





Smithsonian Associates Smithsonian Associates.org

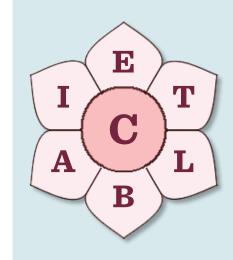


From your Life Enrichment **Committee:** Smithsonian Associates—the largest museum-based education program in the world—has a catalog of upcoming courses and events (note: Eastern Standard Time). They produce vibrant educational and cultural programming that offers unparalleled access to the Smithsonian's world of knowledge. Smithsonian Associates Streaming now allows you to enjoy highquality, engaging and varied programs from the comfort of your home. The monthly calendar offers a stimulating and entertaining range of events covering the full scope of the humanities, sciences, and arts. Join experts in everything from archeology to literature to high-tech espionage as they share insights, discoveries, and new ideas.

If you need any help with joining, please call resident Jenifer Lucas (or Helen at 815-595-5015).

For Dee, who always chooses courage, from your BSP family!

You may not have signed up for a hero's journey, but the second you fell down, suffered a disappointment, or felt your heart break, it started. It doesn't matter whether we are ready for an emotional adventure—hurt happens. And it happens to every single one of us. Without exception. The only decision we get to make is what role we'll play in our own lives: Do we want to write the story or do we want to hand that power over to someone else? Choosing to write our own story means getting uncomfortable; it's choosing courage over comfort. -Brené Brown



May Word Game

See if you can come up with at least 12 words in this puzzle, all that contain the center letter C! You can use each letter more than once in a word.

Possible answers:

tactical, actable, cleat, icicle, tactile, elicit, illicit, celibate, celiac, lattice, cable

In Loving Memory



Doris (Dorrie) Virden

Marilyn Benson

Mercer Gilmore

History of Mother's Day

Mother's Day is Sunday, May 9

Celebrations of mothers and motherhood can be traced back to the ancient Greeks and Romans, who held festivals in honor of the mother goddesses Rhea and Cybele, but the

clearest modern precedent for Mother's Day is the early Christian festival known as "Mothering Sunday."

Once a major tradition in the United Kingdom and parts of Europe, this celebration fell on the fourth Sunday in Lent and was originally seen as a time when the faithful would return to their "mother church"—the main church in the vicinity of their home—for a special service.

Over time the Mothering Sunday tradition shifted into a more secular holiday, and children would present their mothers with flowers and other tokens of appreciation. This custom eventually faded in popularity before merging with the American Mother's Day in the 1930s and 1940s.



The origins of Mother's Day as celebrated in the United States date back to the 19th century. In the years before the Civil War, Ann Reeves Jarvis of West Virginia helped start "Mothers' Day Work Clubs" to teach local women how to properly care for their children.

1944 Mother's Day Card

These clubs later became a unifying force in a region of the country still divided over the Civil War. In 1868 Jarvis organized "Mothers' Friendship Day," at which mothers gathered with former Union and Confederate soldiers to promote reconciliation.

While versions of Mother's Day are celebrated worldwide, traditions vary depending on the country. Of course, in the United States, Mother's Day continues to be celebrated by presenting mothers and other women with gifts and flowers, and it has become one of the biggest holidays for consumer spending. Families also celebrate by giving mothers a day off from activities like cooking or other household chores.



I'm hoping something wonderful might happen on my one hundredth birthday, but many wonderful residents of Bishop Spencer Place will see that magic number sooner. Congratulations to you all and everyone please consider last



Anna

Jarvis

month's
surprise in
our Memorial
Garden as
a fly-by
practice by
some of the

most welcome visitors. I and a few residents had the special experience of watching a flurry of cedar waxwings fly into our berryladen crabapple trees. Sorrowfully, the birds made the fourth day their last day of their most welcome observation by those of us so happy to watch them.

But on a recent moring, opening my blinds, what should I behold but at least six male cedar waxwings, busy devouring the still-ripe crabapple delicacies. They flew away towards the eastern sun, hopefully to report to their friends that the orchard's treats were still bountiful. I'll continue to watch and hope we can provide all they need to make our Memorial Garden the most beautiful for the remembrance of our relatives and our friends.

