

A close-up photograph of a white bowl filled with a vibrant red strawberry ice cream. The ice cream is topped with a dollop of white cream and garnished with several fresh, bright green mint leaves. Sliced strawberries are also visible in the bowl. The bowl sits on a white lace doily, and a silver spoon is partially visible in the foreground. The background is softly blurred, showing more strawberries and mint leaves.

# *The* **AMBASSADOR**

SAINT LUKE'S BISHOP SPENCER PLACE

July 2022

CELEBRATING

25  
Years

 **Saint Luke's**  
BISHOP SPENCER PLACE





### Tips for Better Sleep

It's hard to be active when you're tired. If you have trouble falling or staying asleep, try these tips from the CDC:

- Be consistent. Go to bed at the same time each night and get up at the same time each morning, including on the weekends.
- Make sure your bedroom is quiet, dark, relaxing, and at a comfortable temperature.
- Remove electronic devices, such as TVs, computers, and smart phones from the bedroom.
- Avoid large meals, caffeine, and alcohol before bedtime.
- Get some exercise. Being physically active during the day can help you fall asleep more easily at night.

## Watch Repair

**Wednesday, July 27**  
**11 a.m.-2 p.m. | Art Gallery**

Carl Cuda from Brookside Jewelry is back! Bring your jewelry that needs some TLC and watches needing batteries.

Carl graduated from Kansas City School of Watchmaking in 1982, where he mastered his skills in hand engraving.

### A few words from the CEO



How does one put into words the amazingness that is our resident involvement at Bishop Spencer Place? I am asked regularly what sets BSP apart from our competitors, and while our food is amazing, the community is beautiful, our gardens are breathtaking, and we enjoy presentations by fantastic artists, exhibitors, speakers, and musicians—it is our residents and their level of engagement in the community that is such a significant part of the culture of BSP.

From the various committees who have a very active voice in our life enrichment activities, our dining program, our environmental impact, and how we warmly welcome new residents to BSP, to the various projects they volunteer for, our residents and their likes, wishes, and voices are an important part of the fabric of Bishop Spencer Place. A fantastic example of this is the recent Art Relocation Project. With some logistical assistance, our residents led a campus-wide effort to assess, sort, vote on, and relocate every piece of art at BSP—a huge project that was entirely resident driven.

So tell me, when I'm asked what makes Bishop Spencer Place unique, how do I put that level of passion and engagement into words? I'd love to hear your ideas, in your words.

Yours in health,

*Dee Dunn*

### Name That Resident!

- I have a Ph.D. in Art History.
- My favorite science fiction author is Ursula Le Guin.
- One of my favorite composers is Mahler.
- A painter's artwork I love is Poussin.
- Best vacation spot? My mind!

*(Last month's answer was Clark Achelpohl!)*

## Tip of the Month!



**From the BSP  
Environmental Committee**

Don't let your car idle, regardless of the price of gas.

## Tech Troubleshooting

I've had a few SOS calls from BSP residents who are having trouble with their computers or electronic devices. Fortunately, with a little luck and creativity, we fixed the issues. The job is much easier when my "client" tells me exactly what is or isn't happening. Does the printer not print? Is the screen blank? Is there a weird face on the homepage? Are strange, alien voices singing campfire songs in the background? Show me the problem, and please, please have all pertinent passwords handy. That includes your Apple, Wi-Fi, Google, or administrative passwords. Not having them may be the problem itself.

I first watch to see how/when the glitch occurs, then check for loose connections, paper jams, paper and ink supply, print queue backups, and error messages. Sometimes it is just finding the right button to push to make it work. A surprising number of problems can be solved by simply turning the device off and back on again. There may be ghost electrons that just need to be exorcised (it happens). If something is broken, I can't fix it, but I can help find out if it is really broken. It is not at all uncommon to make it work again without knowing how we did it. I cannot (nor should I) help with any money transfer or hacked bank account issues—for that you need a trusted family member or a professional.

