

The AMBASSADOR

SAINT LUKE'S BISHOP SPENCER PLACE

June 2021

CELEBRATING
25

 Saint Luke's
BISHOP SPENCER PLACE

Stay ACTIVE

Learn a Language!

From your Life Enrichment Committee: It's always the right time to learn! How about starting Spanish or French—or polishing up your skills? You can take courses on your computer or phone, or we can bring you an iPad.



Duolingo

Duolingo is a free, user-friendly site, teaching reading, writing, listening, and speaking. An immersion section allows you to read real-world articles while helping translate them. You earn points for lessons completed and bonuses if you do well.



Babbel

Babbel immerses learners in a new language like a native. Instead of drilling abstract sentences, vocabulary or grammar rules, the app teaches through real-life dialogue. Beginners start with typical greetings and gradually build up to practical dialogues like, "How can I book a single room?" This method of learning through conversation also teaches vocabulary actively and passively.

Please email or call if we can help!

A few words from the CEO



Do you have requests? We want to hear them! We are glad to have been able to open up many activities so we can start to move toward "normal" again. Our activities team is working diligently to continue to bring you a wide variety of entertainment and enrichment opportunities.

Because we are not quite back to normal with all of our entertainment, we will continue to air a wide variety of programming on our in-house TV Channel 1851. (If you have trouble receiving it, please let Maintenance or a Concierge know.) We run the gamut from classic movies to new releases; from Rick Steves' Travel Show to History Lessons of The Great Courses; and from a variety of PBS Series to seated exercise classes. Let us know if you'd like us to consider adding something else to our repertoire until we can meet in larger groups.

We are always excited to be able to bring talented musicians to BSP, and we appreciate when you come to the Bishop's Garden to support our local friends. We would love to see more of you in attendance. Remember a sweater if there's an extra spring chill in the air!

Yours in health,

Dee Dunn

Name That Resident!

- Born in Shelbyville, MO
- Graduated from Northwestern with a Political Science degree
- Served in the US Army
- Was married and had one son
- Worked as an industrial real estate broker
- Served on many boards in Kansas City, including BSP
- Wrote family genealogy books

History of Father's Day

Father's Day is Sunday, June 20

On July 5, 1908, a West Virginia church sponsored the nation's first event explicitly in honor of fathers, a Sunday sermon in memory of the 362 men who had died in the previous December's explosions at the Fairmont Coal Company mines in Monongah, but it was a one-time commemoration and not an annual holiday.



The next year, a Spokane, Washington, woman named Sonora Smart Dodd, one of six children raised by a widower, tried to establish an official equivalent to Mother's Day for male parents. She

went to local churches, the YMCA, shopkeepers and government officials to drum up support for her idea, and she was successful: Washington State celebrated the nation's first statewide Father's Day on June 19, 1910.



Slowly, the holiday spread. In 1916, President Wilson honored the day by using telegraph signals to unfurl a flag in Spokane when he pressed a button in Washington, D.C. In 1924, President Calvin Coolidge urged state governments to observe Father's Day.

During the 1920s and 1930s, a movement arose to scrap Mother's Day and Father's Day altogether in favor of a single holiday, Parents' Day. Every year on Mother's Day, pro-Parents' Day groups rallied in New York City's Central Park.



When World War II began, advertisers began to argue celebrating Father's Day was a way to honor American troops and support the war effort. By the end of the war, Father's Day may not have been a federal holiday, but it was a national institution.

In 1972, in the middle of a hard-fought presidential re-election campaign, Richard Nixon signed a proclamation making Father's Day a federal holiday at last. Today, economists estimate Americans spend more than \$1 billion each year on Father's Day gifts.

Garden TIME

Garden Committee Meeting

Third Monday of each month

1 p.m. | Westport Room

The committee agreed to the above date and time for meetings. Notices for special gatherings will be sent in a timely manner.

We will plant more blue hyacinths by the garden bench, near the jonquils. Henry Tharp suggested planting Lenten rose around the angel. We hope to plant more pink mandevilla on either side of the angel, with angelonia and sunpatiens surrounding it, white mandevilla in the new pots and blue plumbago again in the urn.

Cathy Campbell suggested continuing the white and green leaf begonias along the sidewalk. We'd like more hostas between the sidewalk and the building and plants for the pots near the bench. Tree trimming will let more sun in. Louise Nyberg and Bill Buckner will invite the new landscape company representative to our next meeting.

