



#### **Mobile Dentistry**

Wednesday, Aug. 28 11 a.m. - 3 p.m.

Enable Dental, the mobile dentist, is coming to our community! For over a decade, Enable Dental has been serving seniors by providing portable at-home dental care. They provide all the services of a traditional dental office, such as exams, X-rays, cleanings, fillings, crowns, extractions, bridges, dentures, and partials, all in the comfort of our community.

If you are interested in setting up an appointment on **Aug. 28**, please see or call **Sharon Pace at 816-595-5880**. You will need to fill out a consent form and provide insurance cards.

We are very excited to bring this important new amenity to Bishop Spencer Place.

#### **Blood Pressure Checks**

Wednesdays Aug. 7, 14, 21, 28 12 - 1 p.m. Madison 2nd Floor



#### A few words from the CEO



As we move into August and approach the end of summer, things here at Bishop Spencer Place keep moving forward with the tremendous support of our residents and our colleagues.

The new Memory Care unit is moving along with the demolition stage advancing quickly,

the renovations to the Westport Room will have been completed when the August edition of *The Ambassador* is released, and we are beginning several other projects.

We have seen new residents join our community, and the community has fully embraced them as members of our family. We currently have scheduled move-ins to Independent Living in August and September.

I wanted to share a few of my favorite quotes this month that I refer to on a regular basis:

Be the change that you wish to see in the world.

—Mahatma Gandhi

There is no greater agony than bearing an untold story inside you.

—Maya Angelou

Peace begins with a smile.

—Mother Teresa

There are three ways to ultimate success: The first way is to be kind. The second way is to be kind. The third way is to be kind.

-Mister Rogers

What you do speaks so loudly that I cannot hear what you say.

-Ralph Waldo Emerson

Charlie Brown once said, "We only live once, Snoopy." Snoopy responded, "Wrong! We only die once. We live every day."

Thank you for allowing us to work in your homes and for allowing us to be part of this special community.

Louis

### Tip of the Month!

#### From the BSP Environmental Committee

Reminder: the paper food containers from the Bistro are compostable and do not have to be rinsed out since any food scraps are also compostable.



#### **Resident Council Elections**

The 2025 Resident Council nominating committee:



Barb Buehrer Phil Burg Phill Levi Janette Rushing Susan Truog

Look for your Jefferson Representative nominations forms in your mailbox by **Aug. 7.** 

#### **Memory Care Plans and Reception**

Thursday, Aug. 8 | 2:30 p.m.

Bishop Spencer Place has been Kansas City's premier retirement community for more than 25 years. Beginning in 2025, we will introduce our specialized memory care community for individuals and families affected by dementia, Alzheimer's, or other memory-loss conditions. On Aug. 8, we will unveil the memory care renderings. Following the presentation, there will be a reception and tours of our new PPS Therapies gyms.

#### **Memory Plaque Rededicaton**

Thursday, Aug. 15 | 1 p.m. | Bishop's Garden

With construction of the first-floor memory unit underway, the plaques in the Memory Garden have been relocated to the Bishop's Garden below the Canterbury dining patio. All are welcome to attend a brief service of rededication and remembrance. The Rt. Rev. Diane Jardine-Bruce will be in attendance.



## August

August is here; within the ivy leaves

The bees make mournful music, and the sea

Is pale with presaged Autumn and wild songs

Wanton upon the waves... Strange spirits speak

Within the dusk-winds; phantomhands implore

Sweet Summer back again. The sunshine stands

Reluctantly upon the mountain-top Smiling farewell to the awaiting waves.

Already evening brings a scent of frost,

And late the white dew lies upon the lawn.

The harvest moon grows pallid in the sky,

And far the stars seem on their sapphire thrones.

August is here, and soon September's chill

Will fade the flowers in their glowing beds;

Love, only Love, survives the Season's change.

— Blanche Shoemaker Wagstaff American poet, 1888 – 1967



AC Activity Center (above Bistro)
ART Art Gallery
BG Bishop's Garden
CDR Canterbury Dining Room

