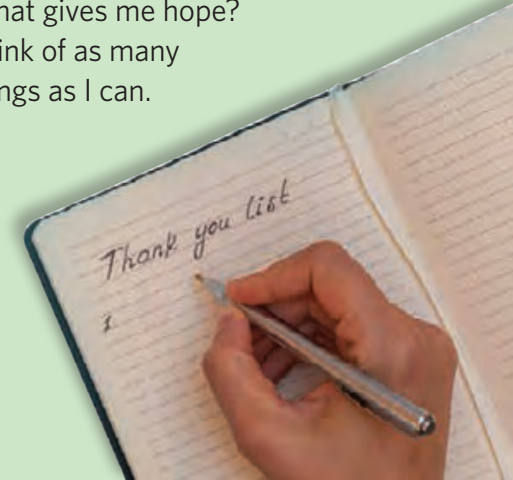
What about you? What do you believe about prayer? Is the purpose of prayer to do something within ourselves, for God, or for something else? In whom or what have you witnessed a posture of prayer? These wonderings are ever present in my mind; I'd love to hear your own.

Peace to you,  
 Chaplain Janette

*Gratitude Assignment*

**October gratitude assignment:**

- Who is (or was) my favorite relative and why?
- Could I initiate a conversation with a new neighbor?
- What gives me hope? Think of as many things as I can.



**Book Club**  
 Saturday, Oct. 5  
 4 p.m. | Westport Room  
 Contact Clark with questions.



**Remembrance Service**  
 Wednesday, Oct. 16  
 11 a.m. | Chapel

This is a time to remember those who have passed at BSP and other losses close to our hearts. We light candles and share stories of their lives.

Most of all, it is a time for us to come together to support one another. We hope you make time to attend.





*The*  
**SCENE**  
RECENT EVENTS & PHOTOS

