

The AMBASSADOR

SAINT LUKE'S BISHOP SPENCER PLACE

July 2021



 Saint Luke's
BISHOP SPENCER PLACE

Stay ACTIVE

Stay Safe Online

Use strong and unique passwords.

Never share your passwords with anyone, unless you've designated someone you trust to manage your accounts.

Think before you post.

Be sure not to post anything that you wouldn't want to share with the world.

Don't click on links unless you are certain they are legitimate.

The safest bet is to type in the web address like you normally do. If in doubt, call the organization or do some online research.

Be wary of any offer that's too good to be true.

Be careful if you're told you've won a contest you didn't enter or you're being offered an incredible price on a vacation or product. Be careful about offers for low-cost medical coverage.

Look for secure websites.

Look for an **https** in the browser's address bar. The "s" stands for "secure."

Check with your medical doctor or healthcare provider before taking any health advice from online sources.

In general, sites operated by the government (ending in .gov) or well-regarded medical institutions have reliable information. Don't rely on online advice for diagnosing an illness.

A few words from the CEO



Hello and welcome to summer! We had a very quick transition from a cold, wet spring to a very warm early summer—I hope you're keeping cool.

Summer this year looks very different from summer last year. This year, we have been able to ease some restrictions and are seeing more people socializing in the community. I

hope you're taking advantage of the additional programming Helen has scheduled, and are enjoying the company of your neighbors. Social engagement is a very important piece of living in a lively and thriving community as Bishop Spencer Place—whether it's a pre-dinner cocktail in Vern's Pub, a sit-down dinner in the Canterbury Dining Room, a quick bite in the Bistro, or simply a walk around the beautiful grounds catching up with neighbors and friends. Studies have shown how important it is to continue to be engaged in social activities as we age, and I know the last year has been difficult for social engagement. It's time to get back out there—even if that means we have to iron our "fancy" clothes. 😊

I love seeing the energy of our community and hope to see more and more of you out and about.

Yours in health,

Helen Dunn

Name That Resident!

- Born and raised In Wichita, Kansas.
- Graduated from University of Kansas with a degree in Physical Therapy.
- Favorite sport is scuba diving in the Cayman Islands.
- Writes left handed and eats right handed.
- Has six grandchildren who call our resident "Manny."
- One of our resident's favorite foods is ice cream!

Concerts

Violinist Cristian Fatu with Beau Bledsoe

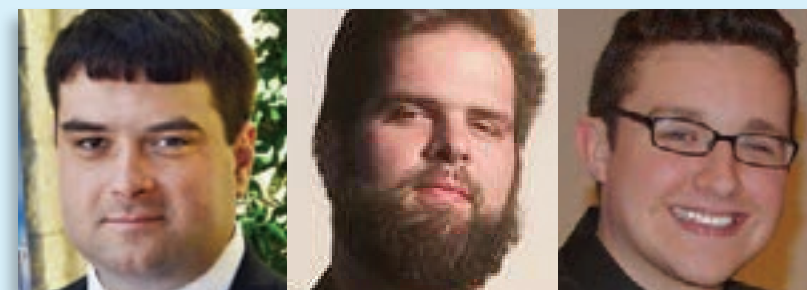


Thursday, July 1 | 4 p.m. | Bishop's Garden
(weather permitting)

We all know and love Beau and are fortunate to benefit from the incredible musicians he knows and performs with. We will have the opportunity to have Beau play with Cristian Fatu.

Cristian is recognized as one of today's most exciting violinists, praised for his virtuosity, technique and artistry. He has won prizes at more than twenty-five national and international violin competitions in his native Romania and abroad.

Midwest Chamber Trio



Friday, July 23 | 4 p.m. | Bishop's Garden
(weather permitting)

Join us in the garden for a classical concert! French hornist Steve Lewis, cellist Eman Chalshotori, and pianist John Livingston make up the Midwest Chamber Trio.

The trio plays classical music of all eras, including Beethoven and Brahms alongside newer, melodic and traditionally styled pieces by Philip Lasser and Jeffrey Parola.



Garden TIME

Just a note to recognize our fellow garden aficionado who never gave up to Mother Nature. After several attempts to grow a special plant which represented his family's growing and flowering favorite— hooray!—Bill Buckner, our master herb garden leader, became the owner of a flowering Jack-in-the-pulpit. His photo is shown here.