CH ChapelJLR Jefferson Living RoomMLR Madison Living Room

MF2 Madison Second Floor

om **WR** om **Ch 185**1

P Pub

WR Westport RoomCh 1851 Channel 1851 on your Spectrum TV

August 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 10:30 a.m. Strength & Balance—AC 1 p.m. Nina Irwin Art—AC 2:30 p.m. Dining Committee—P 3:30 p.m. Speaker: Patty Lewis—CDR	2 9 a.m. Morning Fitness—Ch 1851 10 a.m. Bridge & Games—P 4 p.m. Tim Whitmer Trio— MLR	3  10 a.m. Grocery Trip 11 a.m. Rosary—CH 1-3 p.m. Open Bridge—P 4 p.m. Saturday Book Club—WR 7:15 p.m. Movie: Shakespeare in Love (R)—JLR
4	5	6	7	8	9	10
10 a.m. Holy Eucharist—CH 11 a.m. Brunch—CDR	<ul> <li>10 a.m. Stretch &amp; Strengthen—AC</li> <li>1 p.m. Tai Chi—AC</li> <li>3 p.m. Don Dagenais: Great Ballet Music—WR</li> </ul>	10:30 a.m. Strength & Balance—AC 11:15 a.m. Grocery Trip 12 p.m. Bridge Luncheon—CDR 3 p.m. Great Decisions Meeting—WR	10 a.m. Stretch & Strengthen—AC 12-1 p.m. BP Checks—MF2 1 p.m. Tai Chi—AC 2 p.m. Movie Committee—P 3 p.m. Great Courses: Essential Italy—Ch 1851	10:30 a.m. Strength & Balance—AC  2:30 p.m. BSP Memory Care Unveiling & Reception—CDR	9 a.m. Morning Fitness—Ch 1851 10 a.m. Bridge & Games—P 10:30 a.m. Catholic Mass—CH 3 p.m. Kent Rausch & Tom's Town Band—MLR	10 a.m. Grocery Trip 11 a.m. Rosary—CH 1–3 p.m. Open Bridge—P 7:15 p.m. Movie: M*A*S*H* (R)—JLR
11	12	13	14	15	16	17
10 a.m. Holy Eucharist—CH 11 a.m. Brunch—CDR	<ul> <li>10 a.m. Stretch &amp; Strengthen—AC</li> <li>1 p.m. Tai Chi—AC</li> <li>3 p.m. Don Dagenais: Great Ballet Music—WR</li> </ul>	10:30 a.m. Strength & Balance—AC 11:15 a.m. Grocery Trip 1 p.m. Resident Council—WR 4:30 p.m. Women's Gathering—P	10 a.m. Stretch & Strengthen—AC 12 p.m. SLHS David Maddox—WR 12-1 p.m. BP Checks—MF2 1 p.m. Tai Chi—AC 3 p.m. Great Courses—Ch 1851 3 p.m. Charles Hoeft: Piano—MLR	10:30 a.m. Strength & Balance—AC  1 p.m. Memory Plaque Rededication—BG  4 p.m. Poetry Group—WR	9 a.m. Morning Fitness—Ch 1851  10 a.m. Bridge & Games—P  1 p.m. Town Hall—WR  3 p.m. Lucy Wijnands & Bram Wijnands—MLR	10 a.m. Grocery Trip 11 a.m. Rosary—CH 1-3 p.m. Open Bridge—P 7:15 p.m. Movie: Sherlock Holmes (2009)—JLR
18	19	20	21	22	23	24
10 a.m. Holy Eucharist—CH 11 a.m. Brunch—CDR	<ul> <li>10 a.m. Stretch &amp; Strengthen—AC</li> <li>1 p.m. Tai Chi—AC</li> <li>3 p.m. Don Dagenais: Great Ballet Music—WR</li> </ul>	10:30 a.m. Strength & Balance—AC 11:15 a.m. Grocery Trip 3 p.m. Speaker: Stephen Steigman/KCUR—WR 7 p.m. Music: Mark Lowrey—P	10 a.m. Stretch & Strengthen—AC 12-1 p.m. BP Checks—MF2 11 a.m. Resident Remembrance—CH 1 p.m. Tai Chi—AC 3 p.m. Great Courses—Ch 1851	10:30 a.m. Strength & Balance—AC 4 p.m. Artist Reception: Sharon Hunter- Putsch—ART	9 a.m. Morning Fitness—Ch 1851 10 a.m. Bridge & Games—P 10:30 a.m. Catholic Mass—CH 3 p.m. Fountain City Quartet—MLR	<ul> <li>10 a.m. Grocery Trip</li> <li>11 a.m. Rosary—CH</li> <li>1-3 p.m. Open Bridge—P</li> <li>7:15 p.m. Movie: The Gods Must Be Crazy—JLR</li> </ul>
25	26	27	28	29	30	31
10 a.m. Holy Eucharist—CH 11 a.m. Brunch—CDR	<ul> <li>10 a.m. Stretch &amp; Strengthen—AC</li> <li>1 p.m. Tai Chi—AC</li> <li>3 p.m. Don Dagenais: Great Ballet Music—WR</li> </ul>	10:30 a.m. Strength & Balance—AC 11:15 a.m. Grocery Trip 1:30 p.m. Chair Volleyball—WR 4:30 p.m. Men's Club—P	10 a.m. Stretch & Strengthen—AC  12-1 p.m. BP Checks—MF2  1 p.m. Tai Chi—P  3 p.m. Great Courses: Essential Italy—Ch 1851	10:30 a.m. Strength & Balance—AC  3 p.m. Speaker: Lisa Fleming/Rose Brooks Center—WR	9 a.m. Morning Fitness—Ch 1851  10 a.m. Bridge & Games—P  4 p.m. Happy Hour: Pianist Matt Villinger—MLR	10 a.m. Grocery Trip 11 a.m. Rosary—CH 1-3 p.m. Open Bridge—P 7:15 p.m. Movie: <i>The Bad Seed</i> (1956)—JLR