So if you have glitch in your computing, give one of us on the Tech Team a call—Clark, Doug, Phill, or me.

Happy summer!  
Una Creditor



*Summer afternoon, summer afternoon;  
to me those have always been the two  
most beautiful words in the English  
language.*

—Henry James

So many memories—of iced tea in the dappled shade, children home with no homework to do, friends dropping by to see the garden, driving trips to see family and good friends, watching the moonvine plant open its white petals after sundown, and so many more.



Don't miss the wonderful flowers in our BSP gardens. The glorious pink flowered vines on our trellises in the Memory Garden are called mandevilla. They will bloom all summer long. And there is moonvine at the corner of the Memory Garden—not blooming yet, but we will gather one evening later in the summer to see the petals open on the plate-sized white blooms.

Come visit the gardens and take a moment to sit down and enjoy the view. Bring those memories of your own from when you were young and loved the freedom of summer.

—Susan Truog



**AC** Activity Center (above Bistro)  
**ART** Art Gallery  
**CDR** Canterbury Dining Room

**CH** Chapel  
**WR** Westport Room  
**MLR** Madison Living Room

**BG** Bishop's Garden  
**P** Pub  
**Ch 1851** Channel 1851 on your Spectrum TV

# July 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<div>1</div> <div>10 a.m. Friday Morning Fitness—Ch 1851</div> <div>1 p.m. Nina Irwin Art—AC</div> <div>4 p.m. Tim Whitmer Trio—MLR</div>	<div>2</div> <div>10 a.m. Grocery Trip</div> <div>11 a.m. Rosary—CH</div>
<div>3</div> <div>10 a.m. Holy Eucharist—CH</div> <div>11 a.m. Brunch—CDR</div>	<div>Independence Day</div> <div>4</div> <div>10 a.m. Stretch &amp; Strengthen—AC</div> <div>1 p.m. Tai Chi—AC</div> <div>2 p.m. Monday Movie—Ch 1851</div> 	<div>5</div> <div>10:30 a.m. Strength &amp; Balance—AC</div> <div>11:15 a.m. Grocery Trip</div> <div>1 p.m. Blood Pressure Chk—WC</div> <div>2 p.m. Great Art: Paris, London, Venice—Ch 1851</div>	<div>6</div> <div>9:30 a.m. Catholic Mass—CH</div> <div>10 a.m. Stretch &amp; Strengthen—AC</div> <div>1 p.m. Tai Chi—AC</div> <div>3 p.m. Great Courses   World Heritage Sites—Ch 1851</div>	<div>7</div> <div>2:30 p.m. Dining Committee—CDR</div>	<div>8</div> <div>10 a.m. Morning Fitness—Ch 1851</div> <div>10 a.m. Bridge Lessons—Pub</div> <div>3 p.m. Victoria Botero &amp; Nilko Andreas—MLR</div> <div>4 p.m. PBJ New Resident Summer Fling—Pub</div>	<div>9</div> <div>10 a.m. Grocery Trip</div> <div>11 a.m. Rosary—CH</div>