This may be the pinnacle for a man specializing in herbs. "Jack" is also an herb! This one tops the list for alternative names. It has garnered at least the following: indian turnip, wild turnip, arum, three-leaved arum, dragon turnip, brown dragon, devil's ear, marsh turnip, swamp turnip, meadow turnip, bog onion, priest's pintle, and lords and ladies!

And here's a start on medical uses throughout the ages: asthma, rheumatism, bronchitis, whooping cough, sore eyes, and snake bites!

—Bobbie Ellis

July 2021

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10 a.m. Grocery Trip

11 a.m. Rosary—CH

5



All Creatures Great and Small

Tuesdays, 1 p.m. | Ch 1851

We will continue to show the **original** PBS series of *All Creatures Great and Small*. We are watching Seasons 6 and 7.

This acclaimed series is based on the beloved books of James Alfred Wight, published under the pen name James Herriot.

In 1966, at the urging of his wife Joan, Herriot attempted to write a number of different books pertaining to football (soccer), but none received any interest from publishers.

In 1969, he turned his attention to writing about his life as a veterinarian. The next year, his semi-autobiographical book *All Things Great and Small* was published and became a success in both the U.K. and the U.S. He would go on to write six more books.

His works are mainly a collection of connected short stories that paint a picture of everyday life in England while using animals and veterinary care as a focal point.

Rick Steves' Eastern Europe Highlights: Bulgaria, Prague, Romania



Friday, July 30 | 2 p.m. | Channel 1851

We'll travel through eastern Europe with Rick.

Bulgaria: This country, so mysterious to most Americans, has a vivid identity as a crossroads of the Balkans. We'll trace the country's complex history, from ancient Thracian tombs to medieval Orthodox

Christian monasteries to Soviet monuments. And we'll enjoy an intimate taste of contemporary culture: the yellow brick road of Sofia; the gregarious craftspeople of the medieval capital, Veliko Tarnovo; and the thriving pedestrian zones of cosmopolitan Plovdiv.

Prague: The capital of the Czech Republic is the best-preserved Baroque city in Central Europe. We experience its massive castle, beloved statue-lined bridge, historic Jewish Quarter, and thrilling 20th-century history while enjoying its infectious love of music and perhaps the best beer in Europe. With a beautifully preserved Old Town, Prague deserves its nickname: the Golden City of a Hundred Spires.



Romania: We'll tour the vibrant capital, Bucharest, with its "Little Paris of the East" architecture and lingering reminders of a brutal communist dictator. Then we'll head into Transylvania, where we'll visit fortified churches, cobbled merchant towns like Sighișoara, and castles made famous by an imported German king and the real-life Dracula. Finally we'll explore Maramureș, where everyday life still feels like an open-air folk museum.



The Great Courses series

The Great Revolutions of Modern History
Wednesdays, 3 p.m. | Ch 1851

In this course you will learn how the great revolutions of the past 300 years have profoundly shaped the landscape of the 21st century. These epic changes tore down established orders and built new ones in their place. What drives individuals and groups to embrace revolution? At what point does a society decide to revolt? Is there such a thing as a peaceful revolution? Why have some revolutions failed while others changed the world?

Play along with our Bingo card this month.

Rick Steves

BINGO

PLAY ALONG WHILE WATCHING RICK STEVES' EUROPE

"Evokes" "Evocative" or "Convivial"	Rick changes his shirt	Rick visits a church	Rick shares a budget tip	Rick wears a backpack on one shoulder
Silent bearded man appears (Producer, Simon)	Rick enjoys a local drink	"Oh, baby!"	Rick dines out	Thinly veiled political comment
Enjoys commanding view point	Innuendo	FREE SPACE	"Keep on Travelin'"	Rick says "thank you" in the country's language
Celebrates pedestrian-friendly zones or green spaces	Alliteration (two or three words starting with the same letter)	Rick adores art	Rick tries to make wonky history fun	Thinly veiled guidebook plug
"My friend and fellow tour guide"	Rick walks and talks	The month of filming is mentioned	"Biggest" "Oldest" "Tallest" "First"	Dorky joke

National Pecan Pie Day

Monday, July 5

It's pretty easy to get behind a day dedicated to one of our favorite desserts. Indeed, 90% of Americans surveyed believe eating a slice of pie is one of life's simple pleasures. People who prefer pecan pie describe themselves as thoughtful and analytical. We're not sure if this holds true for those who add ice cream or whipped cream. Nonetheless, it's time to celebrate this dessert!



