


FEBRUARY 2019

LIFE ENRICHMENT | INDEPENDENT LIVING

Saint Luke's
BISHOP SPENCER PLACE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
							
					National Wear Red Day 1 10:00 Stretch <i>AC</i> 2:00 Movie Classic with Robert Butler <i>Mother and Child</i> <i>WR</i>	Groundhog Day 2 9:30 Grocery Store Trip * 11-12 Librarian Hours <i>WR</i> 11:00 Rosary <i>CH</i> 11:15 Bus Departs to Plaza Theater for Opera in HD <i>Carmen</i> * 7:00 Movie <i>JLR</i>	
3 10:00 Holy Eucharist <i>CH</i> 11-1 Brunch <i>CDR</i> 3:00 Movie <i>JLR</i> 5:00 Super Bowl Watch Party <i>WR</i>	4 9:30 Tai Chi <i>AC</i> 10:30 Stretch <i>AC</i> 11:00 Welcome Committee <i>A</i> 12:00 Lunch & Bridge Mixer <i>CDR</i> * 1-2:30 Art with John Keeling <i>AC</i> 1:30 Dollar Tree Trip * 3:00 Art Blocks <i>WR</i> 4:30 Men's Club <i>P</i>	5 10:00 Strength & Balance <i>AC</i> 11:00 Bible Study <i>WR</i> 1:00 Blood Pressure Check <i>109</i> 1:30 Arthritis Exercise <i>AC</i> 2:30 Alterations <i>A</i> 3:00 Speaker Series Jolie Justus <i>WR</i>	6 10:00 Stretch <i>AC</i> 10:30 Grocery Store Trip * 12:15 Bus departs for Quality Hill Playhouse <i>Songs of the 40s</i> * 1:00 Tai Chi <i>AC</i> 6:30 Bus Departs for Spirituality and All That Jazz *	7 10:00 Strength & Balance <i>AC</i> 1:30 Arthritis Exercise <i>AC</i> 2-4 CC Bank <i>MLR</i> 2:00 Life Enrichment Committee <i>P</i> 2:30 Dining Committee <i>P</i> 3:00 Speaker Series Larry Segars <i>WR</i>	8 10:00 Stretch <i>AC</i> 1:30 Chair Volleyball <i>WR</i> 3:00 Zsolt Eder Trio <i>MLR</i>	9 9:30 Grocery Store Trip * 11-12 Librarian Hours <i>WR</i> 11:00 Rosary <i>CH</i> 7:00 Movie <i>JLR</i>	
10 10:00 Holy Eucharist <i>CH</i> 11-1 Brunch <i>CDR</i> 3:00 Movie <i>JLR</i>	11 9:30 Tai Chi <i>AC</i> 10:30 Stretch <i>AC</i> 11:30 Lunch & Learn Brain Myths Exploded <i>WR</i> * 1-2 Open Art <i>AC</i> 4:30 Ladies' Club <i>P</i>	12 9:30 Catholic Mass <i>CH</i> 10:00 Strength & Balance <i>AC</i> 11:00 Bible Study <i>WR</i> 11:00 Resident Connections Committee <i>P</i> 1:00 Blood Pressure Check <i>109</i> 1:30 Arthritis Exercise <i>AC</i> 3:30 Resident Council <i>A</i>	13 9:30 St. Paul's Kids/Resident Interviews <i>MLR/CDR</i> 10:00 Stretch <i>AC</i> 10:30 Grocery Store Trip * 1:00 Tai Chi <i>AC</i> 3:00 BSP Town Hall Meeting <i>WR</i>	Valentine's Day 14 10:00 Strength & Balance <i>AC</i> 1:30 Arthritis Exercise <i>AC</i> 2-4 CC Bank <i>MLR</i> 3:00 Valentine's Day with Tim Whitmer <i>MLR</i>	15 10:00 Stretch <i>AC</i> 2:00 Oscar Dearest: Things You Didn't Know Robert Butler <i>WR</i>	16 9:30 Grocery Store Trip * 11-12 Librarian Hours <i>WR</i> 11:00 Rosary <i>CH</i> 7:00 Movie <i>JLR</i>	
17 10:00 Holy Eucharist <i>CH</i> 11-1 Brunch <i>CDR</i> 3:00 Movie <i>JLR</i>	President's Day 18 9:30 Tai Chi <i>AC</i> 10:30 Stretch <i>AC</i> 1-2 Open Art <i>AC</i> 1:30 Target Trip * 3:00 Doug Talley Quartet <i>MLR</i>	19 10:00 Strength & Balance <i>AC</i> 11:00 Bible Study <i>WR</i> 1:00 Blood Pressure Check <i>109</i> 1:30 Arthritis Exercise <i>AC</i> 3:00 Speaker Series April Watson & Jane Aspinwall <i>WR</i>	20 10:00 Stretch <i>AC</i> 10:30 Grocery Store Trip * 11:00 Café Hope <i>CH</i> 1:00 Tai Chi <i>AC</i>	21 10:00 Strength & Balance <i>AC</i> 1:30 Arthritis Exercise <i>AC</i> 2-4 CC Bank <i>MLR</i> 3:00 Speaker Series Tom Crane <i>WR</i>	22 10:00 Stretch <i>AC</i> 1:30 Chair Volleyball <i>WR</i> 4:30 Cocktail Hour with Dan Sturdevant <i>MLR</i>	23 9:30 Grocery Store Trip * 11-12 Librarian Hours <i>WR</i> 11:00 Rosary <i>CH</i> 7:00 Movie <i>JLR</i>	
24 10:00 Holy Eucharist <i>CH</i> 11-1 Brunch <i>CDR</i> 3:00 Movie <i>JLR</i>	25 9:30 Tai Chi <i>AC</i> 10:30 Stretch <i>AC</i> 10:30 Women's Coffee <i>B</i> 1-2 Open Art <i>AC</i> 2:00 Garden Committee <i>A</i> 3:00 Good Book Reading Group <i>CH</i>	26 9:30 Catholic Mass <i>CH</i> 10:00 Strength & Balance <i>AC</i> 11:00 Bible Study <i>WR</i> 1:00 Blood Pressure Check <i>109</i> 1:30 Arthritis Exercise <i>AC</i> 3:00 Speaker Series Judy Sherry <i>WR</i>	27 10:00 Stretch <i>AC</i> 10:30 Grocery Store Trip * 1:00 Tai Chi <i>AC</i> 3:00 The Great Courses New Series: Foundations of Western Civilization <i>WR</i>	28 10:00 Strength & Balance <i>AC</i> 1:30 Arthritis Exercise <i>AC</i> 2-4 CC Bank <i>MLR</i> 2:45 Bus Departs for Plaza Library Pick up at 4:00 * 3:00 Beau Bledsoe Group <i>MLR</i>			
A Abbey AC Activity Center (above Bistro) ART Art Gallery B Bistro						CDR Canterbury Dining Room CH Chapel JLR Jefferson Living Room MLR Madison Living Room	P Pub WR Westport Room 109 Apt. 109 Madison * Sign up at reception desk