<div>10</div> <div>10 a.m. Holy Eucharist—CH</div> <div>11 a.m. Brunch—CDR</div>	<div>11</div> <div>10 a.m. Stretch &amp; Strengthen—AC</div> <div>11-1 Elsa's Alterations—Abbey</div> <div>12 p.m. Bridge Luncheon—CDR</div> <div>1 p.m. Tai Chi—AC</div> <div>2 p.m. Monday Movie—Ch 1851</div>	<div>12</div> <div>10:30 a.m. Strength &amp; Balance—AC</div> <div>11:15 a.m. Grocery Trip</div> <div>1 p.m. Blood Pressure Chk—WC</div> <div>1 p.m. Resident Council—WR</div> <div>1 p.m. Catie Help Desk—Pub</div> <div>2 p.m. Opera: E. Onegin—Ch 1851</div>	<div>13</div> <div>10 a.m. Stretch &amp; Strengthen—AC</div> <div>1 p.m. Tai Chi—AC</div> <div>3 p.m. Great Courses   World Heritage Sites—Ch 1851</div>	<div>14</div> <div>10:30 a.m. Strength &amp; Balance—AC</div> <div>3 p.m. Speaker: Alex Burden   The Truman Library Institute—WR</div>	<div>15</div> <div>10 a.m. Friday Morning Fitness—Ch 1851</div> <div>10 a.m. Bridge Lessons—Pub</div> <div>3 p.m. Betse &amp; Clarke Duo—MLR</div>	<div>16</div> <div>10 a.m. Grocery Trip</div> <div>11 a.m. Rosary—CH</div>
<div>17</div> <div>10 a.m. Holy Eucharist—CH</div> <div>11 a.m. Brunch—CDR</div>	<div>18</div> <div>10 a.m.. Stretch &amp; Strengthen—AC</div> <div>1 p.m. Garden Committee—WR</div> <div>1 p.m. Tai Chi—AC</div> <div>2 p.m. Monday Movie—Ch 1851</div>	<div>19</div> <div>10:30 a.m. Strength &amp; Balance—AC</div> <div>11:15 a.m. Grocery Trip</div> <div>1 p.m. Blood Pressure Chk—WC</div> <div>4-5 p.m. Wine Tasting with Mary Rimann—Pub</div>	<div>20</div> <div>9:30 a.m. Catholic Mass—CH</div> <div>10 a.m. Stretch &amp; Strengthen—AC</div> <div>11 a.m. Podiatrist—AC</div> <div>1 p.m. Tai Chi—WR</div> <div>3 p.m. Great Courses—Ch 1851</div>	<div>21</div> <div>10:30 a.m. Strength &amp; Balance—AC</div> <div>2 p.m. Pastor Ashley   Bible Study—CH</div> <div>3 p.m. Speaker: Bill Tammeus—WR</div>	<div>22</div> <div>10 a.m. Friday Morning Fitness—Ch 1851</div> <div>10 a.m. Bridge Lessons—Pub</div> <div>4 p.m. Rod Fleeman &amp; Havilah Bruders—MLR</div>	<div>23</div> <div>10 a.m. Grocery Trip</div> <div>11 a.m. Rosary—CH</div>
<div>24</div> <div>10 a.m. Holy Eucharist—CH</div> <div>11 a.m. Brunch—CDR</div>	<div>25</div> <div>10 a.m. Stretch &amp; Strengthen—AC</div> <div>1 p.m. Tai Chi—AC</div> <div>2 p.m. Monday Movie—Ch 1851</div>	<div>26</div> <div>10:30 a.m. Strength &amp; Balance—AC</div> <div>11:15 a.m. Grocery Trip</div> <div>1 p.m. Blood Pressure Chk—WC</div> <div>1 p.m. Catie Help Desk—Pub</div> <div>2 p.m. Robert Butler: Cold Comfort Farm—WR</div>	<div>27</div> <div>10 a.m. Stretch &amp; Strengthen—AC</div> <div>11-2 Jewelry Repair—ART</div> <div>1 p.m. Tai Chi—AC</div> <div>3 p.m. Great Courses—Ch 1851</div>	<div>28</div> <div>10:30 a.m. Strength &amp; Balance—AC</div> <div>2-4 p.m. Country Club Bank</div> <div>3 p.m. Speaker: Katie Groves of Saint Luke's—WR</div>	<div>29</div> <div>10 a.m. Friday Morning Fitness—Ch 1851</div> <div>10 a.m. Bridge Lessons—Pub</div> <div>4 p.m. Happy Hour with Dan Sturdevant—MLR</div>	<div>30</div> <div>10 a.m. Grocery Trip</div> <div>11 a.m. Rosary—CH</div>
<div>31</div> <div>10 a.m. Holy Eucharist—CH</div> <div>11 a.m. Brunch—CDR</div>						

*Group activities subject to community status*



## Art Experience with Nina Irwin

Friday, July 1  
1-3 p.m. | Activity Center



Nina is back this month with another new project. Please reserve your spot with Helen at 816-595-5015 soon!

