



COVID-19: September 17, 2021 BSP Community Information

Current York/Coventry Testing/Visiting Status: Routine Testing: Red

Visitation in York/Coventry to occur according to our core principles of COVID-19 infection prevention (masking, screening, social distancing). We are happy to take your reservations for indoor and outdoor visits with BSP residents in York and Coventry. In order to accommodate visits for all our residents' families, we ask that you limit visits to one time per week. To schedule a visit, please contact our concierge at 816-931-4277 between Monday and Friday 9 a.m. – 5 p.m.

CMS published an update to their testing guidance on 9/10/21. The new guidance creates four levels for tracking the county transmission levels that dictate our routine testing. The new levels are:

Level of COVID-19 Community Transmission	Minimum Testing Frequency of Unvaccinated Staff
Low (blue) = < 5%	No testing recommended
Moderate (yellow) = 5% - 7.99%	Once per week
Substantial (orange) = 8% - 9.99%	Twice per week
High (red) >10%	Twice per week

Flu Shots

Mark your calendar! Independent living residents will have an opportunity to receive their flu vaccination the morning of Friday, October 1. We will also be updating face sheets and DNR information. Watch for additional information over the next couple of weeks.

York and Coventry residents will be receiving flu shots by early October as well.

New Pharmacy

Just a reminder that York and Coventry families are invited to a virtual introduction meeting with HealthDirect on September 28 at 6 p.m. More information on this to follow.

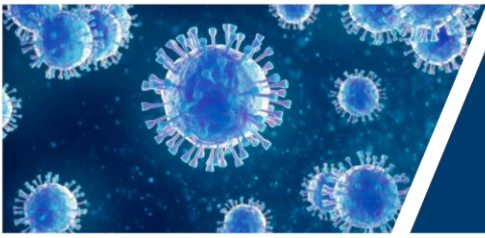
Treadmill Update

We are happy to share that we have secured funding from the Saint Luke's Foundation to purchase a new treadmill for the Spencer Activity Center. We know the treadmill has been missed by many residents, and we hope to have the new treadmill up and running soon!

What's Ahead?

Monday, September 20 – 2 p.m. Channel 1851 "Chaplin: The Movie" (1992)

Director Richard Attenborough recounts comic icon Charlie Chaplin's (Robert Downey Jr.) poignant journey through triumph, failure, infamy, and government persecution. The large cast of characters includes George Hayden (Anthony Hopkins), Douglas Fairbanks (Kevin Kline) and Chaplin's unbalanced mother (Geraldine Chaplin). Downey's performance earned both Oscar and Golden Globe nominations.



Tuesday, September 21 – 1 p.m. Channel 1851 Opera Tuesday: “La Traviata”

Many of our residents enjoyed Carmen this past Tuesday! This week, Verdi's best-loved work, is performed by a star cast in a revival of Richard Eyre's highly acclaimed 1994 production. Music Director Antonio Pappano conducts La Traviata for the first time at Covent Garden. American soprano Renée Fleming returns to Covent Garden to sing Violetta for the first time with The Royal Opera. La Traviata was first performed in Venice in March of 1853.

Wednesday, September 22 – 3 p.m. Channel 1851 “The Great Courses” (new class!)

This highly reviewed new course, “The Genius of Michelangelo” is taught by internationally recognized Michelangelo expert and award-winning professor of art history, William E. Wallace, who gives a comprehensive perspective on one of history's greatest artists. Today we will study classes 7 and 8: *The Bacchus, Pieta*, and the Return to Florence and the *David*.

Thursday, September 23 – 1:30 p.m. Chair Volleyball in the Westport Room

Bring a neighbor and have fun with us today!

Friday, September 24 – 10 a.m. Channel 1851

Seated stretch and strengthen class by Meredith.

Friday, September 24 – 3 p.m. Name that Tune Happy Hour in the Pub

Something we've never tried, but why not!? Come to the Pub and we'll see how it goes. Either way, we'll have some much-needed laughs!

Brain Teasers!

Solving brain teasers boosts brain power, keeps your memory strong! How many can you solve?

#1: Forrest left home running. He ran a ways and then turned left, ran the same distance, and turned left again, ran the same distance, and turned left again. When he got home, there were two masked men. Who were they?

#2: What makes this number unique: 8,549,176,320?

#3: There is a word in the English language in which the first two letters signify a male, the first three letters signify a female, the first four signify a great man, and the whole word, a great woman. What is the word?