

*The*  
**AMBASSADOR**

SAINT LUKE'S BISHOP SPENCER PLACE

December 2021

CELEBRATING  
**25**

 **Saint Luke's**  
BISHOP SPENCER PLACE

# Stay ACTIVE

## It's Better to Give Than to Receive!

Here is a list of some local resources to donate to during these challenging times. Of course, you will have your own, too, to include.

### Food, Utilities, & Community

- Don Bosco—meal pickup/delivery
- Food Equality Initiative
- Greater KC Coalition to End Homelessness
- Harvesters Food Assistance Network
- KC Regional COVID-19 Response & Recovery Fund
- KC Metro CSA and Market Box Farms List
- Reconciliation Services
- Metro Lutheran Ministry Food Assistance
- MO Food Assistance
- Restaurant Employee Relief Fund
- St. Paul's Food Pantry
- United Way—food & utilities

### Health Care & Health Information

- Centers for Disease Control & Prevention
- FEMA
- Jackson County Health Department
- KC Care Health Center
- KCMO Health Department
- Missouri Assistance Information
- MO Department of Health & Senior Services
- Rx Outreach—discount prescription program
- Saint Luke's Health System
- World Health Organization

## A few words from the CEO



Happy holidays!

I know we did the grateful thing in November, but I'm not quite finished. I have to share how grateful I am for the community of residents we have here at Bishop Spencer Place. We have a unique group of cultured and intriguing people who genuinely care for one another and go out of their way to help one another with just about anything they need.

In addition, this passionate group is incredibly creative. There are so many examples of their creativity, but one I'd like to share with you today is the current project to create a cookbook full of recipes and their associated memories. The idea was first presented at a resident council meeting, and when I heard the reason for taking on such an endeavor, I was touched to the core of my heart. This project is an effort to raise funds for our proposed memory care center. It's a very real and tangible thing our residents can do to make a very real and tangible difference in our fundraising project. A committee of volunteer residents have banded together to work through the project—watch for their updates in the resident council meeting minutes.

During this time of year, I'm sure many of you join me in reminiscing about those things that bring joy in our lives. Our residents certainly bring joy to mine. I'm so grateful and proud to represent this community full of amazing people.

Yours in health,

## Help Us Trim the Tree!

Monday, December 6 | 3-5 p.m. | CDR

Come create Christmas tree ornaments again. Decorate them in any fashion you like—we'll have all the fixins! Then hang yours on the tree and enjoy some eggnog and cheer (as socially-distanced as you can)!



## Concerts

### Rescheduled: Elizabeth Suh Lane & Elisa Williams Brickers

Thursday, December 2 | 4 p.m. | MLR

Elizabeth is the artistic director of Bach Aria Soloists, and Elisa Brickers is the organ and piano artist. Join us for a 40-minute duet of classical pieces.

### Keith Stanfield

Friday, December 3 | 3 p.m. | MLR

Accomplished violinist (from one of our favorite groups, Opus 76) Keith Stanfield will perform a recital with piano.

### UMKC "On-Call Musicians"

Monday, December 13 | 4 p.m. | MLR

Come listen to some holiday music from an eager group of new and upcoming artists!

### Michael Pagan

Wednesday, December 15 | 4 p.m. | MLR

Another hour of spirited music with the always entertaining Michael Pagan on piano.

### Sam Wisman Trio

Friday, December 17 | 3 p.m. | MLR

Join us in a fun afternoon with Sam Wisman on percussion, Andrew Oulette on piano, and Seth Lee on bass.

### Dickens Carolers

Monday, December 20 | 3:45 p.m. | MLR

Once again, we get to enjoy one of our annual traditions: The Dickens Carolers, singing for us in appropriate costume!

### Ad Astra

Wednesday, December 22 | 4:30 p.m. | MLR

New to Bishop Spencer Place, a duo not to be missed! Come listen to Christmas music performed by cellist Eman Chalshotori and pianist Melody Stroth, known as Ad Astra.

