

The AMBASSADOR

SAINT LUKE'S BISHOP SPENCER PLACE

January 2020



 **Saint Luke's**
BISHOP SPENCER PLACE

ACTIVITY KEY



Celebration



Movie



Theatre



Arts



Music



Nature



Excursion



Speaker



Cocktails



Dining



**Coffee &
Conversation**



Class



Health

A few words from the CEO...



Happy New Year! I'm so excited about the prospect of a new year full of new opportunities. I am pleased to share that the launch of our remodel in York Place has begun. The first phase is to produce two prototype rooms (one semi-private and one private), which we anticipate being completed between the middle and end of January. Once those are complete, we will seek feedback from residents, families, colleagues, and system partners to ensure that we are addressing as many aesthetic and operational needs as we are able.

Once we have received the feedback and made any needed adjustments, construction will begin. We are anticipating the entire project to last between 18 and 24 months. As the project continues, we will be providing updates and answering questions we receive through a Questions and Answers flyer.

This promises to be a beautiful update for our York Place patients, residents, families, visitors and colleagues.

Happy New Year!
Dee

Lunch and Bridge Mixer



Monday, January 6, Noon, Canterbury Dining Room

Get together with friends, eat a delicious lunch, and, best of all, play bridge! We get together on first Monday of each month, except holidays. **Please reserve your lunch with Sarah or Aggie with PB&J so they can have an accurate count for bridge foursomes.**



This is a monthly magazine for residents of Saint Luke's Bishop Spencer Place.

Bishop Spencer Place ♦ 4301 Madison Ave., Kansas City, MO 64111
816-931-4277 ♦ BishopSpencerPlace.org



Speaker Series: Jennie Gusewelle

Thursday, January 2
3:00 p.m., Westport Room

Jennie Gusewelle will discuss her documentary series *Finding Refuge in KC*.

The series takes us inside the homes and lives of five refugees who are giving back to the community that received them. A young Congolese man leads his college student government. A loving Somali mother helps new arrivals like herself. A Syrian family is grateful for Kansas City's welcoming spirit and medical expertise. A former refugee from Europe is a beloved restaurateur. And a Vietnamese businessman regales his customers with Frank Sinatra's "My Way."

Produced by KCPT and Gusewelle Films, *Finding Refuge in KC* highlights the extraordinary resilience of immigrants who have endured war, dislocation, and refugee camps. It is produced and directed by Jennie Gusewelle, daughter of BSP resident Katie Gusewelle and the late KCPT contributor and Kansas City *Star* columnist C.W. Gusewelle. The series was filmed by Dave Burkhardt, one of C.W. Gusewelle's longtime collaborators.



Movie Classic with Robert Butler: *Gaslight*

Friday, January 3, 2:00 p.m.
Westport Room

This 1944 psychological thriller, about a woman whose husband slowly manipulates her into believing that she is going insane, stars Ingrid Bergman, who won the Oscar for Best Actress, Charles Boyer, Joseph Cotten, and 18-year-old Angela Lansbury in an Oscar-nominated screen debut as Best Supporting Actress.



Watercolor Class with John Keeling

Monday, January 6
1:00–2:30 p.m., Activity Center

Artist John Keeling teaches a watercolor class on the first Monday of each month.

On Mondays, January 13, 20, and 27, enjoy Open Art from 1–2 p.m. in the Activity Center.

NOTE | We will not hold the following activities this month:

Spirituality & All That Jazz

Lunch & Learn: Take My Course, Please!

Art Blocks/Donna Houtteman



Artist Reception: Betse Ellis

Wednesday, January 8
4:00 p.m., Art Gallery

Betse Ellis, the musician daughter of Bobbie Ellis who entertains us with lively folk music with partner Clarke Wyatt, will show an exhibition of her photography based on her musical travels.



Speaker Series: Sean O'Harrow

Thursday, January 9
3:00 p.m., Westport Room

Born in Paris and raised in Honolulu, Sean O'Harrow has been the Executive Director of Kemper Museum of Contemporary Art since February. An expert in British and American art and architecture, he previously served as the director of the Honolulu Museum of Art, the University of Iowa Museum of Art, and the Figge Art Museum in Davenport, Iowa, and served on the board of the Iowa Arts Council. He holds a Ph.D. from Cambridge and a B.A. from Harvard, both in art history.



