



# COVID-19: November 12, 2021 BSP Community Information

## **Current York/Coventry Testing/Visiting Status: Routine Testing: **Yellow****

Great news! Visits no longer need to be scheduled, unless we were to return to outbreak status. Our visitor policy still requires all visitors to enter through Madison to screen, hand sanitize, wear a mask and social distance from other residents and staff. The Core Principles document remains in effect and is required to be signed prior to all visits.

CMS published an update to their testing guidance on 9/10/21. The new guidance creates four levels for tracking the county transmission levels that dictate our routine testing. The new levels are:

Level of COVID-19 Community Transmission	Minimum Testing Frequency of Unvaccinated Staff
Low (blue) = < 5%	No testing recommended
Moderate (yellow) = 5% - 7.99%	Once per week
Substantial (orange) = 8% - 9.99%	Twice per week
High (red) >10%	Twice per week

## **Welcome to our new Pastor Ashley Huber!**

Pastor Huber has arrived and looks forward to meeting you! Feel free to stop by her office when she is in or give her a ring at 816 595 5017. We will be organizing meet and greets with the residents throughout the community very soon.

## **What's Ahead?**

### **Monday, November 15 at 2:00 p.m. - Channel 1851 "Arthur" (1981)**

Charming but incessantly intoxicated multimillionaire Arthur Bach (Dudley Moore) stands on the brink of an arranged marriage to properly pedigreed heiress Susan Johnson (Jill Eikenberry), but his heart belongs to a working-class filcher (Liza Minnelli). When his family threatens to cut off Arthur's inheritance if he doesn't marry Susan, he asks loyal squire Hobson (John Gielgud, who chalked up an Oscar for his supporting role) to lend a hand.

### **Monday, November 16 at 1:00 p.m.- Rick Steves Travels – Channel 1851**

Rick takes us on a trip from Northern Ireland to Southern Ireland, to West Ireland, and some side trips.

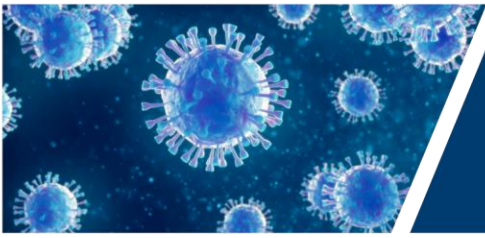
### **Wednesday, November 17 at 1:00 p.m. - Beginner Tai Chi Classes continue in the Activity Center**

### **Wednesday, November 17 from 3:00 p.m. – 4:30 p.m. Channel 1851: "The Great Courses"**

"The Genius of Michelangelo" gives a comprehensive perspective on one of history's greatest artists. Today we will study classes 31, 32, and 33. We will air the final three lessons on 11/24 (sorry, the Ambassador is incorrect.) and begin a new Great Courses in December!

### **Thursday, November 18 from 1:30 – 3:00: Card-Making with artist Nina Irwin**

Please sign up for Nina's class in the Activity Center. No experience necessary. Make your own, beautiful holiday cards! We will use watercolor, elegant papers, and a touch of glitter to make your miniature artworks for giving or keeping. She will be in IL this week and will give classes in Coventry and York in upcoming weeks.



**Friday, November 19 – 4:00 p.m.- Friday Happy Hour!**

The third of three Friday happy hours this month will feature our friend, Joe Cartwright, in the Madison Living Room. Come enjoy his incredible piano skills and a glass of wine.

**Mental Health – Start your day off the right way**

Try to get up at the same time each day, get out of bed, get dressed, and ready for the day. Consider starting your day off with a few stretches, yoga or meditation. Mindfulness practice has been shown to reduce stress and anxiety, and has a series of beneficial health effects, including improving cognitive functioning. Speaking of cognitive function, test out yours with this week’s Fall word scramble!



- |               |       |
|---------------|-------|
| 1. rcon       | _____ |
| 2. ukppmin    | _____ |
| 3. krueyt     | _____ |
| 4. omfaylwer  | _____ |
| 5. niwsebho   | _____ |
| 6. ciarrbesne | _____ |
| 7. spmiligr   | _____ |
| 8. ricdukmts  | _____ |
| 9. dnenir     | _____ |
| 10. syam      | _____ |
| 11. solrl     | _____ |
| 12. eremnbov  | _____ |
| 13. gobabl    | _____ |
| 14. dessret   | _____ |
| 15. ngstufif  | _____ |
| 16. uyhtarsd  | _____ |
| 17. efats     | _____ |
| 18. rgavy     | _____ |
| 19. nnasidi   | _____ |
| 20. rbeda     | _____ |