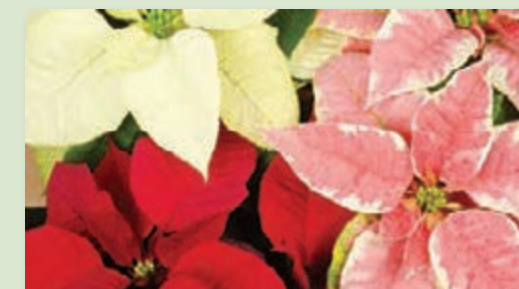
### Humberto Sierralta

Monday, December 27 | 4 p.m. | MLR

We still need Christmas music after Christmas, so our long-lost friend Humberto will be here for some piano tunes!

# Garden TIME

Welcome to the wonderful month of December. Now is the time to see that all of our loved family and friends are greeted with poinsettias, homemade cookies, or music to cheer the heart.



We've been through another year of challenges here at BSP. We're starting to look forward to more frequent connections with our loved ones. We hope you and yours will remember to share your love and friendship with your neighbors at BSP and elsewhere.

May you look forward to more good times together in the coming year. You may not believe how many loved ones are in your life. Can you count how many? Try!

From our hearts to you,  
Betse and Bobbie Ellis

## Safeguard Your Identity From Scams During the Holidays

Make note of this webpage for information from the Federal Trade Commission/Consumer Information and addresses in case of a lost or stolen credit, ATM, or debit card: [bit.ly/IDTheftSafety](https://bit.ly/IDTheftSafety).

**AC** Activity Center (above Bistro)      **WR** Westport Room  
**CDR** Canterbury Dining Room      **Ch 1851** Channel 1851 on your Spectrum TV  
**CH** Chapel      **BG** Bishop's Garden

