



The AMBASSADOR

SAINT LUKE'S BISHOP SPENCER PLACE

June 2020



Saint Luke's
BISHOP SPENCER PLACE



Fitness

Yoga with Adriene
bit.ly/2AHnBkZ

A selection of videos that includes Chair Yoga, Yoga for Beginners, Yoga for Back Pain, and more.

Audiobooks

Audible
audible.com

30-day free trial comes with 1 free audiobook plus a selection of Audible Originals and guided wellness programs.

Chirp
chirpbooks.com

Offers new deals each day of 70–90% off selected audiobooks, no subscription needed.

Kansas City Public Library
kclibrary.org/digital

Johnson County Libraries
jocolibrary.org/elibrary

Both libraries offer ebooks, audiobooks, magazines, newspapers, music, videos, and online learning resources that can be downloaded to a mobile device or streamed online.



A few words from the CEO...



While I talk to residents frequently and think I have a pretty good understanding of the “resident experience” during this epidemic, I wondered if, due to their seclusion, residents were wondering what life was like outside BSP. I thought I would share my perspective.

Life outside of BSP for me is in one word—scary! I limit where I will go. These include only a grocery store and a gas station—but these most mundane errands are riddled with a rigorous thought process I follow trying to be as safe as I can. A gas station stop has me wearing gloves, wiping down pumps and my credit card before putting it back, and making sure gloves and wipes are discarded after I wipe down my car door handle before re-entering my vehicle. Grocery stores and pharmacies have a mix of people who choose to mask and not mask or social distancing guidelines, so I am extra careful to ensure distancing and sanitization procedures. Groceries are wiped down in the garage before they enter my house.

In short, it isn’t the “world as we knew it” out there. My goal, and the goal of my colleagues is to ensure our families and our residents are safe and to limit exposure as much as possible. I have heard from many of the colleagues who work here that they feel our community is the safest place they can be. I feel the same and we all hope you do too.

Yours in health,
Dee



HAPPY

BIRTHDAY

Ed Russell, June 1

Jack Jonathan, June 2

Barbara Gattermeir, June 10

Viv Gregory, June 12

Jim Hotchkiss, June 12

Mary Barnard, June 14

Ann Lillis, June 14

Marceline Franey, June 16

Harriett Kokjer, June 16

Susan Truog, June 19

Carol Owen, June 20

Ann Matheny, June 22

Helen McKay, June 23

Ann Atkin, June 27

Bill Buckner, June 29



Summer Solstice LIVE from Stonehenge

Saturday, June 20, 3:30–11 p.m., Central Daylight Time
facebook.com/englishheritage/

Because of the measures in place to combat coronavirus, spectators can't travel to Stonehenge in person this year, but live coverage of sunset and sunrise means you won't miss a moment of summer solstice. Cameras will capture the best views of Stonehenge, allowing you to connect with this spiritual place from the comfort of your own home.



Shakespeare's Plays at the Globe Theatre

shakespearesglobe.com/watch

Shakespeare's Globe Theatre in London is streaming free performances of several of their past productions, including Macbeth, The Merry Wives of Windsor, The Tempest, A Midsummer Night's Dream, Much Ado About Nothing, Othello, The Merchant of Venice, Romeo and Juliet, Hamlet, and more.

IN LOVING MEMORY



Judith Fowler

Rhoda (Sue) Russell

Answers to Celebrity Bingo on page 6.

1. Savadore Dali; 2. Frida Kahlo; 3. Andy Warhol; 4. Rembrandt van Rijn; 5. Leonardo da Vinci; 6. Ella Fitzgerald; 7. Liberace; 8. Harry Belafonte; 9. Connie Francis; 10. Johnny Cash; 11. Gary Cooper; 12. Shirley MacLaine; 13. Goldie Hawn; 14. Julia Roberts; 15. David Niven; 16. Will Chamberlain; 17. Simone Biles; 18. Bret Saberhagen; 19. Usain Bolt; 20. Dick Butkus; 21. Marie Curie; 22. Jane Goodall; 23. Lee Korte Meyer; 24. Florence Nightingale; 25. Langston Hughes.



