

# SEPTEMBER 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY					
											
<p><b>1</b></p> <p>10:00 Holy Eucharist <i>CH</i> 11-1 Brunch <i>CDR</i> 3:00 Movie <i>JLR</i></p>	<p><b>2</b> Labor Day</p> <p><b>OFFICES   SALON   BISTRO CLOSED</b></p> <p><b>No scheduled activities.</b></p>	<p><b>3</b></p> <p>10:00 Strength &amp; Balance <i>AC</i> 11:00 Bible Study <i>WR</i> 11:15 Resident Connections <i>AC</i> 1:00 Blood Pressure Check <i>109</i> 1:30 Arthritis Exercise <i>AC</i></p>	<p><b>4</b></p> <p>10:00 Stretch <i>AC</i> 10:30 Grocery Store Trip * 1:00 Tai Chi <i>AC</i> 6:30 Bus Departs for <i>Spirituality and All That Jazz</i> *</p>	<p><b>5</b></p> <p>10:00 Strength &amp; Balance <i>AC</i> 1:30 Arthritis Exercise <i>AC</i> 2-4 CC Bank <i>MLR</i> 2:00 Life Enrichment Committee <i>P</i> 2:00 Dining Committee <i>A</i> 3:00 Cool Breeze Duo <i>MLR</i></p>	<p><b>6</b></p> <p>10:00 Stretch <i>AC</i> 2:00 Movie Classic with Robert Butler   <i>Purple Rose of Cairo</i> <i>WR</i></p>	<p><b>7</b></p> <p>9:30 Grocery Store Trip * 11:00 Rosary <i>CH</i> 7:00 Movie <i>JLR</i></p>					
<p><b>8</b></p> <p>10:00 Holy Eucharist <i>CH</i> 11-1 Brunch <i>CDR</i> 3:00 Movie <i>JLR</i></p>	<p><b>9</b></p> <p>9:30 Tai Chi <i>AC</i> 10:30 Stretch <i>AC</i> 12:00 Lunch &amp; Bridge Mixer <i>CDR</i> * 1:00 Art Class   John Keeling <i>AC</i> * 1:30 Dollar Tree Trip * 4:30 Men's Club <i>P</i></p>	<p><b>10</b></p> <p>9:30 Catholic Mass <i>CH</i> 10:00 Strength &amp; Balance <i>AC</i> 11:00 Bible Study <i>WR</i> 1:00 Blood Pressure Check <i>109</i> 1:30 Arthritis Exercise <i>AC</i> 3:30 Resident Council <i>A</i></p>	<p><b>11</b></p> <p>10:00 Stretch <i>AC</i> 10:30 Grocery Store Trip * 1:00 Tai Chi <i>AC</i> 4:00 Artist Reception   Diana Werts <i>ART</i></p>	<p><b>12</b></p> <p>10:00 Strength &amp; Balance <i>AC</i> 1:30 Arthritis Exercise <i>AC</i> 2-4 CC Bank <i>MLR</i> 3:00 Speaker Series   Tony Andresen <i>WR</i></p>	<p><b>13</b></p> <p>10:00 Stretch <i>AC</i> 1:30 Chair Volleyball <i>WR</i> 3:00 Bow Wind Trio <i>MLR</i></p>	<p><b>14</b></p> <p>9:30 Grocery Store Trip * 11:00 Rosary <i>CH</i> 7:00 Movie <i>JLR</i></p>					