## Art Experience with Nina Irwin

Thursday, Aug. 1 | 1 p.m. Activity Center



Nina is back this month with another creative project. **This past month we channeled** 

the Swiss-German expressive artist, Paul Klee. Nina has been coming to BSP with her art knowledge and her compassion for two years, with classes in our independent living, assisted living, and skilled nursing areas. We are so fortunate to have her.

Reserve your spot by calling Helen at **816-595-5015**.

Nina's parents were both creative—an artist and a musician—and Nina grew up surrounded by classical music, art, and literature. But she spent a number of years in college, studying various subjects before finally focusing on art. You can learn more about Nina and her artwork at **ninairwin.com**.



You don't need any training or artistic abilities, but you will certainly benefit

from participating. Nina keeps amazing us with new art history topics each month as we learn how art weaves into our lives.



#### **Great Ballet Music with Don Dagenais**

Mondays, Aug. 5, 12, 19, & 26 | 3 p.m. | Westport Room

Many of our greatest composers were known, among other things, for writing music for the ballet. In this course, Don Dagenais will play videos from dozens of different ballets from the 18th century to the present, illustrating not only the wonderful music composed by such masters as Gluck, Chopin, Weber, Tchaikovsky, Prokofiev, and Copland, but also showing the interesting dances that choreographers have matched with this music. He will present eight classes for us on Mondays over the next two months (with no class on Labor Day, September 2).

#### From the Movie Committee

The movie committee has shown 109 movies since its inception. We meet at 2 p.m. in the Pub the first Wednesday of the month. If you have a movie you would like to see, tell one of the members of the movie committee.

We do have a few rules for movie selection:

- **1.** The movie must be available at the Kansas City Public Library.
- 2. The movie cannot be over 2 ½ hours long.
- **3.** We do show R rated movies; however, we do not want movies that have an excess of violence, gore, or sex.

Members of the movie committee are Carol Chatten, Sheila Cone, Jim Houston, Niki Ehernberger, and Barb Buehrer.

We have a good selection of movies for August, so we hope you will join us for one or more of these movies.





**Aug. 3—Shakespeare in Love** (1998—R)

William Shakespeare is young, out of ideas, and short of cash, but meets his ideal woman and is inspired to write one of his most famous plays.

Aug. 10—M\*A\*S\*H\* (1970—R)
The staff of a Korean War field
hospital uses humor and hijinks
to keep their sanity in the face
of the horror of war. Directed by
Robert Altman, starring Donald



Sutherland, Elliott Gould, Sally Kellerman, and Robert Duvall.



Aug. 17—Sherlock Holmes (2009)

Holmes and Watson engage in a battle of wits and brawn with a nemesis whose plot is a threat to all of England.

#### Aug. 24—The Gods Must Be Crazy (1980)

In this comedy from South Africa and Botswana, a Bushman finds a Coke bottle thrown from an airplane, which leads him on a



journey and encounters with a clumsy scientist, a school teacher, and a band of revolutionaries.



**Aug. 31—The Bad Seed** (1956)

In this psychological thriller, a seemingly sweet eightyear-old girl's rival dies under mysterious circumstances at the school picnic, and her

mother starts to suspect her daughter was responsible.

Thank you, BSP Movie Committee!



## The Great Courses: Essential Italy

Wednesdays
Aug. 7, 14, 21 & 28
3 p.m. | Channel 1851
This month we will air three lessons per session.

The Great Courses, in collaboration with the Smithsonian, brings you a grand tour of Italy that focuses on the most historically and artistically compelling sites. A breathtaking travel journey, this course is a video tour and travelogue that lets you walk the streets and savor the heritage of Italy's premiere destinations of Rome, Tuscany, and Venice, with side trips to additional treasures of Italian civilization.

