Saint Luke's
BISHOP SPENCER PLACE

LIFE ENRICHMENT | INDEPENDENT LIVING

DECEMBER 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						❖ see Clark A. for Saturday and Sunday Ping-Pong times
1 10:00 Holy Eucharist *CH* 11–1 Brunch *CDR* 3:00 Movie *JLR* Ping-Pong open play *WR* ❖	**2** 9:30 Tai Chi *AC* 10:30 Stretch *AC* 12:00 Lunch & Bridge Mixer *CDR* ✻ 1:00 Art Class: John Keeling *AC* ✻ 1:30 Dollar Tree Trip ✻ 4:30 Men's Club *P*	**3** 10:00 Strength & Balance *AC* 11:00 Advent Studies *JLR* 11:15 Resident Connections *AC* 1–2 Blood Pressure Check *109* 1:30 Arthritis Exercise *AC*	**4** 10:00 Stretch *AC* 10:30 Grocery Store Trip ✻ 1:00 Tai Chi *AC* 1:00 Ping Pong *WR* 2:30 Speaker: Catherine Futter *WR* 6:30 Bus Departs for *Spirituality and All That Jazz* ✻	**5** 10:00 Strength & Balance *AC* 1:30 Arthritis Exercise *AC* 2–4 CC Bank *MLR* 2:00 Life Enrichment Committee *P* 2:00 Dining Committee *A* 3:00 Speaker Series: Syed Khalid *WR*	**6** 10:00 Stretch *AC* 1:00 Movie Classic with Robert Butler: *Night of the Hunter WR* 3:30 Speaker Series: Nicole Galloway *WR*	**7** 9:30 Grocery Store Trip ✻ 11:00 Rosary *CH* 2:00 Janet Howard Student Christmas Recital *MLR* 7:00 Movie *JLR* Ping-Pong open play *WR* ❖
8 10:00 Holy Eucharist *CH* 11–1 Brunch *CDR* 1:30 Saints & Singers Trio *MLR* 3:00 Movie *JLR*	**9** 9:30 Tai Chi *AC* 10:30 Stretch *AC* 2:30 Gift Making with Artist Joleen Goff *AC* ✻ 4:30 Ladies' Club *P*	**10** **9:30 Catholic Mass *CH*** 10:00 Strength & Balance *AC* 11:00 Resident Council *Pub* 11:00 Advent Studies *JLR* 1–2 Blood Pressure Check *109* 1:30 Arthritis Exercise *AC* 3:00 Speaker Series: Melinda Henneberger *WR*	**11** 10:00 Stretch *AC* 10:30 Grocery Store Trip ✻ 1:00 Tai Chi *AC*	**12** 10:00 Strength & Balance *AC* 1:30 Arthritis Exercise *AC* 2–4 CC Bank *MLR* 5:30 Heartland Men's Chorus *MLR*	**13** 10:00 Stretch *AC* 1:30 Chair Volleyball *WR* 3:00 Opus 76: Fourth of Four Beethoven Concerts *MLR*	**14** 9:30 Grocery Store Trip ✻ 11:00 Rosary *CH* 6:00 Dinnertime Caroling: Diocese of West Missouri *MLR/CDR* 7:00 Movie *JLR* Ping-Pong open play *WR* ❖
15 10:00 Holy Eucharist *CH* 11–1 Brunch *CDR* 3:00 Movie *JLR* Ping-Pong open play *WR* ❖	**16** 9:30 Tai Chi *AC* 10:30 Stretch *AC* 1:00 Open Art *AC* 1:30 Walmart Trip ✻ 3:00 Art Blocks: American Art with Donna Houtteman *WR*	**17** 10:00 Strength & Balance *AC* 11:00 Advent Studies *JLR* 1–2 Blood Pressure Check *109* 1:30 Arthritis Exercise *AC* 3:00 Beau Bledsoe & Molly McLaughlin *MLR*	**18** 10:00 Stretch *AC* 10:30 Grocery Store Trip ✻ 11:00 Café Hope *CH* 1:00 Tai Chi *AC* 1:00 Ping Pong *WR* 3:00 Great Courses: Western Civilization *WR*	**19** 10:00 Strength & Balance *AC* 1:30 Arthritis Exercise *AC* 2–4 CC Bank *MLR* 3:00 Speaker Series: George Kahn *WR*	**20** 10:00 Stretch *AC* 3:00 The Dickens Carolers *MLR*	**21** 9:30 Grocery Store Trip ✻ 11:00 Rosary *CH* 7:00 Movie *JLR* Ping-Pong open play *WR* ❖
22 10:00 Holy Eucharist *CH* 11–1 Brunch *CDR* 3:00 Movie *JLR* Ping-Pong open play *WR* ❖	Hanukkah **23** 9:30 Tai Chi *CH* 10:30 Stretch *AC* 1:00 Open Art *AC* 3:00 Christmas Sing-along with Rich Hill *MLR*	Christmas Eve **24** **9:30 Catholic Mass *CH*** 10:00 Strength & Balance *AC* 11:00 Advent Studies *JLR* 1–2 Blood Pressure Check *109* 3:00 Christmas Eve Service *CH*	Christmas Day **25** OFFICES, PS SALON, and BISTRO CLOSED 3:00 & 7:00 Movie: *You've Got Mail WR*	Kwanzaa **26** 10:00 Strength & Balance *AC* 1:30 Arthritis Exercise *AC* 2–4 CC Bank *MLR* 2:45 Bus Departs to Library ✻	**27** 10:00 Stretch *AC* 4:30 Cocktail Hour: Joe Cartwright *MLR*	**28** 9:30 Grocery Store Trip ✻ 11:00 Rosary *CH* 7:00 Movie *JLR* Ping-Pong open play *WR* ❖
29 10:00 Holy Eucharist *CH* 11–1 Brunch *CDR* 3:00 Movie *JLR* Ping-Pong open play *WR* ❖	**30** 9:30 Tai Chi *AC* 10:30 Stretch *AC* 1:00 Open Art *AC*	New Year's Eve **31** 10:00 Strength & Balance *AC* 1–2 Blood Pressure Check *109* 5–7 New Year's Eve Party with The Don Accurso Orchestra *MLR/CDR*				

A	Abbey	CDR	Canterbury Dining Room	P	Pub
AC	Activity Center (above Bistro)	CH	Chapel	WR	Westport Room
ART	Art Gallery	JLR	Jefferson Living Room	109	Apt. 109 Madison
B	Bistro	MLR	Madison Living Room	✻	Sign up at reception desk