In addition to her studio work, Nina teaches art and art history classes at her West Bottoms Studio and at the Nelson-Atkins Museum of Art. She is represented in regional, national, and global collections.



You can read more about Nina and her artwork at [ninairwin.com](http://ninairwin.com).

## Tuesdays at BSP

Suzanne Valadon, *The Blue Room*, (detail), 1923.



### July 5 | 2 p.m. | Channel 1851—Great Art Explained

Brits James Payne and Joanne Shurvell look at less well known museums in cities around the world. In Paris, we look at three small museums that were originally artist's ateliers, or studios: Eugène Delacroix, Suzanne Valadon, and Constantin Brancusi. In London, we look at The Sir John Soane's Museum, The Wallace Collection, and Kenwood House. Then we travel to Venice for the world's oldest and greatest art exhibition, the Venice Biennale.

### July 12 | 2 p.m. | Channel 1851—Opera: *Eugene Onegin*

Tchaikovsky's *Eugene Onegin* is a radiant example of Russian Lyric Opera. A deeply moving tale packed with big tunes, dances, and a heart-stopping duel. As with his ballets, Tchaikovsky brings many symphonic elements to the music, plush orchestrations, and highly melodic arias.

### July 19 | 4-5 p.m. | Pub—Wine Tasting with Mary Rimann of Rimann Liquors

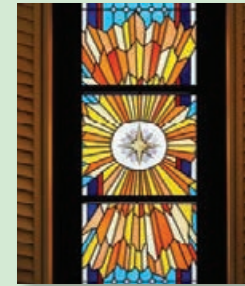
Come to a wine-tasting brought to us by the charming Mary Rimann of Rimann Liquors! Enjoy a sampling of hors d'oeuvres along with wines from varying regions of France. For three years in a row, *Food & Wine Magazine* included Rimann Liquors in their list of Top Wine Shops in America based on selection, service, advice, and knowledge.



### July 26 | 2 p.m. | Westport Room & Channel 1851—Movies with Robert Butler: *Cold Comfort Farm*

This 1995 British comedy stars Kate Beckinsale, Joanna Lumley, Ian McKellen, and Rufus Sewell in the story of a recently orphaned young woman in the 1930s who goes to stay with eccentric relatives on their rundown farm as she pursues a career as a writer.

## Artwork in the Chapel



by Bernie Jones

The Schoenstein organ in the Chapel is a piece of artwork in itself, and we have several more pieces of art as a part of the beauty of the Chapel of the Epiphany.

A processional banner with the emphasis of the Star of Epiphany in tones of blue and green sits near the altar. It is a part of the altar's liturgical accruments. The pillows on the benches around the sides of the chapel were needle pointed by volunteers of parishes in the Diocese.

Our next artwork came about when the Reverend Linda Yeager and I attended a showing of artwork by the Reverend Paul Hamilton, a priest in the Diocese of West Missouri, in the Art Gallery. His painting "Epiphany" was a gorgeous work done in shades of green. Linda and I commissioned Fr. Paul to do the same piece of art but do it in the colors that match the processional banner. Fr. Paul painted "Epiphany II" in February 2016. It was hung and dedicated in the Chapel the first week of Easter, March 2016.

A marble piece that hangs in the Chapel is copied from a famous painting by Heinrich Holmann from 1890. Our piece was done by one of the last artists to paint on marble using this technique. It was in the Bruce Monument Works in Fort Scott, Kansas. My mother brought it to my attention, and I bought it for the church in Fort Scott to celebrate her 80th birthday, to honor her along with all my Pike ancestors.

It hung in that church until 2015, when the church disbanded. They were kind enough to call me, and I was delighted to take it back. Because of the weight of the marble, the wall here had to be rebuilt. It was rededicated in March 2016 to honor my mother. On All Saints' Day 2021, I added the name of Bob Bridges—my cousin and partner of 58 years.