Hope you all enjoyed the peonies in our garden this year. This has been a spectacular season for them. If you missed those lovely beauties last month, take a stroll around our garden. Some of the peonies should still be in bloom early in June. Hurry! The blooms each last only 7 to 10 days.



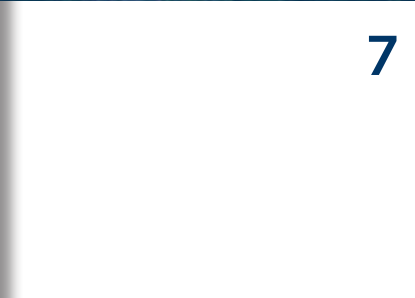





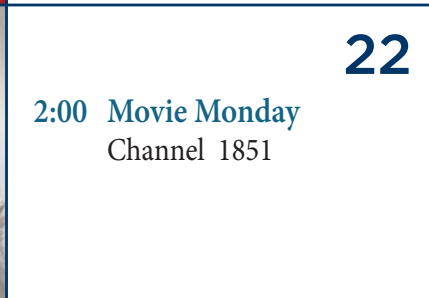

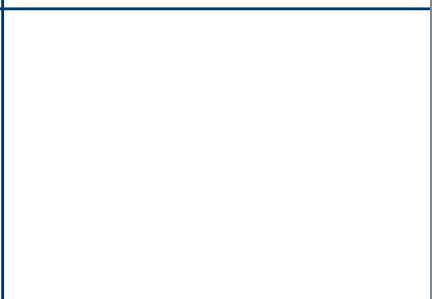


Two beautiful embellishments were planted last month on both sides of the angel gracing the north wall of our Memory Garden. They are named mandevillas. And yes, the days are going to become sunnier and warmer!

Will wonders never cease? Three joe-pye weeds were chopped down last year just at the beginning of their flowering. They must have liked their secluded spot at the northeast corner of our garden. We now have six or more, full of life. At this rate, we might have a forest out there. These are Missouri perennials; butterflies like them, and the flowers can be dried.

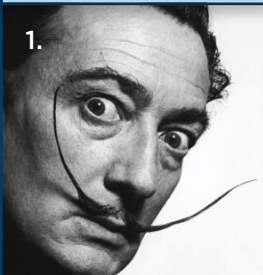

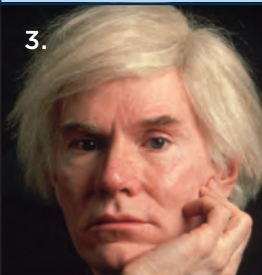

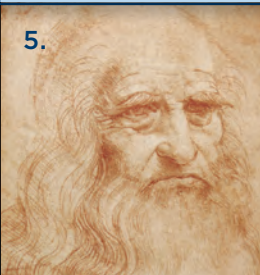






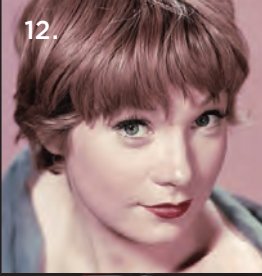



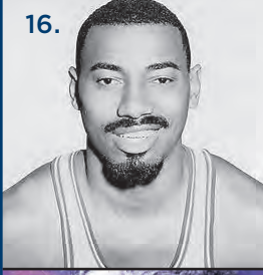



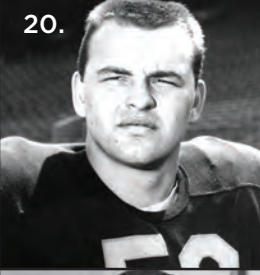


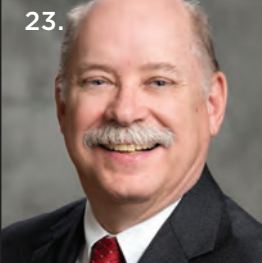


Enjoy your life at Bishop Spencer Place. Stroll the gardens, take the pictures, do a crossword puzzle, read a book, go to the art gallery, watch a movie, and call a friend.