July Dates to Note

National Fried Chicken Day Tuesday, July 6



American fried chicken is considered the best, but Americans weren't the first to do it. Europeans were already frying chickens back in the Middle Ages, but it was the Scottish immigrants to the U.S. who brought their tradition of deep-frying chicken in fat. Their preferred style used no seasoning, so their recipe was slightly bland. African slaves of the Scottish immigrants adopted the fried chicken recipe, often adding more spices as their own unique touch. This dish became a staple in many southern households when African slaves became cooks there.

One basis of this theory is from James Boswell's *Journal of a Tour to the Hebrides*. In 1773, he wrote about eating fricassee of fowl for dinner, served by the locals—"fried chicken or something like that."

The earliest known recipe for fried chicken was written by Hannah Glasse in the 18th century in her cookbook *The Art of Cookery Made Plain and Easy*. Her recipe was named "To Marinate Chickens," and its first publication was in 1747.

The history of fried chicken wouldn't be complete without mentioning the king of fried chicken, Colonel Harland David Sanders. After working a range of jobs, he came up with the idea of cooking fried chicken fast, using a blend of seasoning and a pressure cooker. When he first started selling the dish at his restaurant in Corbin, Kentucky, it wasn't an instant success. At the age of 65, he hit the road, selling his fried chicken under the name "Kentucky Fried Chicken." He adopted the title of colonel. By 1964, when he sold his company, there were 600 KFC franchises all over the country.

Fried chicken continues to spark the interest of food lovers and consumers. In 2019, Popeye's launched their fried chicken sandwich, which caused a huge sensation. The craze and hype for the chicken sandwich continue until the present, with an ongoing 'chicken war' between competing franchises.

National Amelia Earhart Day Saturday, July 24

Each year on July 24th, National Amelia Earhart Day honors the achievements of the aviation pioneer on the date of her birth.



Author and American aviation pioneer Amelia Mary Earhart was born on July 24, 1897, in Atchison, Kansas.

Earhart took off from Grace Harbor, Newfoundland, four years to the day that Lindbergh completed his solo trans-Atlantic flight. Her goal was to land in Paris, France. The previous year, Ruth Nichols also attempted to fly solo across the Atlantic. Had she succeeded, she would have been the first woman to do so. However, Nichols' crashed while attempting to land for refueling in New Brunswick, Nova Scotia.

Due to many technical challenges Earhart faced in flight, she landed the red Lockheed Vega 14 hours and 16 minutes later in Derry, Ireland. All in all, the flight was a success. She became the first woman pilot to complete the journey. Following Earhart's record-setting accomplishment, she earned the United States Distinguished Flying Cross.

In 1937, Earhart attempted to circumnavigate the globe. Unfortunately, her Purdue-funded Lockheed Model 10 Electra disappeared over the Pacific Ocean near Howland Island in July.

Her successes continue to draw women around the globe to the world of aviation. Fascination with her life, career, and disappearance continues to this day.



HAPPY BIRTHDAY

Mary Jo Hornaday, July 3

Marilyn (Lynn) Thiel, July 3

Betty Adams, July 7

Jerry Dawson, July 13

Jeannette Nichols, July 14

Ethel Jianas, July 15

Ed Matheny, July 15

Dave Fiola, July 17

Les Palmer, July 22

Phill Levi, July 23

Richard Coopersmith, July 25

Barbara Buehrer, July 28

Sally Chapple, July 29

Sally Kampfe, July 29

Sarah Oliver, July 29

Margie Elliott, July 31

Louise Glotzbach, July 31

The ruby is the birthstone for July.
July birth flowers are the larkspur and the water lily.



Bestselling BOOKS

Check out the fiction and nonfiction books that top the latest *New York Times* Best Seller List.