The latest piece belonged to our Chaplain Kathy Hall, who passed away in April 2021. It was cleaned and placed upon a stand that resembles other wood pieces in the Chapel by Archdeacon Bruce Bower of St. Andrew's. There have been many sculptures of the Virgin Mary, but this sculpture will always be treasured as a piece of art that reminds us of Mtr. Kathy's presence among us.

**Art is for the ages, and in the Chapel of the Epiphany over our 26-year history, we have been blessed to have these pieces of art that will always be a part of that history. Please remember to be thankful for the artwork that fulfills us when we enter the Chapel.**



## The Great Courses— World Heritage Sites

Wednesdays, July 6, 13, & 20  
3-4:30 p.m. | Ch 1851  
Three classes per afternoon

Since 1972, the United Nations Educational, Scientific and Cultural Organization (UNESCO) has designated locations of cultural and natural significance that are of outstanding value to humanity as World Heritage Sites.

World Heritage Sites include archaeological sites, architecture, monumental sculpture and painting, classic urban landscapes, and masterworks of engineering. UNESCO also notes our planet's magnificent natural features, physical and biological formations, and areas of noteworthy beauty and scientific value.

The value and pleasure of this unique tour rests on Dr. Justin Jacob's intelligent presentation. Far from simply surveying the features of the sites at hand, he situates each site in its precise cultural context and history, and, in the case of the natural heritage sites, their geological and topographical history, biodiversity, and history of contact with humanity.



# July Speakers

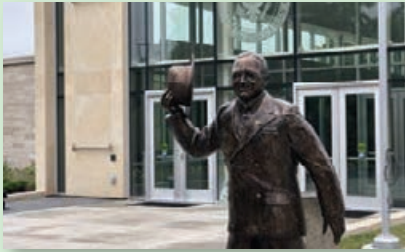
### Alex Burden

Thursday, July 14 | 3 p.m. | Westport Room



Alex Burden is the Executive Director of the Harry S. Truman Library Institute—the Truman Presidential Library and Museum’s foundation and nonprofit partner. He provides strategic leadership for and management of the Institute’s educational programs, community programming, communications/marketing initiatives and fundraising efforts.

Alex’s presentation will focus on the new \$30 million Truman exhibition, which features a stunning new lobby, 13 galleries, three immersive theaters, four fast history films, and dozens of interactive exhibits. He’ll show photos and film clips and will include a good dose of Truman history.



### Bill Tammeus

Thursday, July 21 | 3 p.m. | Westport Room



Bill Tammeus is a former columnist for *The Kansas City Star*, where he worked full-time for almost 36 years and was a member of the *Star* staff that won the 1982 Pulitzer Prize for local reporting. Since 2004 he has written the “Faith Matters” blog ([billtammeus.typepad.com](http://billtammeus.typepad.com)). He also writes columns for *The Presbyterian Outlook*, *Flatland*, KCPT-TV’s digital magazine, and, until recently, for *The National Catholic Reporter*.

A graduate of the University of Missouri School of Journalism, Bill’s many awards include several from the National Society of Newspaper Columnists and the American Academy of Religion, and the 2005 Wilbur Award given annually to the best religion column in the country.

Bill will talk about his latest book, *Love, Loss and Endurance: A 9/11 Story of Resilience and Hope in an Age of Anxiety*.



### Katie Groves

Thursday, July 28 | 3 p.m. | Westport Room



Katie Groves is a Licensed Specialist Clinical Social Worker (LSCSW) with Saint Luke’s. She will speak about mental health and aging in America, specifically the impact of anxiety and depression, as well as the

impact of COVID-19, on mental health for older adults. She will also discuss the effects of adjustment disorders and grief related to changing roles and loss of independence in later life and ways to cope with these significant life transitions.