—Bobbie Ellis

BISHOP SPENCER PLACE

WR Westport Room **AC** Activity Center (above Bistro) May 2021 **CDR** Canterbury Dining Room Ch 1851 Channel 1851 on your Spectrum TV **BG** Bishop's Garden **CH** Chapel **SATURDAY SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY** (@) KENTUCKY DERBY 11 a.m. Rosary—CH Kentucky Derby Day—Races all day on NBC. Bill Buckner mint julep tradition to be announced! 2 3 Cinco de Mayo **National Nurses Day Iris Day** 10 a.m. Holy Eucharist—CH 10 a.m. Stretch & Strengthen—AC 10:30 a.m. Strength & Balance—AC 10 a.m. Stretch & Strengthen—AC 10:30 a.m. Strength & 10 a.m. Friday Morning 11 a.m. Rosary—CF Fitness—Ch 1851 3 p.m. Great Courses: Balance—AC 12 p.m. Bridge Lunch—CDR 1 p.m. All Creatures Great & 3 p.m. Pianist Joe Cartwright Masterworks of Small—Ch 1851 2 p.m. Monday Movie—Ch 1851 American Art—Ch 1851 and vocalist Havilah Bruders—BG (weather permitting) 15 9 13 10 11 12 14 **Mother's Day Armed Forces Day** 10 a.m. Holy Eucharist—CH 10 a.m. Stretch & Strengthen—AC 10:30 a.m. Strength & Balance—AC 10 a.m. Stretch & Strengthen—AC 10:30 a.m. Strength & 10 a.m. Friday Morning 11 a.m. Rosary—CH Fitness—Ch 1851 Balance—AC 2 p.m. Monday Movie—Ch 1851 11 a.m. Mother's Day 12:30 p.m. IL Resident Council—WR 3 p.m. Great Courses: 2 p.m. Rick Steves' Tour to Masterworks of 2 p.m. Life Enrichment Brunch—CDR 1 p.m. All Creatures Great & American Art—Ch 1851 Committee—TBD **England: Cornwall and** Small—Ch 1851 the Cotswolds—Ch 185 21 22 17 18 19 20 16 **International Museum Day** 10:30 a.m. Strength & Balance—AC 10 a.m. Holy Eucharist—CH 10 a.m. Stretch & Strengthen—AC 10 a.m. Stretch & Strengthen—AC 10:30 a.m. Strength & Balance—AC 10 a.m. Friday Morning 11 a.m. Rosary—CH Fitness—Ch 1851 2 p.m. PBS | A World of Art: Met 1 p.m. Garden Committee—WR 3 p.m. Great Courses: Museum of Art-Ch 1851 Masterworks of 2 p.m. Monday Movie—Ch 1851 3 p.m. Met Virtual Evening: American Art—Ch 1851 Trials of the Year—Ch 1851

24 10 a.m. Stretch & Strengthen—AC 2 p.m. Monday Movie—Ch 1851

31

MEMORIAL DAY OFFICES CLOSED 10:30 a.m. Strength & Balance—AC

1 p.m. All Creatures Great & **Small—Ch 1851**

26 10 a.m. Stretch & Strengthen—AC

3 p.m. Great Courses: Masterworks of American Art—Ch 1851

27 10:30 a.m. Strength & Balance—AC

2-4 p.m. Country Club Banker— MLR

National Hamburger Day

10 a.m. Friday Morning Fitness-Ch 1851

28 11 a.m. Rosary—CH

Group activities subject to community status

23

30

10 a.m. Holy Eucharist—CH

10 a.m. Holy Eucharist—CH

29



All Creatures Great and Small

Tuesdays, 1 p.m. | Ch 1851

We will continue to show the **original** PBS series of *All Creatures Great and Small*. We are watching Seasons 4 and 5.

All Creatures Fun Facts

- Skeldale House, used for exterior shots in All Creatures, is now a bed and breakfast.
 skeldalehouse.co.uk
- Real-life veterinarian James
 Alfred Wight, known as
 Alf, used the pen name
 James Herriot for his semi autobiographical novels
 because the Royal College of
 Veterinary Surgeons frowned
 on members who advertised.
- ◆ Wight became the assistant of Donald Sinclair—the character Siegfried Farnon in the series—in Thirsk, England, in 1940, eventually taking over the practice. He retired in 1989 at age 73, but the practice continues. The documentary TV series **The Yorkshire Vet** follows the work of the staff who practice there now. The Yorkshire Vet streams on Acorn, Amazon Prime, Tubi, and Pluto TV.





Friday, May 14 | 1-2 p.m. | Channel 1851

This month we'll travel with Rick to England's Cornwall region and the Cotswold villages on the western side.

The far southwest of England is a world unto itself, with a persistent Cornish culture. Along with its ethnic cousins—Brittany, Ireland,

Wales, and Scotland—Cornwall was part of a "Celtic crescent" that nearly circles England. The Cornish people spoke their own language, which thrived for centuries. Cornwall today is an English county, but many native-born locals consider themselves Cornish first, British second.