Your guide is Professor Kenneth R. Bartlett of the University of Toronto, an esteemed historian and scholar who knows these remarkable places in intimate detail, having traveled to Italy every year since 1970. As a cultural tour leader there for decades, Professor Bartlett knows Italy like few others do, and demonstrates a special talent for uncovering its most memorable historic, cultural, and artistic riches.

## August Speakers

## Patty Lewis Thursday, Aug. 1 | 3:30 p.m. Canterbury Dining Room



Lewis is an ICU/critical care nurse and for the past four years has served as the state representative for Missouri District 25. She is now a candidate for state senator for District 7.

#### David Maddox

Wednesday, Aug. 14 | 12 p.m. | Westport Room



David Maddox, vice president and chief technology officer at Saint Luke's Health System will discuss how to protect yourself from online scams, including how criminals can use Artificial Intelligence (AI).

## **Art Reception: Sharon Hunter-Putsch** Thursday, Aug. 22 | 4 p.m. | Art Gallery



Sharon took the bus and streetcar to the Kansas City Art Institute for Saturday classes at the age of 12. After high school, she attended Baker University, and the KCAI and earned an undergraduate degree from Avila University.

Sharon earned a graduate degree from UMKC,

where she completed her first Heirloom Painting, depicting her own family after the death of her mother as a gift to her father. This exhibit focuses on her oversized sepia-toned Heirloom Paintings. In 2009, Sharon began teaching in the School for Continuing and Professional Studies at KCAI.



## RESCHEDULED Stephen Steigman

Tuesday, Aug. 20 | 3 p.m. | Westport Room



Many of you have asked, and we will finally get to meet Stephen this month. Stephen began his career in public radio as a classical music host. As the founding producer of *Up to Date with* 

Steve Kraske, he received a number of local and national awards for his work on the program. From 2014 to 2022, Stephen served as chief of broadcast operations. In 2020 he helped launch KCUR's sister station, 91.9 Classical KC and is now its director.

Classical KC's mission is to champion music as a vital community resource by sharing programming that reflects and illuminates our broader world. It is a member and listener-supported service, and a partner of KCUR and UMKC.

#### Lisa Fleming

Thursday, Aug. 29 | 3 p.m. | Westport Room



Lisa Fleming is the CEO of the Rose Brooks Center. She previously served for 19 years as the the center's chief operating officer.

The mission of the Rose Brooks Center is to break

the cycle of domestic violence so that individuals and families can live free of abuse. Rose Brooks offers emergency shelter for adults and their pets, including wrap-around comprehensive care, as well as community programming and violence prevention services.

Please attend this important presentation if you can.



#### Beginning Bridge + Games

Fridays | 10 a.m. - Noon | Pub

Play bridge with Christie Collier or tackle Scrabble and enjoy treats and coffee from PB&J.



#### Women's Gathering

Tuesday, Aug. 13 | 4:30 p.m. | Pub Come for some treats and lively discussion before dinner.

#### Men's Club

Tuesday, Aug. 27 | 4:30 p.m. | Pub It's been great to see so many of you the last few months.



Thursday, Aug. 15 | 4 p.m. Westport Room

Come give our poetry and casual conversation group a try. Bring a favorite poem to read informally to the group or simply come to listen and enjoy.

Poetry has a power to capture and communicate a message like no other form of art. It can speak to important human issues: love, loss, inspiration, and more. It is also a form of art that is accessible to everyone.

#### Chair Volleyball

Tuesday, Aug. 27 | 1:30 p.m. | Westport Room

We need a minimum of eight players. Wear your comfy clothes. No keeping score, just fun and laughs!

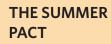


Check out the fiction and nonfiction book that top the latest *New York Times* Best Sellers List.

## Fiction A DEATH IN CORNWALL

Daniel Silva





Emily Giffin

### SWAN SONG Elin Hilderbrand

Nonfiction
THE ANXIOUS
GENERATION
Jonathan Haidt

## THE DEMON OF UNREST

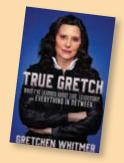
Erik Larson

### **TRUE GRETCH**Gretchen Whitmer

**ON CALL**Anthony Fauci, M.D.









#### **Great Decisions Meeting**

Tuesday, Aug. 6 | 3 p.m. Westport Room



Great Decisions is America's largest discussion program on world affairs. It is sponsored by the Foreign Policy Association and has been in operation for nearly 70 years. The program involves reading the *Great Decisions Briefing Book*, watching the video series, and meeting in a discussion group to explore the most critical global issues facing America today.

It's never too late to join. Call or email resident John Blevins with any questions. You'll find the topics at tinyurl.com/GD-BSP-2024.