Katie received her Master of Social Work degree from the University of Kansas. She has been with Saint Luke’s Health System for six years, where she has worked within Saint Luke’s Cancer Institute, as well as Saint Luke’s Behavioral Health. She is passionate about patient advocacy, palliative care, empowering clients coping with chronic illnesses, and improving caregiver burden. She is experienced in working with older adults, specifically individuals coping with Alzheimer’s disease and other dementias, and their caregivers.



### A Capitol Fourth

Monday, July 4 | 7 p.m. and 10 p.m.  
Kansas City PBS, Channel 19

Celebrate our country’s 246th birthday with the 42nd anniversary broadcast of America’s Independence Day celebration for our entire nation.



### Bridge Class—Christie Thomas Collier

Fridays, July 8, 15, 22, & 29 | 10 a.m. | Pub | Free

These bridge classes are at no charge to you! We hope to continue them into August and September, depending on interest.

Christie brings her own cards and handouts. She does ask that beginner players purchase the Club Book by Audrey Grant at her cost of \$13 (which is less than Barnes & Noble).

Please call Helen at 816-595-5015 to book a spot.



### Summer Fling with Our New Residents!

Friday, July 8 | 4-5 p.m. | Pub | Hosted by PB&J

Enjoy champagne and hors d’oeuvres, get to know new friends, and welcome residents to our community!

# Bestselling BOOKS

Check out the fiction and nonfiction books that top the latest *New York Times* Best Seller List.

### Fiction

#### SPARRING PARTNERS

John Grisham



#### MEANT TO BE

Emily Giffin



#### NIGHTWORK

Nora Roberts

#### 22 SECONDS

James Patterson and Maxine Paetro

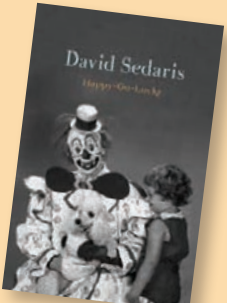
### Nonfiction

#### HAPPY-GO-LUCKY

David Sedaris

#### FINDING ME

Viola Davis



#### THE PALACE PAPERS

Tina Brown

#### THE OFFICE BFFS: TALES OF THE OFFICE FROM TWO BEST FRIENDS WHO WERE THERE

Jenna Fischer and Angela Kinsey







## Summer Sun

Great is the sun, and wide he goes  
Through empty heaven with repose;  
And in the blue and glowing days  
More thick than rain he showers  
his rays.

Though closer still the blinds we pull  
To keep the shady parlour cool,  
Yet he will find a chink or two  
To slip his golden fingers through.

The dusty attic spider-clad  
He, through the keyhole, maketh glad;  
And through the broken edge of tiles  
Into the laddered hay-loft smiles.

Meantime his golden face around  
He bares to all the garden ground,  
And sheds a warm and glittering look  
Among the ivy's inmost nook.

Above the hills, along the blue,  
Round the bright air with footing true,  
To please the child, to paint the rose,  
The gardener of the World, he goes.

—Robert Louis Stevenson

## Music

### Tim Whitmer Trio

Friday, July 1 | 4 p.m. | Madison Living Room

BSP favorite Tim Whitmer is back, and he's bringing friends! Tim has treated audiences from all over the world to a taste of Kansas City swing jazz. When he played New York jazz clubs, the *Village Voice* called him "the best swing band to come out of Kansas City since Jay McShann."

### Victoria Botero and Nilko Andreas

Friday, July 8 | 3 p.m. (may start late due to travel schedule)  
Madison Living Room

Colombian-American soprano Victoria Botero apprenticed with the Des Moines Metro Opera and Tulsa Opera. Fluent in Spanish and Italian, she has performed in more than 15 languages and dialects. Since his Carnegie hall debut in 2009, guitarist Nilko Andreas has been captivating audiences on three continents as a soloist and chamber musician. Nilko was born in Colombia, South America.