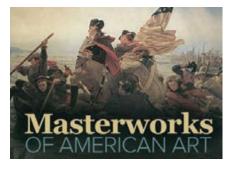
In this tour, you'll explore a world of flowers springing from towering hedges, a tin-mining heritage going back to biblical times, salty pirates' towns, and fishing villages. Then, side-tripping deep into the vast and mysterious Dartmoor National Park, you'll hike to forgotten stone circles and chase wild ponies.

Afterward, journey to the Cotswolds, the quintessence of charming England: quaint villages with their fine churches, manor homes, and pubs.



Play along with a new Bingo card this month.





The Great Courses series

Masterworks of American Art Wednesdays, 3 p.m. | Ch 1851

In this course, encounter the brilliant paintings of homegrown masters who documented the events of our nation from its colonial roots to the brink of WWI and Modernism.

Your guide is Professor William Kloss, who serves on the Committee for the Preservation of the White House, a presidential appointment he has held since 1990. He is the author of several books, including *Art in the White House:* A Nation's Pride.



6

May Dates to Note

National Nurses Day

May 6



Florence Nightingale

While May 6 is specifically Nurses Day, we celebrate Nurses Week every year from May 6 to May 12 to shine a spotlight on the incredible nurses (registered nurses, nurse practitioners, LPNs, CNAs, and more) across the country that have

devoted their lives to the betterment of the lives of others. As a society, we asked more of nurses than we ever have by asking them to put their lives on the front lines in the fight against the COVID-19 pandemic. While one week is not nearly enough, we want to take this week every year to share our gratitude by offering our support for the work they do every day, in times of crisis, and always.

Remember to thank the wonderful nurses in our lives!

Armed Forces Day

May 15



Armed Forces Day is a joint celebration of all six branches of the U.S. military: Air Force, Army, Coast Guard, Marine Corps, Navy, and the newly created Space Force. The day honors all people currently serving in the U.S. armed forces. This includes the men and women who have served or are serving in the Army, Navy, Marine Corps, Air Force, Space Force and Coast Guard, including the National Guard and Reserve components.

Although originally there were single day celebrations for the Army, Navy and Air Force; this format changed on August 21, 1949, when Secretary of Defense Louis Johnson announced the creation of Armed Forces Day. Stemming from the unification of the Armed Forces under the Department of Defense, the annual celebration now commemorates all branches of the military during one solitary day.

The first official Armed Forces Day took place on May 20,1950, and was themed "Teamed for Defense." In honor of the special day, B-36 Bombers flew over state capitals, a march was led by more than 10,000 veterans and troops in Washington, D.C., and over 33,000 people participated in a New York City parade. In 1961, John F. Kennedy declared Armed Forces Day a national holiday.

The first Armed Forces Day also played an essential part in educating society and expanding public knowledge of the military and the role they play in the community. Therefore, it isn't only a means to honor those who serve or who have served in the military, but also a way to showcase its top of the line equipment and abilities used to protect those in our country.

International Museum Day May 18

The objective of International Museum Day (IMD) is to raise awareness about the fact that, "Museums are an important means of cultural exchange, enrichment of cultures and development of mutual understanding, cooperation and peace among peoples."

The International Council of Museums (ICOM) created IMD in 1977. The organization chooses a different theme for the day and coordinates every year. Some of the themes include globalization, indigenous peoples, bridging cultural gaps, and caring for the environment. The 2021 theme is "The Future of Museums: Recover and Reimagine." A World of Art: The **Metropolitan Museum** of Art Tuesday, May 18 | 2pm Channel 1851 bit.ly/3wGpWFD

Meet Me at The Met: **A Virtual Evening**

A virtual tour of the Met during this difficult year! bit.ly/32axnGJ

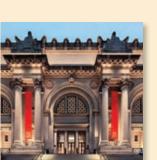
Memorial Day

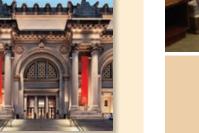
May 31

Memorial Day, as Decoration Day gradually came to be known, originally honored only those lost while fighting in the Civil War. But during World War I, the United States found itself embroiled in another major conflict, and the holiday evolved to commemorate American military personnel who died in all wars, including World War II, The Vietnam War, The Korean War, and the wars in Iraq and Afghanistan.

For decades, Memorial Day continued to be observed on May 30, the date General John A. Logan had selected for the first Decoration Day. But in 1968, Congress passed the Uniform Monday Holiday Act, which established Memorial Day as the last Monday in May in order to create a three-day weekend for federal employees; the change went into effect in 1971. The same law also declared Memorial Day a federal holiday.