The Memorial Garden is your garden and we hope all residents stroll through it regularly to watch the growth of Mother Nature's beauty.

—Bobbie Ellis

In Loving Memory



Rena Jonathan

AC Activity Center (above Bistro)
CDR Canterbury Dining Room
CH Chapel

WR Westport Room
Ch 1851 Channel 1851 on your Spectrum TV
BG Bishop's Garden

June 2021

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|---|--|---|---|---|
| |  | National Say Something Nice Day 1 10:30 a.m. Strength & Balance—AC 1 p.m. All Creatures Great & Small, Season 5—Ch 1851 | 2 10 a.m. Stretch & Strengthen—AC 3 p.m. FINALE! Great Courses: Masterworks of American Art—Ch 1851 | 3 10:30 a.m. Strength & Balance—AC 1:30 p.m. Chair Volleyball—WR 2:30 p.m. Dining Committee—CDR | National Donut Day 4 10 a.m. Friday Morning Fitness—Ch 1851 Be on the lookout for your Donut Delivery today!  | 5 11 a.m. Rosary—CH |
| D-Day 6  10 a.m. Holy Eucharist—CH | 7 10 a.m. Stretch & Strengthen—AC 2 p.m. Monday Movie—Ch 1851 | 8 10:30 a.m. Strength & Balance—AC 12:30 p.m. Resident Council—WR 1 p.m. All Creatures Great & Small, Season 5—Ch 1851 | 9 9:30 a.m. Catholic Mass—CH 10 a.m. Stretch & Strengthen—AC 3 p.m. Great Courses: NEW! Great Revolutions of Modern History—Ch 1851 | National Iced Tea Day 10 10:30 a.m. Strength & Balance—AC  | 11 10 a.m. Friday Morning Fitness—Ch 1851 3 p.m. Keyboardist Michael Pagán—BG (weather permitting) | 12 11 a.m. Rosary—CH |
| 13 10 a.m. Holy Eucharist—CH | Flag Day 14  10 a.m. Stretch & Strengthen—AC 2 p.m. Monday Movie—Ch 1851 | 15 10:30 a.m. Strength & Balance—AC 1 p.m. All Creatures Great & Small, Season 6—Ch 1851 | 16 10 a.m. Stretch & Strengthen—AC 3 p.m. Great Courses: Great Revolutions of Modern History—Ch 1851 | 17 10:30 a.m. Strength & Balance—AC 1:30 p.m. Chair Volleyball—WR | 18 10 a.m. Friday Morning Fitness—Ch 1851 3 p.m. The Doug Talley Quartet—BG (weather permitting) | Juneteenth 19 11 a.m. Rosary—CH  |
| Father's Day & Summer Solstice 20  10 a.m. Holy Eucharist—CH | 21 10 a.m. Stretch & Strengthen—AC 1 p.m. Garden Committee—WR 2 p.m. Monday Movie—Ch 1851 | 22 10:30 a.m. Strength & Balance—AC 1 p.m. All Creatures Great & Small, Season 6—Ch 1851 | National Pink Day 23 9:30 a.m. Catholic Mass—CH 10 a.m. Stretch & Strengthen—AC 3 p.m. Great Courses: Great Revolutions of Modern History—Ch 1851 | 24 10:30 a.m. Strength & Balance—AC 1 p.m. C.W. Gusewelle's "Water & Fire"—Ch 1851 2-4 p.m. Country Club Bank | 25 10 a.m. Friday Morning Fitness—Ch 1851 2 p.m. Rick Steves' Tour of Italy—Ch 1851 | 26 11 a.m. Rosary—CH |
| 27 10 a.m. Holy Eucharist—CH | 28 10 a.m. Stretch & Strengthen—AC 2 p.m. Monday Movie—Ch 1851 | 29 10:30 a.m. Strength & Balance—AC 1 p.m. All Creatures Great & Small, Season 6—Ch 1851 | 30 10 a.m. Stretch & Strengthen—AC 3 p.m. Great Courses: Great Revolutions of Modern History—Ch 1851 |  |  |  |

Group activities subject to community status



All Creatures Great and Small

Tuesdays, 1 p.m. | Ch 1851

We will continue to show the original PBS series of *All Creatures Great and Small*. We are watching Seasons 5 and 6.