### Betse and Clarke Duo

rescheduled from May

Friday, July 15 | 3 p.m. | Madison Living Room

Betse & Clarke return to BSP. Betse Ellis, daughter of BSP resident Bobbie Ellis, plays the fiddle and sings. Clarke Wyatt plays banjo and guitar. Singing along is encouraged!

### Ron Fleeman and Havilah Bruders

Friday, July 22 | 4 p.m. | Madison Living Room

Guitarist Ron Fleeman developed a love for jazz while at Kansas City's Southwest High School. He has performed with Marilyn Maye, Karrin Allyson, Jay McShann, and many more. Vocalist Havilah Bruders was classically trained at William Jewell College. She has become one of Kansas City's most in-demand performers.

### Wine Happy Hour with Dan Sturdevant

Friday, July 29 | 4 p.m. | Madison Living Room

Enjoy some nice conversation—as well as a glass of wine on us—while listening to the music of Dan Sturdevant!

## Chaplain's CORNER

When we have a holiday in observance of our national heritage, like Memorial Day, Martin Luther King, Jr. Day, or Labor Day, I ask people what their favorite American freedom is. The question has opened conversations that have both made me proud and surprised.

Most lifelong citizens go straight to the Bill of Rights, pointing out the freedom of religion or speech. As a woman, I appreciate the progress previous generations have made that has opened doors for me to play sports and answer the call to the ministry.

I always love hearing what immigrants and new citizens say is their favorite American freedom. A friend of mine from Uganda said that travel was what he cherished most. He talked about a journey he took that was three hours round trip; he believed that with checkpoints and stops, the same distance would have taken at least 12 hours in his home country. Another friend from Kenya spoke with reverence and confidence when his favorite candidate was not elected president because he trusted that no one person or group has ultimate power in the US; we all have the right to representation.

As we celebrate the Fourth of July this year, I invite us all to ponder what freedom means to us. As Christians, we look to both Paul and Martin Luther, as they defined the freedom of the Christian. God, through Jesus, gives us an even greater freedom than our country can, the forgiveness of sin and freedom from the shackles of death.

In his letter to the Galatians, Paul advises, "for you were called to freedom, brothers and sisters; only do not use your freedom as an opportunity for self-indulgence, but through love become slaves to one another." (Galatians 5:13)

Martin Luther saw this and similar verses as a call to a responsibility. It is because we are free that we are bound to love and serve our neighbors. It is because we have nothing to prove, because we are justified by grace through faith apart from works of the law, that we are to do works of good by caring for and serving each other.

This Fourth of July, we celebrate the freedoms our country grants us. May this also be a time to reflect on the freedom of the Christian and the responsibilities that come with it. May our summer together be one of caring and grace.

—Chaplain Ashley Masoni Huber

## Livestreaming

### SUNDAY SERVICES

#### St. Andrew's Episcopal

8 a.m., 10:15 a.m.

[standrewkc.org/live-worship](http://standrewkc.org/live-worship)

#### All Souls Unitarian Universalist

11:10 a.m.

[bit.ly/3g7G62f](http://bit.ly/3g7G62f)

#### Immaculate Conception

11 a.m.

[facebook.com/golddomekc](http://facebook.com/golddomekc)

#### Community Christian Church

10:30 a.m.

[facebook.com/Community4KC](http://facebook.com/Community4KC)

#### Conception Abbey

7:45 a.m., 10:30 a.m., 5:30 p.m.

[conceptionabbey.org/live](http://conceptionabbey.org/live)

#### Grace and Holy Trinity Cathedral

10:15 a.m.

[kccathedral.org/worship](http://kccathedral.org/worship)

#### St. Paul's Episcopal

10 a.m.; Wednesday, 6 p.m.

[facebook.com/StPaulsKCMO](http://facebook.com/StPaulsKCMO)

#### Unity Temple on the Plaza

10:30 a.m.

[bit.ly/2yfspgE](http://bit.ly/2yfspgE)

#### Village Presbyterian Church

9:30 a.m.

[villagepres.org/online](http://villagepres.org/online)