# December 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>1</b> 10 a.m. Stretch & Strengthen—AC 1 p.m. Tai Chi—AC 3 p.m. Great Courses: NEW! World's Greatest Churches—Ch 1851	<b>2</b> 10:30 a.m. Strength & Balance—AC 2:30 p.m. Dining Comm—CDR 4 p.m. Elizabeth Suh Lane & Elisa Brickers Duo—MLR	<b>3</b> 10 a.m. Friday Morning Fitness—Ch 1851 3 p.m. Recital: Keith Stanfield & pianist—MLR	<b>4</b> 9 a.m. Grocery Trip 11 a.m. Rosary—CH
 <b>5</b> 10 a.m. Holy Eucharist—CH	<b>6</b> 10 a.m. Stretch & Strengthen—AC 11:30 a.m. Bridge Luncheon—CDR 1 p.m. Monday Movie—Ch 1851 3-5 p.m. Resident Ornaments & Eggnog—CDR/MLR	<b>Pearl Harbor Remembrance Day 7</b> 10:30 a.m. Strength & Balance—AC 11:15 a.m. Grocery Trip 2 p.m. KCPT's Over Here—Ch 1851	<b>8</b> 9:30 a.m. Catholic Mass—CH 10 a.m. Stretch & Strengthen—AC 1 p.m. Tai Chi—AC 3 p.m. Great Courses: World's Greatest Churches—Ch 1851	<b>9</b> 10:30 a.m. Strength & Balance—AC 2 p.m. Movie Time   Critic Robert Butler—WR	<b>10</b> 10 a.m. Friday Morning Fitness—Ch 1851 3 p.m. Presentation: BSP Resident Ed Matheny—WR	<b>11</b> 9 a.m. Grocery Trip 11 a.m. Rosary—CH
 <b>12</b> 10 a.m. Holy Eucharist—CH	<b>13</b> 10 a.m. Stretch & Strengthen—AC 2 p.m. Monday Movie—Ch 1851 4 p.m. UMKC On-Call Musicians   Daniel Jung—MLR	<b>14</b> 10:30 a.m. Strength & Balance—AC 11:15 a.m. Grocery Trip 1 p.m. Resident Council—WR 2 p.m. Opera Tuesday: Verdi's Aida—Ch 1851	<b>15</b> 10 a.m. Stretch & Strengthen—AC 1 p.m. Tai Chi—AC 3 p.m. Great Courses: World's Greatest Churches—Ch 1851 4 p.m. Pianist Michael Pagan—MLR	 <b>16</b> 10:30 a.m. Strength & Balance—AC 1:30 p.m. Chair Volleyball—WR 2:30 p.m. Amahl and the Night Visitors—Ch 1851	<b>National Ugly Sweater Day 17</b> 10 a.m. Friday Morning Fitness—Ch 1851 3 p.m. The Sam Wisman Trio—MLR	<b>18</b> 9 a.m. Grocery Trip 11 a.m. Rosary—CH
<b>19</b> 10 a.m. Holy Eucharist—CH	<b>20</b> 10 a.m. Stretch & Strengthen—AC 2 p.m. Monday Movie—Ch 1851 3:45 p.m. Dickens Carolers—MLR	<b>Winter Solstice 21</b> 10:30 a.m. Strength & Balance—AC 11:15 a.m. Grocery Trip 1 p.m. Opera Tuesday: The Magic Flute—Ch 1851	<b>22</b> 9:30 a.m. Catholic Mass—CH 10 a.m. Stretch & Strengthen—AC 1 p.m. Tai Chi—AC 3 p.m. Great Courses—Ch 1851 4:30 p.m. Eman/Melody Cello & Piano—MLR	<b>23</b> 10:30 a.m. Strength & Balance—AC 2-4 p.m. CC Banker—MLR	<b>Christmas Eve 24</b> 2 p.m. Christmas Eve Service—Chapel  Offices Closed in observance of the Christmas holiday.	<b>CHRISTMAS DAY 25</b> Offices Closed
<b>Kwanzaa</b>  <b>26</b> 10 a.m. Holy Eucharist—CH	<b>27</b> 10 a.m. Stretch & Strengthen—AC 2 p.m. Monday Movie—Ch 1851 4 p.m. Pianist Humberto Sierralta—MLR	<b>28</b> 10:30 a.m. Strength & Balance—AC 11:15 a.m. Grocery Trip 1 p.m. Vivaldi's The Four Seasons—Ch 1851	<b>29</b> 10 a.m. Stretch & Strengthen—AC 1 p.m. Tai Chi—AC 3 p.m. Great Courses: World's Greatest Churches—Ch 1851	<b>30</b> 10:30 a.m. Strength & Balance—AC	<b>New Year's Eve 31</b> 10 a.m. Friday Morning Fitness—Ch 1851 5 p.m. New Year's Eve: Millie Edwards and Friends—MLR	

Group activities subject to community status



**Pearl Harbor Remembrance Day: Over Here**

**Tuesday, December 7 | 2 p.m. Channel 1885**

On December 7, we remember and honor the 2,403 U.S. citizens who were killed in the Pearl Harbor attack in Hawaii in 1941, leading to the U.S. declaring war on Japan and entering World War II. In 1994, President Bill Clinton signed the joint resolution designating every December 7th as National Pearl Harbor Remembrance Day. On Pearl Harbor Remembrance Day the flag is flown at half-mast until sunset to honor those who died.

Please turn your TVs to BSP Channel 1851 to see the KCPT program from 2000 titled, *Over Here*. This is the story of heroism on the home-front of Kansas City. We built bombers, gliders, and LCTs, and trained our men in nearby fields. From the scrapbooks and memories of Kansas Citians who lived through it, this is the story of triumphs and tragedies of miracles and milestones.



**Movie Time with Critic Robert Butler**  
**Thursday, December 9 | 2 p.m. | Westport Room**

Join Robert Butler for another informative and enjoyable afternoon at the movies! Robert brings more than four decades of experience writing about movies, and his visits to BSP are always a rich and rewarding experience.

To read his reviews of recent movies, visit his website at [butlerscinemascene.com](http://butlerscinemascene.com).