Joe Cartwright & Molly Hammer Duo

Friday, January 10, 3:00 p.m.
Madison Living Room

Join us for an afternoon of jazz with two BSP favorites, singer Molly Hammer and pianist Joe Cartwright. Joe served for ten years as music director for the NPR radio show *12th Street Jump*. KC treasure Molly Hammer, named the *Pitch's* best jazz singer, has dazzled audiences at the Kauffman Center and many KC venues.



Kelly Ker Hackleman

Friday, January 17, 3:00 p.m.
Madison Living Room

Dr. Kelly Ker Hackleman serves as Adjunct Associate Professor of Music at the UMKC Conservatory of Music and Dance. As an orchestral pianist, she has played for the Montréal Symphony Orchestra, Philadelphia Orchestra, National Symphony Orchestra, Baltimore Symphony, Kennedy Center Opera Orchestra, and the Kansas City Symphony.

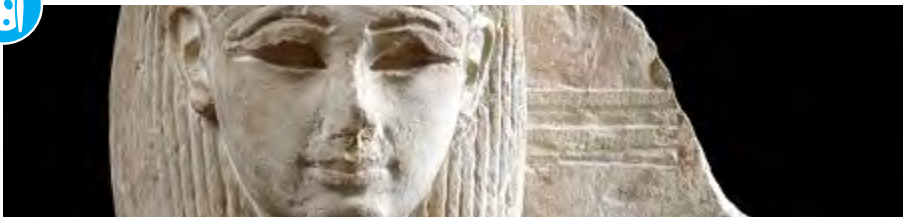


Speaker Series: Syed Khalid

Saturday, January 18
4:00 p.m., Westport Room

RESCHEDULED | Dr. Syed Khalid earned his medical degree from King Edward Medical College, Pakistan, and completed his internship and residency at Illinois Masonic Medical Center and a fellowship at Loyola University Medical Center. Dr. Khalid will discuss Muslim culture.

Thank you to BSP resident Dr. Zoller for facilitating Dr. Khalid's visit. The talk is scheduled on a Saturday to fit Dr. Khalid's schedule. Bring your questions—he hopes for a lively Q&A.



Nelson-Atkins Tour of the Queen Nefertari: Eternal Egypt Exhibition

Monday, January 13, BSP bus departs at 1:30 p.m.

Queen Nefertari, the Great Royal Wife of Pharaoh Ramesses II, was known as *The One for Whom the Sun Shines*. In this exhibition, you can experience the magnificence of royal palaces and tombs—including Nefertari's burial chamber, considered one of the greatest artistic achievements in the Valley of the Queens—and explore the daily life of the village where tomb builders and artisans lived, worked, and worshipped more than 3,000 years ago.

Drawn from the world-renowned Museo Egizio in Turin, Italy, the exhibition presents the richness of life in ancient Egypt, focusing on the role of women—goddesses, queens, and commoners. Works of art from the excavations will bring ancient Egypt to life for 21st-century audiences.

This is a docent-led tour. We have seats for twelve residents on the bus—first come, first served! Sign up with the concierge or Helen.



The Noteables

Wednesday, January 22
1:30 p.m.

Madison Living Room

The Junior League of Kansas City's renowned singing group—The Noteables—is back! The group has been performing for more than 35 years, and two of the original members are still part of the ensemble. This group is special to BSP, as many of the members are friends of our residents.

JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
A Abbey CD Coventry Dining Room CDR Canterbury Dining Room CH Chapel CL Coventry Living Room	MLR Madison Living Room RR Room to Room TR Therapy Room YD York Dining Room YG York Garden YL York Lounge	* PFL = Pets For Life	New Year's Day 1 OFFICES AND PS SALON CLOSED No scheduled activities.	2 11:00 Walking Club 1:30 Needlework Hour CD 3:00 Bingo CD	3 10:30 Resident Council TR 11:00 Stretch & Strengthen CD 1:00 Manicures RR 3:00 Pie of the Month CD	4 11:00 Exercise CD 11:00 Rosary CH 2:00 Saturday Movie CD
5 10:00 Holy Eucharist CH 2:15 Sunday Movie CD 3:00 Bingo YL	6 11:00 Stretch & Strengthen CD 1:30 Puzzle Hour 2:30 Movie CD	7 9:30 Coffee & Donuts 11:00 Slow Stretch CD 2:00 PFL Charlie the Pom RR 3:00 Bingo CD 6:15 Game Night YL	8 11:00 Stretch & Strengthen CD 1:00 PFL Jan & Badger RR 1:15 Prayer Group CD 3:00 Bunco CD	9 11:00 Walking Club 1:30 Needlework Hour CD 3:00 Bingo CD	10 11:00 Stretch & Strengthen CD 1:30 Chair Volleyball WR 3:00 Vocalist Molly Hammer & Pianist Joe Cartwright MLR	11 11:00 Exercise CD 11:00 Rosary CH 2:00 Saturday Movie CD
12 10:00 Holy Eucharist CH 2:00 PFL Charlie the Pom RR 2:15 Sunday Movie CD 3:00 Bingo YL	13 11:00 Stretch & Strengthen CD 1:30 Puzzle Hour 3:00 Pianist Donna Maddox YL	14 9:30 Catholic Mass CH 11:00 Slow Stretch CD 1:30 Gin Rummy 3:00 Bingo CD 6:15 Game Night YL	15 11:00 Stretch & Strengthen CD 1:00 PFL Jan & Badger RR 1:15 Prayer Group CD 3:00 Pianist Lenn Anderson YL	16 11:00 Walking Club 1:30 Needlework Hour CD 3:00 Baking Club TR	17 11:00 Stretch & Strengthen CD 1:00 Manicures RR 3:00 Pianist Kelly Kerr Hackleman MLR	18 11:00 Exercise CD 11:00 Rosary CH 2:00 Saturday Movie CD
19 10:00 Holy Eucharist CH 2:15 Sunday Movie CD 3:00 Bingo YL	Martin Luther King, Jr. Day 20 11:00 Stretch & Strengthen CD 1:30 Puzzle Hour 3:00 Bunco CD	21 11:00 Slow Stretch CD 1:30 Gin Rummy 3:00 Bingo CD 6:15 Game Night YL	22 11:00 Stretch & Strengthen CD 1:00 PFL Jan & Badger RR 3:00 Group Crossword CD 1:30 The Noteables MLR	23 1:30 Needlework Hour CD 3:00 Bingo CD	24 11:00 Stretch & Strengthen CD 1:30 Chair Volleyball WR 3:00 Cucharada Trio MLR	25 11:00 Exercise CD 11:00 Rosary CH 2:00 Saturday Movie CD
26 10:00 Holy Eucharist CH 2:00 PFL Charlie the Pom RR 2:15 Sunday Movie CD 3:00 Bingo YL	27 11:00 Stretch & Strengthen CD 1:30 Puzzle Hour 3:00 Pianist Donna Maddox YL	28 9:30 Catholic Mass CH 11:00 Slow Stretch CD 2:00 Valentine Craft with Artist Joleen Goff TR	29 11:00 Stretch & Strengthen CD 1:00 PFL Jan & Badger RR 1:15 Prayer Group CD 3:00 Pianist Lenn Anderson YL	30 11:00 Walking Club 1:30 Needlework Hour CD 3:00 Madison Library Re-do Reveal MLR 6:30 Bingo Night YL	31 11:00 Stretch & Strengthen CD 1:00 Manicures RR 4:30 Cocktail Hour with Tom Roberts MLR	