#### Name That Resident!

- I was born in Knoxville, Tennessee.
- My college days at Baker University and K-State centered on having a good time, but thankfully resulted in a successful career in job recruiting and life insurance.
- I worked at a gas station to learn about cars which, in the 70s, were easier to understand mechanically.
- My hobbies are/were horseback riding, swimming, reading, and listening to music, many genres.
- My hair color is whichever wig I choose to wear that day!
   (Last month's answer was Robert Weaver!)

## Music

#### Tim Whitmer Trio

**Friday, Aug. 2** | **4 p.m.** | **Madison Living Room**Enjoy the musical stylings of our favorite funny man, Tim
Whitmer, with the uber-talented Rod Fleeman on guitar

#### Kent Rausch & Tom's Town Band

and the masterful Chase McRoy on upright bass.

Friday, Aug. 9 | 3 p.m. | Madison Living Room
Come hear one of the best music groups in town. We are so lucky they keep coming back to perform for us.

#### Charles Hoeft & His Student, Caroline

Wednesday, Aug. 14 | 3 p.m. | Madison Living Room Charles Hoeft is a versatile pianist and a devoted educator, passionate about helping his students become confident and independent musicians. He is bringing one

#### Bram Wijnands & Lucy Wijnands

of his young students to play some selections!

Friday, Aug. 16 | 3 p.m. | Madison Living Room

Lucy Wijnands has toured all over the world, sung with the Birdland Big Band, became a regular at Manhattan jazz clubs, won the prestigious Ella Fitzgerald competition, and picked up a degree in jazz studies from SUNY Purchase's Conservatory of Music, graduating as an Ella Fitzgerald Scholar and President's Award recipient. Her father, Bram, is a BSP favorite and an accomplished pianist, jazz and slide. Don't miss this!

#### After-Dinner Music: Mark Lowrey

Tuesday, Aug. 20 | 7 p.m. | Pub

How lucky we are to have our friend Mark Lowrey bring his keyboards for our after-dinner entertainment!

#### Fountain City Quartet

Friday, Aug. 23 | 3 p.m. Madison Living Room

The quartet is back with both classical music and original arrangements of popular contemporary songs.

#### Happy Hour: Pianist Matt Villinger

Friday, Aug. 30 | 4 p.m. | Madison Living Room Matt enjoys all of you as much as you enjoy him! Come hear him play and have a beverage on us.



As a freshman in college majoring in a ministry degree, I was required alongside all other incoming freshmen to take a course called Intro to Ministry. One of the first topics we explored was what it means to be *called* to ministry. Looking back, I can see that I had a rather narrow view; a person who feels led to work in a church or Christian ministry as an ordained person may say they have a calling. Over time my definition expanded, and I began to see that a lot of people can experience a sense of calling or purpose toward many kinds of work.

A calling is more than a particular job or role or season or place. A calling is the thread that connects the things in which we are involved to the meaning we make of our lives.

My first calling matched the extent of my experiences at that time in my life. I felt deeply compelled to work with orphans in Mexico. Over the course of my career so far, I've worked as a children's pastor, hospital chaplain, and now, retirement community chaplain. On one hand, being a chaplain is quite different from that first calling. On the other, I can see the invisible thread that led me from one thing to the next, a vocation guided by my call to care for people in an environment other than my own familiar context. These days, I also feel called to parenthood, being a local tourist, and learning to play the piano again. Each of these things is woven into the work of being who I feel called to be.

Had I limited myself to only ever pursuing that first call, I would have missed so many opportunities to explore a sense of calling in other contexts that have been incredibly meaningful to me.

I wonder if you can remember the first time you felt a sense of purpose and calling. I wonder if you can trace the thread from that moment to where you are now. And if the thread has unraveled at times, that's okay, too.

I pray the vast array of things to which we are all called give shape to our lives at BSP and in the wider community. May we notice our individual threads being woven into a beautiful tapestry offering hope to the world around us.

With love and care, Chaplain Janette

## Gratitude Ossignment

#### August gratitude assignment:

- What are some simple things that contribute to my daily life and well-being?
- Do I try to participate in an activity I like at least once a week?
- As I look around, what do I appreciate about my home?



Club
Saturday, August 3
4 p.m.
Westport Room

Contact Clark with questions.

## Remembrance Service Wednesday, August 21 11 a.m. | Chapel

This is a time to remember those who have passed at BSP and other losses close to our hearts. We light candles and share stories of their lives.

Most of all, it is a time for us to come together to support one another. We hope you make time to attend.







# The SCENE

**RECENT EVENTS & PHOTOS** 