**Name That Resident!**

- I was born in Houston, went to Southwest, Trinity U, Kansas State, and Fontainebleau School of Fine Arts in France.
- I have two children.
- I built a ten-foot boat.
- I play pan pipe (not well at all!).
- My favorite book is *To Kill a Mockingbird*.

*(Last month's answer was Bess LeFevre!)*



**New Year's Celebration**  
**Friday, December 31 | 5-6:30 p.m. Madison Living Room**

Millie Edwards and Friends will be here to start your new year right! Join us for a glass of champagne and a chance to wear your finery!

*Music and Opera*



**Aida**

**Tuesday | December 14 | 2 p.m. | Channel 1851**

This Met Opera televised production of Verdi's celebrated opera won the Emmy Award for Outstanding Classical Program in the Performing Arts. Artists include Aprile Millo, Plácido Domingo, Dolora Zajick, and Sherrill Milnes, with Janes Levine conducting.

**Amahl and the Night Visitors**

**Thursday | December 16 | 2:30 p.m. | Channel 1851**

*Amahl and the Night Visitors* is an opera in one act by Gian Carlo Menotti. It was commissioned by NBC and performed by the NBC Opera Theatre on December 24, 1951, and broadcast live as the debut production of the Hallmark Hall of Fame. It was the first opera composed for television in the United States.

**The Magic Flute**

**Tuesday | December 21 | 1 p.m. | Channel 1851**

*The Magic Flute* has delighted audiences of all ages for centuries, and Julie Taymor's dazzling English-language production brings one of Mozart's greatest works to life as never before! James Levine leads a cast that includes Ying Huang as Pamina in her Met debut, Nathan Gunn, Matthew Polenzani, Erika Miklosa, and Rene Papa.

**Vivaldi's The Four Seasons**

**Tuesday | December 28 | 1 p.m. | Channel 1851**

Enjoy Vivaldi's *The Four Seasons*, performed in high definition on original instruments by the Early Music Ensemble Voices of Music from San Francisco! Voices of Music is the first major classical music digital channel on the internet offering a wide variety of live programming from around the world.

If you like this, there are many more performances on their YouTube channel: [youtube.com/watch?v=aryDMAP6oug](https://www.youtube.com/watch?v=aryDMAP6oug).



**NEW!**  
**The Great Courses: The World's Greatest Churches**

**Wednesdays, 3 p.m. | Ch 1851 Beginning December 1**

In one of their highest-rated courses offered, we will learn about some of the world's most stunning masterpieces of architecture and art. Professor William R. Cook of the State University of New York at Geneseo takes on the full scope of this compelling subject, leading you in a detailed guided tour of the churches and cathedrals that he, as a celebrated Christian historian and medievalist, considers to be among the most outstanding, memorable, and meaningful in the world. Professor Cook will show us remarkable buildings, including Hagia Sophia, Cathedral of Siena, Sagrada Familia, Chartres, and many more.

We begin the new course on Wednesday, December 1, with lessons 1 and 2 on our in-house Channel 1851.



When is the last time you actually read this poem? Enjoy!

# How the Grinch Stole Christmas

by Dr. Seuss

...So he paused. And the Grinch put his hand to his ear.  
And he did hear a sound rising over the snow.  
It started in low. Then it started to grow.  
But the sound wasn't sad! Why, this sound sounded merry!  
It couldn't be so! But it WAS merry! VERY!  
He stared down at Whoville! The Grinch popped his eyes!  
Then he shook! What he saw was a shocking surprise!  
Every Who down in Whoville, the tall and the small,  
Was singing! Without any presents at all!  
He HADN'T stopped Christmas from coming! IT CAME!  
Somehow or other, it came just the same!  
And the Grinch, with his grinch-feet ice-cold in the snow,  
Stood puzzling and puzzling: "How could it be so?"  
"It came without ribbons! It came without tags!"  
"It came without packages, boxes, or bags!"  
And he puzzled three hours, till his puzzler was sore.  
Then the Grinch thought of something he hadn't before!  
"Maybe Christmas," he thought, "doesn't come from a store."  
"Maybe Christmas...perhaps...means a little bit more!"...



