

UPDATED JANUARY 2021

Keeping Everyone Safe

Bishop Spencer Place would like to thank you for your patience during the COVID-19 pandemic. We are working to safely return you to a more regular schedule. By following some basic precautions, we will be able to get back to community, fellowship, friendship, and many of the activities we love.

To ensure your safety we are following guidelines recommended by the U.S. Centers for Disease Control and Prevention (CDC), the Centers for Medicare & Medicaid Services (CMS), local and station governments, and Saint Luke’s Health System. As the medical community learns more about COVID-19, we are following the reopening guidelines outlined below for you and your neighbors. These guidelines may change as we discover new information about this novel coronavirus.

Leaving Campus

To keep residents safe as restrictions are lifted, we have put into place the following guidelines:

ESSENTIAL TRIPS	NON-ESSENTIAL LOW-RISK TRIPS	NON-ESSENTIAL HIGHER-RISK TRIPS	NON-ESSENTIAL TRIPS WITH FAMILY and/or FRIENDS
Medical appointments, pharmacy, grocery store, banking, etc.	Taking a walk outside, visit to a local park, going for a drive, etc.	Restaurant, retail shopping, off-site hair salon, group sports, country clubs, entertainment venues, travel outside of KC metro area, etc.	Dining, gatherings (parties, reunion, graduation, birthdays, weddings, funerals, holidays, etc.)
		Residents are requested to self-quarantine for 10 days	
		Residents are restricted from participating in any community events	
		No non-essential transportation will be provided during 10-day quarantine period	
Residents are asked to self-monitor and log symptoms and temperature for 10 days			
Residents must wear mask if out of apartment for any reason			

Requirements for resident participation for all activities:

- Must not have left the BSP campus for any non-essential higher risk trips or non-essential trips with friends and/or family in the last 10 days
- Must wear a mask outside of your apartment
- Hand sanitize prior to any activity
- Maintain six feet social distancing
- Screening
 - Residents may visit the Madison (daily from 8:30 am – 6:00 pm) or Jefferson (Monday-Friday from 9:30 am – 4:00 pm) concierge for proper screening prior to any activity/dining
 - Receive a “screened” sticker valid for the day for participation in any activity/dining within community

Canterbury Dining Room (Starting Monday, January 11)

The Canterbury Dining Room will be open for limited seating for dinner for residents only. The current ordering and delivery process for breakfast, lunch, and dinner (for those not dining in the Canterbury) will remain the same as it has been since March.

Resident Safety:

- Residents will choose a date and time for a 50-minute reservation at 5:00 pm or 6:00 pm in the Canterbury
- Residents wanting to dine in the Canterbury will pre-order their dinner on the new yellow daily order sheet and mark that they are dining in the Canterbury for the next night; no printed menu will be utilized
- Yellow dining sheets for ordering dinner from the Canterbury are available for residents to pick up at the Madison and Jefferson concierge desks
- Residents will be required to hand sanitize before entering and upon leaving the dining room; mask or cloth face covering are required except while eating/drinking
- Residents must wait to be seated; no self-seating
- Resident must have “screened” sticker prior to dining in the Canterbury

Dining Room Safety:

- Tables will be placed to ensure that diners are a minimum of six feet apart at all times; wheelchairs and walkers have been considered in the table placements to maintain social distancing while dining
- In order to allow for residents to dine together, yet remain a minimum of six feet apart, the dining room will be configured with a variety of table set-ups including: six foot long tables for two diners, cloverleaf style for up to four diners, up to four diners in the Abbey, and smaller two top tables for couples or individuals only
- Table linens will be changed between dining groups; no flowers or condiments will be on the tables
- Cleaning of frequently touched surfaces will occur at least once every 90 minutes, and PB&J team members will sanitize every 15 minutes

Chapel Services (Starting Sunday, January 17)

Eucharist service will be offered each Sunday. Additional details about the start of Catholic Mass will be forthcoming.

Chapel Service Guidelines:

- Maximum of 17 residents, plus Chaplain per service
- Eucharist service will be Sunday at 10:00 am
- Service will not include singing
- Chaplain and residents must wear mask or cloth face covering at all times
- Chapel will be cleaned and sanitized before each service
- Reservations are not required; seating is available on a first-come, first-serve basis
- Resident must have “screened” sticker in order to attend a service

Visitors (Starting Monday, January 11)

Limited visitors will be allowed in specifically identified visitor areas in the Madison Living Room and Jefferson Lobby.

Visitor Guidelines:

- Residents/family members may reserve a visitor area by calling concierge at 931-4277 between 9:00 am—5:00 pm M-F
- Visitations will be scheduled as follows:
 - Madison Living Room & Jefferson Lobby:
 - Monday, Wednesday & Saturday at 10:00 am & 1:00 pm
 - Tuesday, Thursday & Sunday at 1:00 pm & 6:00 pm
- Visitors will be screened and temperature checked according to the BSP visitor policy
- Resident and visitors to bring their own masks to wear at all times during the visit
- Resident and visitors must maintain 6+ feet of social distance during the visit
- Two visitors plus resident allowed during visit; no pets allowed at this time
- No food or drink may be consumed during the visit
- Each visit may not exceed one hour in length
- Visitation areas will be cleaned and sanitized after each visit
- Resident must have “screened” sticker prior to visit

Group Exercise (Starting Monday, January 11)

Group activities will be exercise classes led by Helen & Rob.

Exercise Class Guidelines:

- Maximum of nine attendees, plus one instructor per class (social distancing will be observed)
- Reservations are not required; classes are available on a first-come, first-serve basis
- Classes will be offered as follows:
 - Monday & Wednesday at 10 am in the Activity Center with Helen
 - Tuesday & Thursday at 10 am in the Activity Center with Rob
 - Friday at 10 am a virtual stretch class is offered on channel 1851
- Fitness instructor and residents must wear mask or cloth face covering to, during, and leaving each activity
- Room and equipment used will be cleaned and sanitized before each class
- Resident must have “screened” sticker prior to each class

Activity Center Usage (Starting Monday, January 11)

Residents may begin to use the activity center and weight room one person at a time.

Activity Center Guidelines:

- One resident (or couple residing in the same apartment) at a time may use the activity center and/or weight room
- Reservations will be 50 minutes each and must be made through the sign-up sheet outside of the activity center/weight room
- Residents must wear mask or cloth face covering to, during, and leaving the activity center/weight room
- Fitness equipment and items used will be cleaned and sanitized by resident before and after use
- Resident must have “screened” sticker prior to going to the activity center/weight room

PS Salon & Spa (Opening TBD – will communicate once confirmed)

When PS Salon & Spa’s reopening to all independent living residents is confirmed, you may call them directly at 816-595-5085 to schedule an appointment.

PS Salon Guidelines:

- All salon professionals and residents will wear mask or cloth face covering to, during, and leaving each appointment
- Only one resident will be in the salon at a time — if you arrive early for your appointment, please wait in the library or Madison Living Room until you’re instructed to enter the salon
- Payments can be made via credit card, check to PS Salon or through your PS Salon Celebration Account (notify PS Salon if you need assistance setting up an account)
- The salon will be cleaned and sanitized before each appointment
- Resident must have “screened” sticker prior to salon appointment