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
A Abbey CD Coventry Dining Room CDR Canterbury Dining Room CH Chapel CL Coventry Living Room	MLR Madison Living Room RR Room to Room TR Therapy Room YD York Dining Room YG York Garden YL York Lounge	* PFL = Pets For Life	New Year's Day 1 OFFICES AND PS SALON CLOSED No scheduled activities.	2 10:00 Music Moves YL 10:30 Current News YL 2:30 Jumbo Ball Drop YD 6:30 Bingo Night YL	3 10:00 Music Moves YL 10:30 Current News YD 1:30 Table Crossword YL 3:00 Pie of the Month YL	4 10:15 Music Moves YL 11:00 Rosary CH 2:30 Saturday Afternoon Adventure YL
5 10:00 Holy Eucharist CH 1:30 Devotions YD 2:00 PFL Charlie the Pom RR 3:00 Bingo YD	6 10:00 Music Moves YL 10:30 Current News YL 1:30 Manicures RR 3:00 Music Trivia YL	7 10:00 Music Moves YL 10:30 Current News YL 1:30 Devotions YL 3:00 Bingo YD 6:15 Game Night YL	8 10:00 Music Moves YL 10:30 Current News YL 1:00 PFL Jan & Badger RR 2:30 Afternoon Tea Party YL	9 10:00 Music Moves YL 10:30 Current News YL 2:30 Wheelchair Volleyball YD 6:30 Bingo Night YL	10 10:00 Music Moves YL 10:30 Current News YD 10:30 Resident Council A 3:00 Vocalist Molly Hammer & Pianist Joe Cartwright MLR	11 10:15 Music Moves YL 11:00 Rosary CH 2:30 Saturday Afternoon Adventure YL
12 10:00 Holy Eucharist CH 1:30 Devotions YD 3:00 Bingo YD	13 10:00 Music Moves YL 10:30 Current News YL 1:30 Manicures RR 3:00 Pianist Donna Maddox YL	14 9:30 Catholic Mass CH 10:00 Music Moves YL 10:30 Current News YL 1:30 Devotions YL 2:00 PFL Charlie Pom 3:00 Bingo YD 6:15 Game Night YL	15 10:00 Music Moves YL 10:30 Current News YL 1:00 PFL Jan & Badger RR 3:00 Pianist Lenn Anderson YL	16 10:00 Music Moves YL 10:30 Current News YL 1:30 PFL Himalayan Eugene RR 3:00 Bowling YD 6:30 Bingo Night YL	17 10:00 Music Moves YL 10:30 Current News YD 3:00 Pianist Kelly Kerr Hackleman MLR	18 10:15 Music Moves YL 11:00 Rosary CH 2:30 Saturday Afternoon Adventure YL
19 10:00 Holy Eucharist CH 1:30 Devotions YD 2:00 PFL Charlie the Pom RR 3:00 Bingo YD	Martin Luther King, Jr. Day 20 10:00 Music Moves YL 10:30 Current News YL 1:30 Manicures RR 3:00 Martin Luther King Day YL	21 10:00 Music Moves YL 10:30 Current News YL 1:30 Devotions YL 3:00 Bingo YD 6:15 Game Night YL	22 10:00 Music Moves YL 10:30 Current News YL 1:00 PFL Jan & Badger RR 1:30 The Noteables MLR 3:00 Wii Games YL	23 10:00 Music Moves YL 10:30 Current News YL 2:30 Wheelchair Volleyball YD 6:30 Bingo Night YL	24 10:00 Music Moves YL 10:30 Current News YD 1:30 Table Crossword YL 3:00 Cucharada Trio MLR	25 10:15 Music Moves YL 11:00 Rosary CH 2:30 Saturday Afternoon Adventure YL
26 10:00 Holy Eucharist CH 1:30 Devotions YD 3:00 Bingo YD	27 10:00 Music Moves YL 10:30 Current News YL 1:30 Manicures RR 3:00 Pianist Donna Maddox YL	28 9:30 Catholic Mass CH 10:00 Music Moves YL 10:30 Current News YL 1:30 Devotions YL 2:00 PFL Charlie RR 3:00 Bingo YD 6:15 Game Night YL	29 9:30 Notre Dame De Sion Program YD 1:00 PFL Jan & Badger RR 3:00 Pianist Lenn Anderson YL	30 10:00 Music Moves YL 10:30 Current News YL 2:30 Jumbo Ball Drop YD 6:30 Bingo Night YL	31 10:00 Music Moves YL 10:30 Current News YD 2:45 Chinese New Year Celebration YL	