—Bobbie Ellis


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	 1 2:00 Movie Monday Channel 1851	 2	 3 3:00 Great Courses "America's Founding Fathers" Channel 1851	 4	 5 National Donut Day	 6 D-Day
 7	 8 2:00 Movie Monday Channel 1851	 9	 10 3:00 Great Courses "America's Founding Fathers" Channel 1851	 11 Corn on the Cob Day	 12	 13
 14 Flag Day	 15 2:00 Movie Monday Channel 1851	 16	 17 National Eat Your Vegetables Day 3:00 Great Courses "America's Founding Fathers" Channel 1851	 18 Nursing Assistants Day <i>Please join us in a toast to our nursing assistants!</i>	 19 OUTDOOR CONCERT! Doug Talley Quartet 3-3:30 p.m.—Bishop's Garden 3:50-4:20 p.m.—Jefferson Pkg Lot <i>Weather Permitting</i>	 20 Summer Solstice
 21 Father's Day	 22 2:00 Movie Monday Channel 1851	 23 National Hydration Day	 24 3:00 Great Courses "America's Founding Fathers" Channel 1851		 26 OUTDOOR CONCERT! Molly Hammer & Joe Cartwright 3-3:30 p.m.—Bishop's Garden 3:30-4 p.m.—Jefferson Pkg Lot <i>Weather Permitting</i>	 27
 28	 29 2:00 Movie Monday Channel 1851	 30 Meteor Watch Day				

Celebrity Bingo

Can you name these famous people?

	B	I	N	G	O
Artists	1. 	2. 	3. 	4. 	5. 
Singers	16. 	7. 	8. 	9. 	10. 
Actors	11. 	12. 	13. 	14. 	15. 
Athletes	16. 	17. 	18. 	19. 	20. 
Important Figures	21. 	22. 	23. 	24. 	25. 

See answers on page 3.



An additional word to the community

I have had the pleasure to meet many of you during this time I'm here in Kathy's stead and until her return. In the meantime, do reach out to me. . . call, see me, etc., any time.

—Chaplain Mark Jeske

Livestreaming SUNDAY SERVICES

St. Andrew's Episcopal

8 a.m., 10:15 a.m.

standrewkc.org/live-worship

All Souls Unitarian Universalist

11:10 a.m.

bit.ly/3g7G62f

Immaculate Conception

11:00 a.m.

facebook.com/golddomekc

Community Christian Church

10:30 a.m.

facebook.com/Community4KC

bit.ly/2WGqsDH

Conception Abbey

7:45 a.m., 10:30 a.m., 5:30 p.m.

conceptionabbey.org/live

St. Paul's Episcopal

10 a.m.; Wednesday, 6 p.m.

facebook.com/StPaulsKCMO

Unity Temple on the Plaza

10:30 a.m.

bit.ly/2yfspgE

Village Presbyterian Church

9:30 a.m.

villagepres.org/online



Back in the 60s, folk singer Allan Sherman became famous for his parodies of well-known tunes. For example, the popular French love song, "C'est Si Bon," became "I See Bones," in which a doctor tells his patient about all the things he sees in the patient's X-ray. Two dollars in change for starters, but that's not all. The doctor goes on to report that "there are things in your peritoneum that belong in the British Museum."

That line always made me laugh when I was a kid, though I didn't know a peritoneum from a periscope. These days I understand the distinction, because there are things in my peritoneum that don't belong there. Specifically, cancer. As I write this, I will be having surgery followed by chemo, all toward the goal of clearing the cancer out of my body and preventing its return.

As you might imagine, I've hit emotional and spiritual highs and lows in the on-going process of coming to terms with this. In all of that I have experienced God's amazing grace over and over, at the hands of the medical professionals who have helped me, and from the folks who are praying for me, keeping in touch, sending cards, taking care of groceries, taking care of the cats when I've been in the hospital, the list goes on and on. I am profoundly grateful for the care and concern of all the people who comprise my village, including the residents and staff of BSP.

My doctor estimates that I will be back at BSP towards the end of June, but it may be sooner or later depending on the outcome of surgery and chemo. I look forward to seeing you all whenever my health permits, and in the meantime, I ask for your continued prayers.

