

# AUGUST 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
				1	2	3
				10:00 Strength & Balance <i>AC</i> 1:30 Arthritis Exercise <i>AC</i> 2-4 CC Bank <i>MLR</i> 2:00 Life Enrichment Committee <i>P</i> 2:30 Dining Committee <i>A</i> 3:00 Speaker Series   Judy Morgan <i>WR</i>	10:00 Stretch <i>AC</i> 2:00 Movie Classic with Robert Butler   <i>Little Shop of Horrors</i> <i>WR</i>	9:30 Grocery Store Trip * 11:00 Rosary <i>CH</i> 7:00 Movie <i>JLR</i> Ping-Pong open play <i>WR</i> ❖
4	5	Election Day 6	7	8	9	10
10:00 Holy Eucharist <i>CH</i> 11-1 Brunch <i>CDR</i> 3:00 Movie <i>JLR</i> Ping-Pong open play <i>WR</i> ❖	9:30 Tai Chi <i>AC</i> 10:30 Stretch <i>AC</i> 12:00 Lunch & Bridge Mixer <i>CDR</i> * 1:00 Art Class   John Keeling <i>AC</i> * 1:30 Dollar Tree Trip * 4:30 Men's Club <i>P</i>	10:00 Strength & Balance <i>AC</i> 11:15 Resident Connections <i>AC</i> 1:00 Blood Pressure Check <i>109</i> 1:30 Arthritis Exercise <i>AC</i> 2:30 Alterations <i>A</i>	10:00 Stretch <i>AC</i> 10:30 Grocery Store Trip * 1:00 Tai Chi <i>AC</i> 1:00 Ping-Pong <i>WR</i> 6:30 Bus Departs for Spirituality and All That Jazz *	10:00 Strength & Balance <i>AC</i> 2-4 CC Bank <i>MLR</i> 1:30 Bus Departs to Powell Gardens Festival of Butterflies *	10:00 Stretch <i>AC</i> 1:30 Chair Volleyball <i>WR</i> 3:00 Cucharada Trio! <i>MLR</i>	9:30 Grocery Store Trip * 11:00 Rosary <i>CH</i> 7:00 Movie <i>JLR</i> Ping-Pong open play <i>WR</i> ❖
11	12	13	14	15	16	17
10:00 Holy Eucharist <i>CH</i> 11-1 Brunch <i>CDR</i> 3:00 Movie <i>JLR</i> Ping-Pong open play <i>WR</i> ❖	9:30 Tai Chi <i>AC</i> 10:30 Stretch <i>AC</i> 11:30 Lunch & Learn   Brain Myths Exploded <i>WR</i> * 1:00 Open Art <i>AC</i> 4:30 Ladies' Club <i>P</i>	9:30 Catholic Mass <i>CH</i> 10:00 Strength & Balance <i>AC</i> 11:00 Bible Study <i>WR</i> 1:00 Blood Pressure Check <i>109</i> 1:30 Arthritis Exercise <i>AC</i> 2:30 Short Round String Band <i>MLR</i> 3:30 Resident Council <i>WR</i>	10:00 Stretch <i>AC</i> 10:30 Grocery Store Trip * 1:00 Tai Chi <i>AC</i> 1:00 Ping-Pong <i>WR</i> 2:30 Bonus Movie Classic with Robert Butler   <i>A Double Life</i> <i>WR</i>	10:00 Strength & Balance <i>AC</i> 1:30 Arthritis Exercise <i>AC</i> 2-4 CC Bank <i>MLR</i> 3:00 Speaker Series   Heather Paxton <i>WR</i>	10:00 Stretch <i>AC</i> 3:00 Tim Whitmer <i>MLR</i>	9:30 Grocery Store Trip * 11:00 Rosary <i>CH</i> 7:00 Movie <i>JLR</i> Ping-Pong open play <i>WR</i> ❖
18	19	20	21	22	23	24
10:00 Holy Eucharist <i>CH</i> 11-1 Brunch <i>CDR</i> 3:00 Movie <i>JLR</i> Ping-Pong open play <i>WR</i> ❖	9:30 Tai Chi <i>AC</i> 10:30 Stretch <i>AC</i> 1:00 Open Art <i>AC</i> 1:30 Walmart Trip * 3:00 Art Blocks   Donna Houtteman <i>WR</i>	10:00 Strength & Balance <i>AC</i> 11:00 Bible Study <i>WR</i> 1:00 Blood Pressure Check <i>109</i> 1:30 Arthritis Exercise <i>AC</i> 3:00 Speaker Series   Derek Donovan <i>WR</i>	10:00 Stretch <i>AC</i> 10:30 Grocery Store Trip * 11:00 Café Hope <i>CH</i> 1:00 Tai Chi <i>AC</i> 1:00 Ping-Pong <i>WR</i> 3-4:30 BSP Town Hall Meeting <i>WR</i>	10:00 Strength & Balance <i>AC</i> 1:30 Arthritis Exercise <i>AC</i> 2-4 CC Bank <i>MLR</i> 3:00 Speaker Series   Dave Zoller <i>WR</i>	10:00 Stretch <i>AC</i> 1:30 Chair Volleyball <i>WR</i> 3:00 Bram Wijnands <i>MLR</i>	9:30 Grocery Store Trip * 11:00 Rosary <i>CH</i> 7:00 Movie <i>JLR</i> Ping-Pong open play <i>WR</i> ❖
25	26	27	28	29	30	31
10:00 Holy Eucharist <i>CH</i> 11-1 Brunch <i>CDR</i> 3:00 Movie <i>JLR</i> Ping-Pong open play <i>WR</i> ❖	9:30 Tai Chi <i>AC</i> 10:30 Stretch <i>AC</i> 10:30 Women's Coffee <i>B</i> 1:00 Open Art <i>AC</i> 2:00 Garden Committee <i>A</i> 3:00 Good Book Reading Group <i>CH</i>	9:30 Catholic Mass <i>CH</i> 10:00 Strength & Balance <i>AC</i> 11:00 Bible Study <i>WR</i> 1:00 Blood Pressure Check <i>109</i> 1:30 Arthritis Exercise <i>AC</i> 3:00 Speaker Series   Lee Kortemeyer <i>WR</i>	10:00 Stretch <i>AC</i> 10:30 Grocery Store Trip * 1:00 Tai Chi <i>AC</i> 1:00 Ping-Pong <i>WR</i> 3:00 The Great Courses: Western Civilization <i>WR</i>	10:00 Strength & Balance <i>AC</i> 1:30 Arthritis Exercise <i>AC</i> 2-4 CC Bank <i>MLR</i> 2:00 Bus Departs to the Kansas City Zoo *	10:00 Stretch <i>AC</i> 4:30 Cocktail Hour   Cynthia Van Roden Trio <i>MLR</i>	9:30 Grocery Store Trip * 11:00 Rosary <i>CH</i> 7:00 Movie <i>JLR</i> Ping-Pong open play <i>WR</i> ❖
	❖ see Clark A. for Saturday and Sunday Ping-Pong times					
				A Abbey AC Activity Center (above Bistro) ART Art Gallery B Bistro	CDR Canterbury Dining Room CH Chapel JLR Jefferson Living Room MLR Madison Living Room	P Pub WR Westport Room 109 Apt. 109 Madison * Sign up at reception desk