



COVID-19: March 20, 2020 Updated Community Information

Bishop Spencer Place is home to our residents, and we take our responsibility to make it a healthy place seriously. Together, we can be diligent to not introduce illnesses into our community.

Visitor Restrictions

Visitors are temporarily restricted community-wide. Exceptions exist in end-of life situations or when the visitor is essential to the emotional health and well-being of the resident, these exceptions are reviewed on a case-by-case basis. Exempt visitors must meet the screening criteria, wear a mask, and will be restricted to the resident's home.

Restricting access does not limit family and loved ones being a support system for Bishop Spencer Place residents – use us to help bridge this gap, contact our concierge and, together, we can come up with creative solutions.

Restrict Volunteers and Non-Essential Staff

We are committed to the health and well-being of our staff as they provide the highest level of care to our residents. All staff are required to monitor and record their temperatures daily before their shift and when they return home. Additionally, volunteers and non-essential staff (i.e. barbers, stylists) are temporarily restricted from the community.

Social Distancing

One of the ways we can help keep ourselves and our community safe is to practice “social distancing.” This means limiting contact with others—including staying 6 feet apart, not shaking hands or hugging. Social distancing is an important step to help prevent the spread of germs in our community. Limiting contact reduces opportunities for transmission of illnesses.

Cards, puzzles, and other activities

As we temporarily suspend group activities, many residents have asked for ideas to stay connected to their neighbors, friends, and loved ones. We are not restricting moving about the community, but we must caution against activities even with less than 10 people if activities cannot be enjoyed from six feet apart. Card games and puzzles, for example, are typically less than 10 people, but it is challenging to play card games at a six feet distance.

Alternate activities

Activities online and within our community exist to keep you active and engaged with these temporary preventative measures. Our Life Enrichment Director and leadership are compiling a



list of online workouts and engaging, fun, and safe activities both virtual and within the community.

Common areas

Common areas such as the Westport Library, the gardens, laundry facilities, and common areas will remain open where residents are able to maintain a six feet distance.

Leaving the Community

Many residents and their families have asked about leaving the community. In order to limit introduction of illnesses to our residents, we ask you restrict leaving Bishop Spencer Place. We ask Madison and Jefferson residents who must leave at any time, re-enter through the Madison entrance for screening. Please note: a walk outside does not require re-screening, as long as residents were not in contact with others.

Deliveries

We understand restricting visitors is inconvenient to our residents who rely on family and friends to assist with groceries, pharmacy, and other day-to-day activities. We encourage residents to reach out to loved ones to arrange deliveries to the Madison Concierge and we will then deliver to our resident's homes. Additionally, we are available to provide assistance in placing online grocery orders. We recommend moving all pharmacy orders to a delivery option or a pharmacy accommodating delivery as an option. We are aware of residents who need additional support and those who need assistance can contact Windsor Care at 816-868-0131

Mail

To ensure no disruption in mail service, Bishop Spencer Place staff is receiving and delivering mail to our community. Please continue to give all outgoing mail to the Madison concierge.

With Gratitude

As a Bishop Spencer Place family – we fully appreciate the restrictions placed result in hardship and many times inconveniences, we are a strong community, and in our commitment to working together, we can ensure everyone – residents and staff -- stay healthy and safe during these challenging and uncertain times.



Madison and Jefferson In-Home Dining Changes

As we are adapting to in-home dining, we have created a schedule for breakfast, lunch, and dinners by apartment building and by floor. As we continue to improve on delivering in-home dining 7 days per week, we are committed to finding the most efficient way for you to receive your meals.

Please note approximate times for deliveries, by building and floor:

	Breakfast	Lunch	Dinner
Madison Apartments			
Floor 1	8:00-8:15	11:00-11:15	5:00-5:15
Floor 2	8:15-8:30	11:15-11:30	5:15-5:30
Floor 3	8:30-8:45	11:30-11:45	5:30-5:45
Jefferson Apartments			
Floor 1	8:45-9:00	11:45-noon	5:45-6:00
Floor 2	9:00-9:15	Noon-12:15	6:00-6:15
Floor 3	9:15-9:30	12:15-12:30	6:15-6:30
Floor 4	9:30-9:45	12:30-12:45	6:30-6:45

While we all miss our normal Sunday brunch, we are happy to include one of our famous cinnamon rolls with your Sunday breakfast delivery.