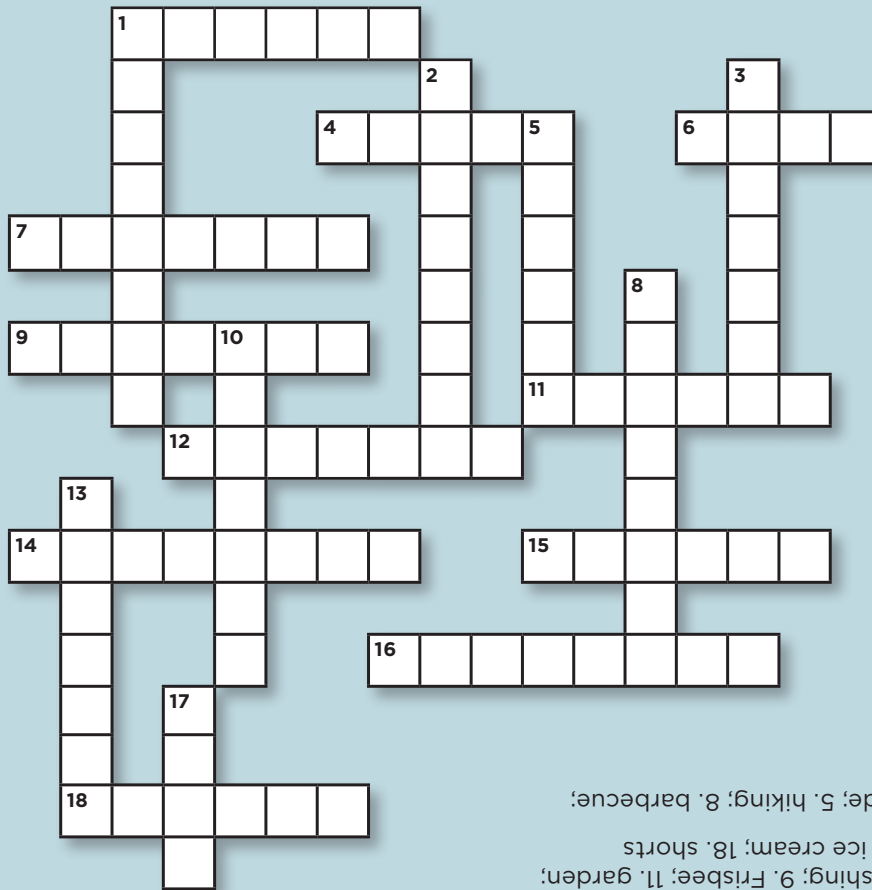
Julian of Norwich, an English mystic who lived some 600 years ago, has been on my mind of late. She lived through the bubonic plague at a time when such tribulations were seen as a sign of God's wrath for humanity's wrong-doing. We might be tempted to see things like COVID-19, or cancer, in that same light, but Julian would tell us the same thing she told her contemporaries: that our God is a God of love and joy who desires only to heal and restore because God's delight in humanity knows no bounds.

Whenever we are tempted to despair of our circumstances, Julian reminds us of God's true will for us:

I may make all things well, and I can make all things well, and I shall make all things well, and I will make all things well; and you will see for yourself that every kind of thing will be well.

—Chaplain Kathy Hall

Summer CROSSWORD



Across

1. Beachgoer's pride
4. Surfer's hangout
6. Dog days month
7. Rod & reel sport
9. Disk you whisk
11. Make a bed?
12. Roughing it, perhaps
14. Treat on a stick
15. Alfresco meal
16. Parlor treat
18. Bermuda _____

Down

1. Beach attire
2. Worker's respite
3. Not indoors
5. Tramping on the trail
8. Outdoor cookout
10. Lake activity
13. Ballpark fare
17. Summer cooler

Across: 1. suntan; 4. beach; 6. July; 7. fishing; 9. Frisbee; 11. garden; 12. camping; 14. popsicle; 15. picnic; 16. ice cream; 18. shorts
Down: 1. swimsuit; 2. vacation; 3. outside; 5. hiking; 8. barbecue; 10. boating; 13. hotdogs; 17. pool