Speaker Series: Tom Corbin

Tuesday, January 21

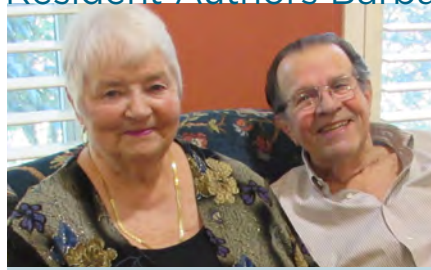
3:00 p.m., Westport Room

Born in Dayton, Ohio in 1954, Tom Corbin's early fascination in art was inspired by his mother, an art teacher. Despite studying painting and drawing at Miami University, Tom's original career pursuit was as an advertising executive. A chance meeting with a bronze sculptor in 1982 led to a deepened interest in bronze casting and thoughts of a career in art. In 1986, Tom left the secure confines of his advertising agency job for the unpredictability of life as a full time sculptor.

Tom landed his first major public commission in 1988. Additional commissions followed. During this period, Tom was also experimenting with furniture design, an area that would play a major role in the growth of his studio operation.

Now in his fourth artful decade, Tom's work appears in over 20 museums, galleries, and showrooms. Individual collectors include Nicole Kidman, Jack Nicholson, Sofia Vergara, and Frank Sinatra. Public installation sites include the United Nations, Florida State University, and The Kauffman Foundation. Tom was most recently commissioned to produce a bronze monument of President Harry S. Truman for Statuary Hall in the U.S. Capitol.

Resident Authors Barbara McCool & Monty Brown



BSP Residents Barbara McCool and Monty Brown have published their book, *Active Aging*, now available on Amazon!

Barbara McCool had a long career in nursing, hospital administration, and academic posts at Northwestern University and Duke University. After embarking on a consulting career, she earned a Masters in Transpersonal Psychology, building on her spiritual beliefs with secular training in this closely related discipline.

Montague Brown held a faculty post at Northwestern University and a professorship at Duke University. His work on bringing management thinking into healthcare continues to play out in the field. His work on health care systems led to a law degree.

This book is a study of how beliefs about diet, nutrition, aging, and lifestyles change over time. The authors lived this journey, and at ages 86 and 88, they live actively, continuing research into how lifestyles can be designed to live a healthier and longer life.



Cucharada Trio!

Friday, January 24, 3:00 p.m.

Madison Living Room

BSP is pleased to welcome back the Cucharada Trio. With Sean Mawhirter on guitar, Tina Bilberry on violin, and Guy Montes on flute, Cucharada brings lively tango music to the Midwest. Their aim is to pursue the canon synonymous with Argentina, being true to the aesthetic while carving out their own interpretations.

Saint Luke's Medical Student Interviews

Tuesday, January 28

8:00 a.m.-Noon

**Madison Living Room/
Canterbury Dining Room**

This is your opportunity to be of great service to young minds! We need volunteers to help new med students become more comfortable interviewing people within our population. We need 11 volunteer residents total:

8-10 a.m.	6 volunteers
10 a.m.-noon	5 volunteers

Sign up with Helen.

Chaplain's CORNER

In general, we don't know what any New Year will bring, but we know that this New Year will involve a presidential election, with plenty of angst and drama. Not to mention wars, economic and environmental issues, family and health concerns...

There are plenty of serious things going on as we enter 2020, and we need to keep them in perspective for our own well-being. Humor is one way to do that, so as we head into 2020, I would like to share with you something that one of you (you know who you are) shared with me.

A German Shepherd, a Rottweiler, and a cat are at the gates of heaven, where God has a question for them, starting with the Shepherd: "What can you do for me in heaven?" The Shepherd replies, "I'm loyal and a good learner—you can teach me anything you want me to do!" "Very good," God says. "You can sit here at my right hand."

Same question to the Rottweiler, who says, "I'm also loyal, and a fierce protector!" "Good," God says. "Sit here at my left hand."