Fiction

GOLDEN GIRL

Elin Hilderbrand



MALIBU RISING

Taylor Jenkins Reid



THE LAST THING HE TOLD ME

Laura Dave

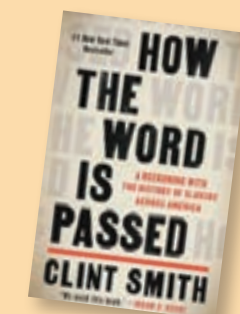
SOOLEY

John Grisham

Nonfiction

HOW THE WORD IS PASSED

Clint Smith

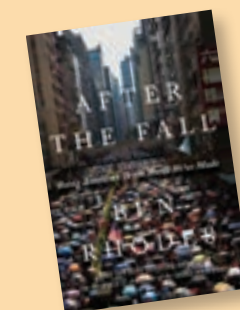


WHAT HAPPENED TO YOU?

Oprah Winfrey

AFTER THE FALL

Ben Rhodes



THE PREMONITION: A PANDEMIC STORY

Michael Lewis

A Poem

Touched by An Angel
(1995)

We, unaccustomed to courage
exiles from delight
live coiled in shells of loneliness
until love leaves its high holy temple
and comes into our sight
to liberate us into life.

Love arrives
and in its train come ecstasies
old memories of pleasure
ancient histories of pain.
Yet if we are bold,
love strikes away the chains of fear
from our souls.

We are weaned from our timidity
In the flush of love's light
we dare be brave
And suddenly we see
that love costs all we are
and will ever be.
Yet it is only love
which sets us free.

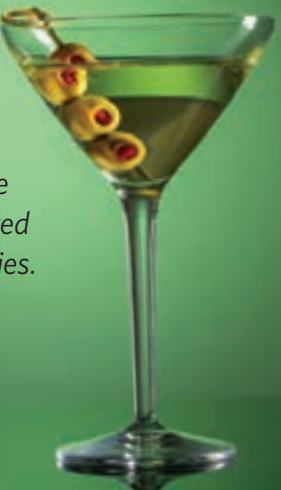
—Maya Angelou

Happy Hour

Wine Tasting | Friday, July 9 | 3-5 p.m. | Pub
The wine distributor will be offering five whites and five reds for your tasting pleasure.

Retro Cocktails | Friday, July 16 | 3-5 p.m. | Pub
Offerings will include drinks such as the French 75, Sidecar, and the Gin Rickey.

Happy Hours in the BSP Pub are presented by PB&J and sponsored by Bishop Spencer Place Activities.



July Word Game

See if you can come up with at least 10 words in this puzzle that contain five letters or more, with each containing the center letter N! You can use each of the letters more than once in a word.



Possible answers:
bounty (uses all seven letters!), botany, banana, annoy, bounty, aunty, button, banyan, baboon, taunt, bunny



Dear BSP community,

The steady hobbies through my life have been being musical, learning languages, and being active. While I haven't been drawn to art (pun not intended!) or poetry, there are still the gems or favorites that I return to and think of.

One poem that I return to and has recently come to mind is by Emily Dickinson (1830-1886).

Hope is the thing with feathers
That perches in the soul,
And sings the tune without the words,
And never stops at all,

And sweetest in the gale is heard;
And sore must be the storm
That could abash the little bird
That kept so many warm.

I've heard it in the chilliest land,
And on the strangest sea;
Yet, never, in extremity,
It asked a crumb of me.

Blessings,
Chaplain Mark Jeske

Livestreaming
SUNDAY SERVICES

St. Andrew's Episcopal
8 a.m., 10:15 a.m.
standrewkc.org/live-worship

All Souls Unitarian Universalist
11:10 a.m.
bit.ly/3g7G62f

Immaculate Conception
11:00 a.m.
facebook.com/golddomekc

Community Christian Church
10:30 a.m.
facebook.com/Community4KC

Conception Abbey
7:45 a.m., 10:30 a.m., 5:30 p.m.
conceptionabbey.org/live

Grace and Holy Trinity Cathedral
10:15 a.m.
kccathedral.org/worship

St. Paul's Episcopal
10 a.m.; Wednesday, 6 p.m.
facebook.com/StPaulsKCMO

Unity Temple on the Plaza
10:30 a.m.
bit.ly/2yfspgE

Village Presbyterian Church
9:30 a.m.
villagepres.org/online





The
SCENE
RECENT EVENTS & PHOTOS