<p><b>15</b></p> <p>10:00 Holy Eucharist <i>CH</i> 11-1 Brunch <i>CDR</i> 3:00 Movie <i>JLR</i></p>	<p><b>16</b></p> <p>9:30 Tai Chi <i>AC</i> 10:30 Stretch <i>AC</i> 1:00 Open Art <i>AC</i> 3:00 Good Books Reading Group <i>CH</i> 4:30 Ladies' Club <i>P</i></p>	<p><b>17</b></p> <p>10:00 Strength &amp; Balance <i>AC</i> 11:00 Bible Study <i>WR</i> 1:00 Blood Pressure Check <i>109</i> 1:30 Arthritis Exercise <i>AC</i> 3:00 Speaker Series   Craig Sole <i>WR</i></p>	<p><b>18</b></p> <p>10:00 Stretch <i>AC</i> 10:30 Grocery Store Trip * 11:00 Café Hope <i>CH</i> 1:00 Tai Chi <i>AC</i></p>	<p><b>19</b></p> <p>10:00 Strength &amp; Balance <i>AC</i> 1:30 Arthritis Exercise <i>AC</i> 2-4 CC Bank <i>MLR</i> 3:00 Speaker Series   Karen Griffin &amp; Mark Sappington <i>WR</i></p>	<p><b>20</b></p> <p>10:00 Stretch <i>AC</i> 3:00 Opus 76   First of Four Beethoven Concerts <i>MLR</i></p>	<p><b>21</b></p> <p>9:30 Grocery Store Trip * 11:00 Rosary <i>CH</i> 7:00 Movie <i>JLR</i></p>					
<p><b>22</b></p> <p>10:00 Holy Eucharist <i>CH</i> 11-1 Brunch <i>CDR</i> 3:00 Movie <i>JLR</i></p>	<p><b>23</b></p> <p>9:30 Tai Chi <i>AC</i> 10:30 Stretch <i>AC</i> 11:30 Lunch &amp; Learn   Brain Myths Exploded <i>WR</i> * 1:00 Open Art <i>AC</i> 1:30 Walmart Trip * 3:00 Art Blocks   Donna Houtteman <i>WR</i></p>	<p><b>24</b></p> <p>9:30 Catholic Mass <i>CH</i> 10:00 Strength &amp; Balance <i>AC</i> 11:00 Bible Study <i>WR</i> 1:00 Blood Pressure Check <i>109</i> 1:30 Arthritis Exercise <i>AC</i> 3:00 Speaker Series   Tom Fox <i>WR</i></p>	<p><b>25</b></p> <p>10:00 Stretch <i>AC</i> 10:30 Grocery Store Trip * 1:00 Tai Chi <i>AC</i> 3:00 The Great Courses   Western Civilization <i>WR</i></p>	<p><b>26</b></p> <p>10:00 Strength &amp; Balance <i>AC</i> 1:30 Arthritis Exercise <i>AC</i> 2-4 CC Bank <i>MLR</i> 2:45 Bus Departs to Library * 3:00 Harpist &amp; Pianist Michael O'Shiver <i>MLR</i></p>	<p><b>27</b></p> <p>10:00 Stretch <i>AC</i> 1:30 Chair Volleyball <i>WR</i> 4:30 Cocktail Hour   Joe Cartwright <i>MLR</i></p>	<p><b>28</b></p> <p>9:30 Grocery Store Trip * 11:00 Rosary <i>CH</i> 7:00 Movie <i>JLR</i></p>					
<p><b>29</b></p> <p>10:00 Holy Eucharist <i>CH</i> 11-1 Brunch <i>CDR</i> 3:00 Movie <i>JLR</i></p>	<p><b>30</b> Rosh Hashanah</p> <p>9:30 Tai Chi <i>CH</i> 10:30 Stretch <i>AC</i> 10:30 Women's Coffee <i>B</i> 1:00 Open Art <i>AC</i> 2:00 Garden Committee <i>A</i> 3:00 Lyric Arts Trio <i>MLR</i></p>										
			<p><b>A</b> Abbey <b>AC</b> Activity Center (above Bistro) <b>ART</b> Art Gallery <b>B</b> Bistro</p>			<p><b>CDR</b> Canterbury Dining Room <b>CH</b> Chapel <b>JLR</b> Jefferson Living Room <b>MLR</b> Madison Living Room</p>			<p><b>P</b> Pub <b>WR</b> Westport Room <b>109</b> Apt. 109 Madison * Sign up at reception desk</p>		