God then turns to the cat who says, before God can get a word out, "Would you please get out of my chair?"

May your New Year be filled with good things, including the blessing of humor when you need a bit of distance from the serious things of life. As it says in the Good Book:

A merry heart doeth good like a medicine. (Proverbs 17:11)

—Chaplain Kathy Hall

Roman Catholic Mass

Father Bob: Tuesdays, January 14 & 28, 9:30 a.m., Chapel

The History of Christianity in the Reformation Era

Tuesdays, 11:00 a.m., Jefferson Living Room

We will continue working our way through church history, focusing on the Reformation. **Please note: We will meet in the Jefferson Living Room all month.**

Pray the Rosary

Saturdays, 11:00 a.m., Chapel

Café Hope

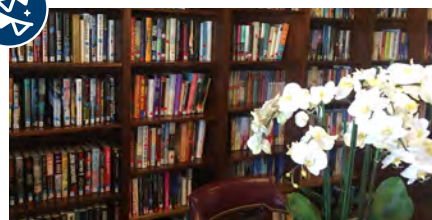
Wednesday, January 22, 11:00 a.m., Chapel



The Great Courses: Western Civilization

Wednesday, January 29
3:00 p.m. | Westport Room

Scholar and teacher Thomas F. X. Noble of the University of Notre Dame explores the vast and rich territory of Western civilization, from its humble beginnings to the dawn of the modern world.



Madison Library Re-do Reveal

Thursday, January 30
3:00 p.m., Madison Living Room

Join us as we reveal the newly renovated Madison Library. Resident Tanya Palmer spearheaded the revamp! Clark Achelpohl and other wonderful residents pitched in and tirelessly reorganized and updated our resources.

Thoughtful Quote

I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel.

—Maya Angelou

HAPPY BIRTHDAY



Gloria Stull, January 3

Phoebe Bunting, January 10

Bob Solenberg, January 13

Ken Kampfe, January 22

Zelma Dockery, January 25

Marie Fellers, January 30

Dave Zoller, January 30

GOOD BOOKS READING GROUP

Monday, January 27
11:00 a.m., Chapel

We will discuss *Old Baggage*, by Lissa Evans, available in print, electronic, and audiobook formats.



PLAZA LIBRARY



Thursday, January 30

BSP bus departs at 2:45 p.m. and returns for pickup at 4:00 p.m.

Sign up with the concierge.

Book NOTES

The solstice has heralded the beginning of winter, and with it many natural creatures hibernate, including human beings. That doesn't necessarily mean that we need to become physically isolated, but these three months are a great time to go within, to reassess, to look within your own mirror.

A guide for this process can be a book that you treasure for its guidance and/or wisdom, and the libraries of Bishop Spencer are full of such titles. Poetry is a particularly good guide, and you will find a plethora of international titles in this genre in the new Westport Library.

A particular title of poetry that you might want to investigate is *Dancing Shadows Poems* by Mary Brubaker, Bill Buckner's sister. The poems are beautiful, profound, and challenging, as are the accompanying photographs. The volume has a simple brown spine, and I can point it out to anyone amongst the poetry books.

There are also titles in Christianity and other sacred traditions, as well as the works of His Highness the Dalai Lama, Carl Jung, and Paul Brunton, whose posthumously published sixteen-volume *Notebooks* are particularly conducive to introspection.

Enjoy!

—Dr. Jeffrey Weidman

With Appreciation

A special thank you to all residents who hosted the wonderful Employee Luncheon and to the residents, family members, board members, and others who donated to our Employee Holiday Fund—with much gratitude and appreciation for your support throughout the year!

Happy 2020!



Cocktail Hour

WITH TOM ROBERTS

Friday, January 31, 4:30 p.m.

Madison Living Room | Canterbury Dining Room

Tom will perform while wine is served, 4:30–6:00 p.m.

Listen while you sit in the Pub, dine in the Canterbury Dining Room, or enjoy wine and cocktails in the Madison Living Room. Daily special and full dinner menu is available, also with complimentary drinks.