FOR THE COUNTRY

Amanda Gorman

THE FOUR WINDS Kristin Hannah

THE RED BOOK

James Patterson & David Ellis

THE MIDNIGHT LIBRARY Matt Haig

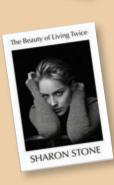
Nonfiction THE CODE BREAKER: JENNIFER DOUDNA. **GENE EDITING, AND** THE FUTURE OF THE HUMAN RACE

Walter Isaacson

GREENLIGHTS Matthew McConaughey

CASTE: THE ORIGINS OF OUR DISCONTENTS Isabel Wilkerson

THE BEAUTY OF LIVING TWICE Sharon Stone



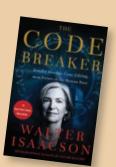






WE

CLIMB



Thoughtful Quote

A POEM

May Night

The spring is fresh and fearless
And every leaf is new,
The world is brimmed with moonlight,
The lilac brimmed with dew.

Here in the moving shadows
I catch my breath and sing—
My heart is fresh and fearless
And over-brimmed with spring.

—Sara Teasdale

FOR MEMORIAL DAY

In Flanders Fields

In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.
We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie
In Flanders fields.

Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies
grow

In Flanders fields.



Concert

Joe Cartwright and Havilah Bruders

Friday, May 7

3 p.m. | **Bishop's Garden** (weather permitting)





Come enjoy the ridiculously talented Joe Cartwright on keyboards and Havilah Bruders on vocals!



HAPPY BIRTHDAY

Tanya Palmer, May 6 **Michael Walling,** May 6

Mary Abbott, May 16

Bess LeFevre, May 17

Pat Russell, May 23

Midori Houston, May 24

Mary Esther Weishaar, May 25

Dahlgren McElwain, May 28

We're playing Bridge again!

Monday, May 3 | 12 p.m. | Canterbury Dining Room

Please sign up for our Lunch and Bridge Mixer so we can have an accurate count for PBJ lunches and bridge foursomes.



In honor of our beloved Chaplain Kathy Hall, we are repeating her beautiful column from May of last year, which is so timely and meaningful now. . .

Ah, the month of May, memorialized in poetry and art and song, including this well-known (slightly modified) ditty popularly known as "While Strolling Through the Park One Day:"

While strolling through the park one day (6 feet away from everybody else)
In the merry, merry month of May (when will this end?)
I was taken by surprise by a pair of great big eyes
O'er a face mask in a shade of gray (or green or yellow...I repeat, when will this end?)

Whether or not we're feeling merry these days, we are now in the month of May, named after one or two goddesses who shared the same name—Maia—and were associated with fertility, growth, and spring. The Latin poet Ovid claimed that the month was named after the Latin word "majores," meaning elders—woo hoo, senior citizens, there's a month named after us!

There is no connection between "May," as in the month of, and "may," as in "Please, may we go back to normal?" But "may" the verb is particularly à propos in our Covid-19 world. May we come through it safely. May we be thankful for all those who have sustained us on the way and may the kindness of others inspire us to pass it on. May we learn to be more gracious, especially when it comes to golden rule as applied to shopping in a pandemic: leave something for others just as you would like others to leave something for you. May we revel in hugs, handshakes, and visits when we are once again able to do those things.

As we make our way through this challenging time, my mother's favorite blessing (slightly modified) seems à propos:

May the road rise up to meet you. May the wind be always at your back. May the sun shine warm upon your face and the rains fall soft upon your fields.

And until we can meet again face to face, until we can again hold each other,

may God hold you (and me and everybody else) in the palm of God's hand.

—with love and gratitude for our late Chaplain Kathy

And let light perpetual shine upon her.

Livestreaming SUNDAY SERVICES

St. Andrew's Episcopal

8 a.m., 10:15 a.m. standrewkc.org/live-worship

All Souls Unitarian Universalist 11:10 a.m.

bit.ly/3g7G62f

Immaculate Conception

11:00 a.m.

facebook.com/golddomekc

Community Christian Church

10:30 a.m.

facebook.com/Community4KC

Conception Abbey

7:45 a.m., 10:30 a.m., 5:30 p.m. conceptionabbey.org/live

Grace and Holy Trinity Cathedral

10:15 a.m.

kccathedral.org/worship

St. Paul's Episcopal

10 a.m.; Wednesday, 6 p.m. facebook.com/StPaulsKCMO

Unity Temple on the Plaza

10:30 a.m. bit.ly/2yfspgE

Village Presbyterian Church

9:30 a.m.

villagepres.org/online