The series is based on the books of James Alfred Wight, published under the pen name James Herriot. His home in Thirsk, North Yorkshire, England, is now the World of James Herriot Museum (worldofjamesherriot.com). It retains many of the original furnishings in the family rooms as well as the original dispensary.

National Donut Day
Friday, June 5

In 1938, "Donut Day" was established as a way to honor the members of the Salvation Army that came to the aid of soldiers during World War I. Nowadays, National Donut Day is widely celebrated on the first Friday of June. We will bring some donuts around Friday afternoon to apartments (leave a note if you'd rather not partake)!



Rick Steves' Tour of Italy



Friday, June 25 | 2 p.m. | Channel 1851

This month we'll travel around Italy with Rick.

The Best of Sicily: This tour of Sicilian highlights starts in Palermo, where we'll sing with the merchants in the markets, join locals in their passeggiata, drop in on a contessa, and marvel at the Romanesque cathedral

of Monreale. Then we'll sip wine on the slopes of Mount Etna, enjoy cannoli, ponder Greek temples at Agrigento, admire Roman mosaics at the Villa of Casale, and marvel at the view from the Greek theater in Taormina.

Naples and Pompeii:

In this show, we go shopping Neapolitan style, dodge scooters in Naples' crazy traffic, explore the city's vibrant neighborhoods, admire exquisite ancient mosaics at the National Museum of Archaeology, taste pizza in its birthplace, climb the lip of Mount Vesuvius, and wander the amazing ruins of the Roman town it destroyed: Pompeii.



The Amalfi Coast: In this program, we explore Sorrento's back streets, taste traditional Italian food, drive along the dramatic Amalfi Coast to catch some breathtaking scenery, learn the history behind the tourist shops of Amalfi, stroll in the shadow of Greek temples at Paestum, and sail to the isle of Capri to enter the fabled Blue Grotto.

Play along with a new Bingo card this month.

Rick Steves

BINGO

PLAY ALONG WHILE WATCHING RICK STEVES' EUROPE

| | | | | |
|--|--------------------------------------|-------------------------------------|--|---|
| Rick shares a budget tip | "Oh, baby!" | The month of filming is mentioned | "My friend and fellow tour guide" | "Keep on Travelin'" |
| Dorky joke | Rick walks and talks | Thinly veiled guidebook plug | Celebrates pedestrian-friendly zones or green spaces | "Biggest" "Oldest" "Tallest" "First" |
| Rick adores art | Rick enjoys a local drink | FREE SPACE | Rick says "thank you" in the country's language | Enjoys commanding view point |
| Thinly veiled political comment | Rick changes his shirt | "Evokes" "Evocative" or "Convivial" | Rick wears a backpack on one shoulder | Rick dines out |
| Silent bearded man appears (Producer, Simon) | Rick tries to make wonky history fun | Rick visits a church | Innuendo | Alliteration (two or three words starting with the same letter) |



The Great Courses series

Masterworks of American Art
Final course June 2

NEW COURSE!
The Great Revolutions
of Modern History
begins June 9

Wednesdays, 3 p.m. | Ch 1851

Through *The Great Revolutions of Modern History*, taught by Professor Lynne Ann Hartnett of Villanova University, you will travel back in time and across the globe to examine some of history's most momentous political transformation, including the American Revolution, the French Revolution, and world-changing movements in China, Mexico, India, Haiti, Africa, Russia, and more.



Water & Fire
C.W. Gusewelle
Documentary
Thursday, June 24
1 p.m. | Ch 1851

"Let me tell you about a place I know and love ..."

So begins this exploration of the Ozarks, a region of awesome natural beauty, whose resources have sometimes been exploited and its people misunderstood. C.W. is Katie G's late husband.

June Dates to Note

National Say Something Nice Day June 1



On July 31, 2011, the president and CEO of the Charleston, South Carolina Speech and Hearing Center, Mitchell Carnell, published a short Amazon book called *Say Something Nice: Be a Lifter!*

But it was before the publication of “Say Something Nice” that the idea germinated. In 2006, Carnell’s work was officially recognized when the mayor of North Charleston, South Carolina proclaimed June 1 as Say Something Nice Day. Local and national Baptist and Presbyterian organizations joined in, and the day was formally recognized.