## HAPPY BIRTHDAY

- Janet Klem, December 3
- Una Creditor, December 4
- Helen Stefanov, December 4
- Delbert Clevenger, December 5
- Ann Dickinson, December 15
- Barbara Weary, December 15
- Louise Wagnon, December 18
- Connie Newton, December 19
- Anne Quackenbush, December 21
- Dick Houston, December 22
- Ruth Butler, December 24
- Cathy Campbell, December 27
- Don Carlton, December 28

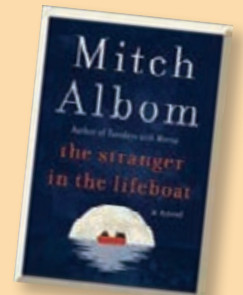
## In Loving Memory

*Beverly Bilotta*  
*Victor Rocha*

# Bestselling BOOKS

Check out the fiction and nonfiction books that top the latest *New York Times* Best Seller List.

**Fiction**  
**A STRANGER IN THE LIFEBOAT**  
Mitch Albom



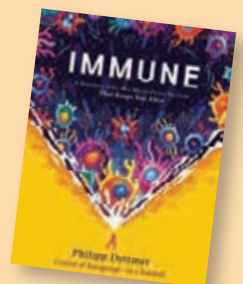
**THE JUDGE'S LIST**  
John Grisham

**GAME ON: TEMPTING TWENTY-EIGHT**  
Janet Evanovich



**BETTER OFF DEAD**  
Lee Child and Andrew Child

**Nonfiction**  
**THE LYRICS: 1956 TO THE PRESENT**  
Paul McCartney



**IMMUNE**  
Philipp Dettmer

**THE STORYTELLER: TALES OF LIFE AND MUSIC**  
Dave Grohl

**BEST WISHES, WARMEST REGARDS: THE STORY OF SCHITT'S CREEK**  
Daniel Levy and Eugene Levy



# Christmas Bells

I heard the bells on Christmas Day  
Their old, familiar carols play,  
And wild and sweet  
The words repeat  
Of peace on earth, good-will to men!

And thought how, as the day had come,  
The belfries of all Christendom  
Had rolled along  
The unbroken song  
Of peace on earth, good-will to men!

Till ringing, singing on its way,  
The world revolved from night to day,  
A voice, a chime,  
A chant sublime  
Of peace on earth, good-will to men!

Then from each black, accursed mouth  
The cannon thundered in the South,  
And with the sound  
The carols drowned  
Of peace on earth, good-will to men!

It was as if an earthquake rent  
The hearth-stones of a continent,  
And made forlorn  
The households born  
Of peace on earth, good-will to men!

And in despair I bowed my head;  
"There is no peace on earth," I said;  
"For hate is strong,  
And mocks the song  
Of peace on earth, good-will to men!"

Then pealed the bells more loud and deep:  
"God is not dead, nor doth He sleep;  
The Wrong shall fail,  
The Right prevail,  
With peace on earth, good-will to men."

— Henry Wadsworth Longfellow

## Life Tweaks to Consider

by Michele Wax, Founder, American Happiness Project

What I discovered by talking to many people who've achieved happiness was that there are simple tweaks you can make to improve your happiness levels immediately.

