



# COVID-19: June 11, 2021

## BSP Community Information

### *Current York/Coventry Testing/Visiting Status:* Routine Testing: **Green**

Visitation in York/Coventry to occur according to our core principles of COVID-19 infection prevention (masking, screening, social distancing). We are happy to take your reservations for visits with BSP residents in Madison, Jefferson, York, and Coventry. To schedule a visit, please contact our concierge at 816-931-4277 between Monday and Friday 9 a.m. – 5 p.m.

A reminder that per CMS Testing Guidelines, routine testing is regular testing of unvaccinated staff only at a frequency dictated by the county positivity rate. Green = less than 5% positivity rate, Yellow = 5-10% positivity rate, Red = greater than 10% positivity rate.

### *Resident Town Hall*

The Resident Town Hall meeting for independent living residents will take place on Thursday, June 17 at 3:00 p.m. We'll meet in-person in the Westport Room for the Town Hall.

### *New Executive Chef*

We are pleased to announce that Chef Chris Hamilton has accepted a promotion from sous chef to executive chef. Chef Hamilton has served as executive chef for PB&J previously, and he is excited for the opportunity to serve BSP residents in this capacity. Chef Chris Cruz has accepted another position within the PB&J family of restaurants, and we wish him all the best in his new position.

### *Father's Day*

Is right around the corner. If you would like to celebrate a BSP father, send us your favorite memory of your dad. We'll share on our social media page. Send us photos, memories, or just a funny story! We want to hear about your dad. You can share via email to [emanning@saintlukeskc.org](mailto:emanning@saintlukeskc.org).

### *Summer's Here!*

It seems as if we went from several rainy days, right into the summer heat! While summer brings us warmth and bloom, prolonged exposure to excessive heat in summer months can be dangerous. To avoid ailments due to excessive heat, follow these tips:

- **Stay away** from direct sun exposure as much as possible. If possible, plan your outdoor activities either early in the morning or when the sun starts to set.
- **Air conditioning** is your friend in summer.
- **Stay hydrated.** Drink plenty of cool water, clear juices, and other liquids that don't contain alcohol or caffeine. Indulge in popsicles or frozen grapes!
- **Dress appropriately.** Wear loose, light-colored clothes. Avoid dark-colored clothes as they may absorb heat. Top it off with a lightweight, broad-brimmed hat and you are dressing like a pro!
- **Cool down!** Take tepid (not too cold or too hot) showers, baths, or sponge baths when you're feeling warm. Don't have the time? Then wet washcloths or towels with cool water and put them on your wrists, ankles, armpits, and neck.



## What's Ahead?

*Monday, June 14 – 2 p.m. Channel 1851 – “Goodbye, Mr. Chips” (1939)*

Goodbye, Mr. Chips is a 1939 romantic drama nominated for Best Picture and Best Director, starring Robert Donat, Greer Garson, and directed by Sam Wood. Based on the 1934 novella, Goodbye, Mr. Chips by James Hilton, the film is about Mr. Chipping, a beloved aged school teacher and former headmaster of a boarding school, who recalls his career and his personal life over the decades.

*Tuesday, June 15 – 1:00 p.m. Channel 1851*

We will begin Season Six of the original BBC series All Creatures Great and Small.

*Wednesday, June 16 – 3 p.m. Channel 1851*

Our Great Courses continues in week two with the series Great Revolutions of Modern History. Taught by Professor Lynne Ann Hartnett of Villanova University, these lessons give new insights into the forces that have shaped the political and cultural landscape of our world. You will travel back in time and across the globe to examine some of history's most momentous and influential political transformations. Starting with the American Revolution and the French Revolution, Professor Hartnett surveys the shifting tides that inspired each of these revolutions.

*Thursday, June 17 – 1:30 – 2:15 p.m. Chair Volleyball in the Westport Room*

Our first game was a hit! Join us for some exercise and laughs!

*Friday, June 11 – 10 a.m. Channel 1851*

Seated exercise class by Meredith.

*Friday, June 18 – 3:00 p.m. The Doug Talley Quartet in the Bishop's Garden (weather permitting)*

Doug Talley's Quartet has played for us every year here at BSP. Doug is a familiar face throughout the Midwest as a jazz performer and educator. He has also appeared at the 18<sup>th</sup> & Vine Festival, the Kansas Jazz and Blues Festival, the Kansas City Spirit Festival, the Coleman Hawkins Jazz Festival, Mayport Jazz Festival, and in Las Vegas with The Four Freshman, The Platters and The Diamonds.