It’s long been known that happy people live longer and are generally healthier. So, today, try to practice being positive from sunup to sundown.



Flag Day June 14

When the American Revolution broke out in 1775, the colonists weren’t fighting under a single flag. Instead, most regiments fought under their own flags. In June 1775, the Second Continental Congress met in Philadelphia to create the Continental Army—a unified colonial fighting force. This led to the creation of what was, essentially, the first American flag, the Continental Colors.

For some, this flag, comprised of 13 red and white alternating stripes and a Union Jack in the corner, was too similar to the British

flag. George Washington realized that flying a flag that close to the British flag was not a confidence-builder for the revolutionary effort, so he turned his efforts towards creating a new flag for the soon-to-be fledgling nation. On June 14, 1777, the Second Continental Congress took a break from writing the Articles of Confederation and passed a resolution stating, “the flag of the United States be 13 stripes, alternate red and white,” with a union of “13 stars, white in a blue field, representing a new constellation.”

Over 100 years later, in 1916, President Woodrow Wilson marked the anniversary of that decree by officially establishing June 14 as Flag Day.

Juneteenth June 19

Juneteenth is the oldest nationally celebrated commemoration of the ending of slavery in the United States. On June 19, 1865, Union soldiers, led by Major General Gordon Granger, landed at Galveston, Texas, with news that the war had ended and that the enslaved were now free. This was two and a half years after President Lincoln’s Emancipation Proclamation, which became official January 1, 1863. The Emancipation Proclamation had little impact on the Texans due to the minimal number of Union troops to enforce the new Executive Order. However, with the surrender of General Lee in April of 1865, and the arrival of General Granger’s regiment, the forces were finally strong enough to influence and overcome the resistance.

Juneteenth celebrates African American freedom and achievement while encouraging continuous self-development and respect for all cultures. As it takes on a more national, symbolic, and even global perspective, this national day of pride is growing.



HAPPY BIRTHDAY

Barbara Gattermeir, June 10

Vivi Gregory, June 12

Mary Barnard, June 14

Ann Lillis, June 14

Harriet Kokjer, June 16

Susan Truog, June 19

Carol Owen, June 20

Ann Matheny, June 22

Helen McKay, June 23

Ann Atkin, June 27

Bill Buckner, June 29

National Pink Day June 23

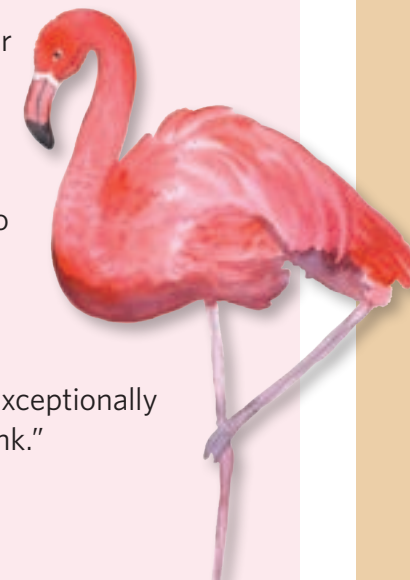
Pink comes in many shades, and its meanings vary, too. Here are a few common pink idioms:

In the pink: This phrase refers to someone who is in top form, good health or good condition.

Pink slip: When an employer gives a person a pink slip it means they’ve been fired or dismissed from a job.

Pink-collar worker: Refers to people working in jobs traditionally regarded as “women’s work.”

Tickled pink: When one is exceptionally pleased, they are “tickled pink.”



Bestselling BOOKS

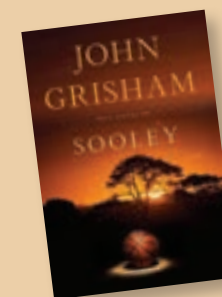
Check out the fiction and nonfiction books that top the latest *New York Times* Best Seller List.

Fiction
THE LAST THING HE TOLD ME
Laura Dave



21st BIRTHDAY
James Patterson & Maxine Paetro

SOOLEY
John Grisham



PROJECT HAIL MARY
Andy Weir

Nonfiction
WHAT HAPPENED TO YOU?
Oprah Winfrey



THE PREMONITION: A PANDEMIC STORY
Michael Lewis

FINDING THE MOTHER TREE
Suzanne Simard

PERSIST
Elizabeth Warren



A Poem

And what is so rare as a day in June?
Then, if ever, come perfect days;
Then Heaven tries earth if it be
in tune,
And over it softly her warm ear lays;
Whether we look, or whether
we listen,
We hear life murmur, or see it
glisten ...