### Take Stock

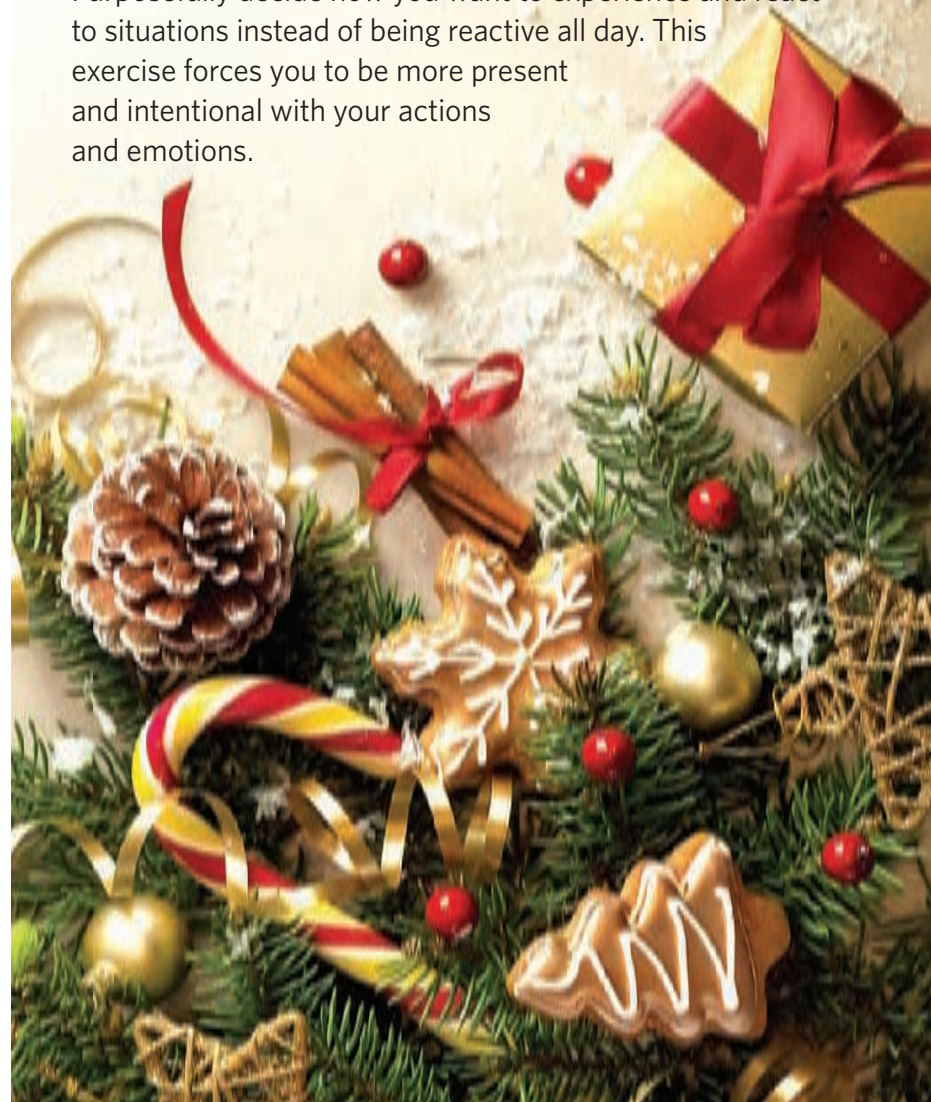
Write a list of the things that bring you joy versus the things that don't. Reflect on how you can do more of what you love while limiting your time on the things that decrease your happiness.

### Create a "Words to Live By" List

List words that embody the feelings you have when you reach a goal. When you're making a decision on what to do, revisit the list to see if the activity fits in. This helps to create a more positive, purposeful day.

### Start Your Morning on Your Own Terms

Starting your morning on a positive note is one of the most impactful things you can do to develop day-to-day happiness. Purposefully decide how you want to experience and react to situations instead of being reactive all day. This exercise forces you to be more present and intentional with your actions and emotions.



## Chaplain's CORNER

We have all been waiting for the day that we would have a new Chaplain to become our sixth Chaplain and follow in the footsteps of the Reverend Kathleen Hall.

After a diligent search headed by Saint Luke's Spiritual Wellness Department, it was announced in late October that the Reverend Ashley Huber was called to be our Chaplain.

Those of us on the Search Committee were very impressed with her background and personality and very pleased with Saint Luke's choice as our new Chaplain. She will also become a team member of the Saint Luke's Spiritual Wellness Department.