—James Russell Lowell

June Funny

People are sharing on social media what they would “steal” from a friend’s home to mildly inconvenience these unsuspecting victims!

- Every other Tupperware lid, but I’m swapping them with the neighbors’ set of almost equal size so they continually think the lid should fit.
- The little plastic straws out of the lotion pumps.
- Every pillow in the place AND the labels off the canned goods.
- All the vowels from their computer keyboard.
- I’ll open every orange and banana just a little.
- The ½ measuring cup AND the pages from the last chapter of every book.
- The TV remote or hide the batteries.
- The glass plate from the microwave.
- All the earring backs.
- The wand that turns the window blinds.
- All the pants buttons—oh, no!

Concerts



Michael Pagán
Friday, June 11
3 p.m. | Bishop’s
Garden (weather
permitting)

Come enjoy the always entertaining Michael Pagán, whom Hearne Christopher has called a “brilliant, intense jazz pianist.”



**Doug Talley
Quartet**
Friday, June 18
3 p.m. | Bishop’s Garden
(weather permitting)

Join Doug Talley on saxophone, T.J. Martley on keyboard, Tim Brewer on bass, and Keith Kavanaugh on drums for a bit of outdoor jazz!

KC Symphony Quintet
May 26, 4:00–4:45pm
Bishop’s Garden (weather permitting)

We hope this issue comes out a bit early to remind you we added a last-minute, not-to-be-missed concert on May 26—a Kansas City Symphony quintet comprised of Susie Yang on cello, Chaifei Lin on violin, Filip Lazovski on violin, Matt Sinno on viola, and Meredith Poole on cello!



Chaplain’s CORNER

There are practical learning moments that have informed my own work as professional chaplain in a health care setting and that have been helpful to let people know what it is a chaplain does. To start, a chaplain is trained to actively listen. A chaplain is present to people of all faiths or no faith. A chaplain is present to people for spiritual support, of course, yet also for emotional support. As many may have experienced, trained chaplains are Christian in background. But I’ve grown by and I appreciate that a fellow staff chaplain at the hospital is Jewish and more recently a new staff chaplain there is Buddhist.

A chaplain sees spirituality much larger than religion and a set of teachings. I find a nurse’s definition of spirituality quite helpful to pass on and to use in my work: Spirituality is how we find meaning in life; connectedness with others (of course, family and friends); what gives one joy and ‘floats one’s boat’ (reading, gardening, music, art, walking, cooking...I also throw in ‘riding Harley Davidsons!’ which a patient indeed shared with me once); oh yeah, and also how one experiences the transcendent (e.g. is God or a Higher Power in the picture?). I’ve had a patient in an outpatient infusion center even say that I could visit him so long as I didn’t mention God! Still, with that lens of spirituality I wound up spending almost an hour with him and his wife. I learned what had given him strength and meaning in life thus far—those things would also be an ongoing source of sustenance and fortitude.

I’ve grown to appreciate the breadth of the human experience through this vocation. With each conversation along the way, fellow traveler, I appreciate you and look forward to learning more from you in coming open encounters.

—Chaplain Mark Jeske

Livestreaming SUNDAY SERVICES

St. Andrew’s Episcopal
8 a.m., 10:15 a.m.
standrewkc.org/live-worship

All Souls Unitarian Universalist
11:10 a.m.
bit.ly/3g7G62f

Immaculate Conception
11:00 a.m.
facebook.com/golddomekc

Community Christian Church
10:30 a.m.
facebook.com/Community4KC

Conception Abbey
7:45 a.m., 10:30 a.m., 5:30 p.m.
conceptionabbey.org/live

Grace and Holy Trinity Cathedral
10:15 a.m.
kccathedral.org/worship

St. Paul’s Episcopal
10 a.m.; Wednesday, 6 p.m.
facebook.com/StPaulsKCMO

Unity Temple on the Plaza
10:30 a.m.
bit.ly/2yfspgE

Village Presbyterian Church
9:30 a.m.
villagepres.org/online





The
SCENE
RECENT EVENTS & PHOTOS