In 1999, Ashley earned her Bachelor of Arts from the University of Kansas. In 2003, she received her Master of Divinity at Pacific Lutheran Theological Seminary. She then was at Atonement Lutheran Church, followed by St. Margaret's Episcopal Church in Lawrence.

She received her Board-Certified Chaplain certification in 2013 from the Association of Professional Chaplains and expects to add a Master of Health Services Administration from the University of Kansas Medical Center in 2022. Ashley comes to us from the University of Kansas Health System, where she was the Senior Spiritual Care Provider, among many of her other responsibilities.

Here at Saint Luke's Bishop Spencer Place, she will be responsible for the Chapel of the Epiphany and its services. She will also become the spiritual advisor for all residents of Saint Luke's Bishop Spencer Place.

Please join me in welcoming Ashley to our Community, and if you haven't already met her and talked with her, be sure to do so. She is a very delightful, spiritual person who we are very fortunate to have in our Community.

With grateful thanksgiving,  
Bernie Jones

## Livestreaming SUNDAY SERVICES

### St. Andrew's Episcopal

8 a.m., 10:15 a.m.

[standrewkc.org/live-worship](https://standrewkc.org/live-worship)

### All Souls Unitarian Universalist

11:10 a.m.

[bit.ly/3g7G62f](https://bit.ly/3g7G62f)

### Immaculate Conception

11 a.m.

[facebook.com/golddomekc](https://facebook.com/golddomekc)

### Community Christian Church

10:30 a.m.

[facebook.com/Community4KC](https://facebook.com/Community4KC)

### Conception Abbey

7:45 a.m., 10:30 a.m., 5:30 p.m.

[conceptionabbey.org/live](https://conceptionabbey.org/live)

### Grace and Holy Trinity Cathedral

10:15 a.m.

[kccathedral.org/worship](https://kccathedral.org/worship)

### St. Paul's Episcopal

10 a.m.; Wednesday, 6 p.m.

[facebook.com/StPaulsKCMO](https://facebook.com/StPaulsKCMO)

### Unity Temple on the Plaza

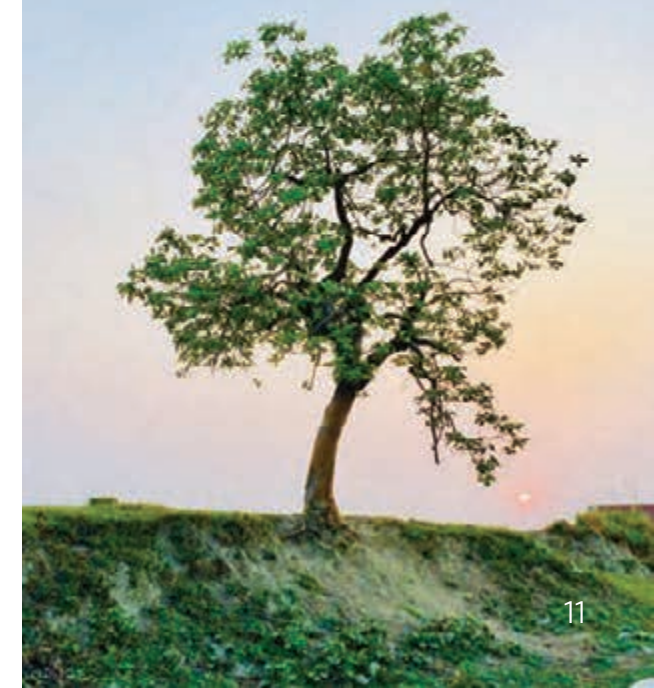
10:30 a.m.

[bit.ly/2yfspgE](https://bit.ly/2yfspgE)

### Village Presbyterian Church

9:30 a.m.

[villagepres.org/online](https://villagepres.org/online)





*The*  
**SCENE**  
RECENT EVENTS & PHOTOS

