

OCTOBER 2018

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



	<p>1</p> <p>9:30 Tai Chi <i>AC</i> 10:30 Stretch <i>AC</i> 1:00 Art Class <i>AC</i> 1:30 Dollar Tree Trip * 4:30 Men's Club <i>P</i></p>	<p>2</p> <p>10:00 Strength & Balance <i>AC</i> 11:00 Bible Study <i>WR</i> 1:00 Blood Pressure Check <i>109</i> 1:30 Arthritis Exercise <i>AC</i> 2:30 Alterations <i>A</i> 3:00 Speaker Series Myra Christopher <i>WR</i></p>	<p>3</p> <p>10:00 Stretch <i>AC</i> 10:30 Grocery Store Trip * 11-2 Flu Shot Clinic Windsor Care Office Madison 109 1:00 Tai Chi <i>AC</i> 6:30 Bus Departs for Spirituality & All That Jazz *</p>	<p>4</p> <p>10:00 Strength & Balance <i>AC</i> 1:30 Arthritis Exercise <i>AC</i> 2-4 CC Bank <i>MLR</i> 2:00 Life Enrichment Committee <i>P</i> 2:30 Dining Committee <i>A</i> 3:00 Beau Bledsoe, Michael McClintock, & Melinda Hedgecorth <i>MLR</i></p>	<p>5</p> <p>10:00 Stretch <i>AC</i> 2:00 Movie Classic with Robert Butler <i>The Grand Illusion</i> <i>WR</i></p>	<p>6</p> <p>9:30 Grocery Store Trip * 11-12 Librarian Hours <i>WR</i> 11:00 Rosary <i>CH</i> 7:00 Movie <i>JLR</i></p>
<p>7</p> <p>10:00 Holy Eucharist <i>CH</i> 11-1 Brunch <i>CDR</i> 1:00 Blessing of the Animals Bishop's Garden 3:00 Movie <i>JLR</i></p>	<p>8</p> <p>Columbus Day Indigenous Peoples' Day 9:30 Tai Chi <i>AC</i> 10:30 Stretch <i>AC</i> 11:00 Welcome Committee <i>A</i> 12:00 Lunch & Bridge Mixer <i>CDR</i> * 1:00 Art Class <i>AC</i> 4:30 Ladies' Club <i>P</i></p>	<p>9</p> <p>9:30 Catholic Mass <i>CH</i> 10:00 Strength & Balance <i>AC</i> 11:00 Bible Study <i>WR</i> 1:00 Blood Pressure Check <i>109</i> 1:30 Arthritis Exercise <i>AC</i> 3:30 Resident Council <i>A</i></p>	<p>10</p> <p>10:00 Stretch <i>AC</i> 10:30 Grocery Store Trip * 1:00 Tai Chi <i>AC</i> 2:00 Bus Departs for Whole Foods in Brookside *</p>	<p>11</p> <p>10:00 Strength & Balance <i>AC</i> 10-2 Watch Repair <i>ART</i> 1:30 Arthritis Exercise <i>AC</i> 2-4 CC Bank <i>MLR</i> 3:00 Speaker Series Charlie Shields <i>WR</i></p>	<p>12</p> <p>10:00 Stretch <i>AC</i> 1:30 Chair Volleyball <i>WR</i> 3:00 Candace Evans Duo <i>MLR</i></p>	<p>13</p> <p>9:30 Grocery Store Trip * 11-12 Librarian Hours <i>WR</i> 11:00 Rosary <i>CH</i> 7:00 Movie <i>JLR</i></p>
<p>14</p> <p>10:00 Holy Eucharist <i>CH</i> 11-1 Brunch <i>CDR</i> 3:00 Movie <i>JLR</i> 6:00 UMKC Jazz & BBQ *</p>	<p>15</p> <p>9:30 Tai Chi <i>AC</i> 10:30 Stretch <i>AC</i> 1:00 Art Class <i>AC</i> 1:30 Walmart Trip * 3:00 Art Blocks Donna Houtteman <i>WR</i></p>	<p>16</p> <p>10:00 Strength & Balance <i>AC</i> 11:00 Bible Study <i>WR</i> 1:00 Blood Pressure Check <i>109</i> 1:30 Arthritis Exercise <i>AC</i> 2:30 Alterations <i>A</i> 3:00 Speaker Series George Baggett <i>WR</i></p>	<p>17</p> <p>10:00 Stretch <i>AC</i> 10:30 Grocery Store Trip * 11:00 Café Hope <i>CH</i> 12:30-2:30 Podiatrist <i>AC</i> 1:00 Tai Chi <i>moved to</i> <i>WR</i></p>	<p>18</p> <p>10:00 Strength & Balance <i>AC</i> 11:00 Friendly Neighbor Committee <i>WR</i> 1:30 Arthritis Exercise <i>AC</i> 2-4 CC Bank <i>MLR</i> 3:00 Speaker Series Tim Ward & Jean Green <i>WR</i></p>	<p>19</p> <p>10:00 Stretch <i>AC</i> 2:30 The Goldenberg Duo <i>MLR</i></p>	<p>20</p> <p>9:30 Grocery Store Trip * 11-12 Librarian Hours <i>WR</i> 11:00 Rosary <i>CH</i> 7:00 Movie <i>JLR</i></p>
<p>21</p> <p>10:00 Holy Eucharist <i>CH</i> 11-1 Brunch <i>CDR</i> 3:00 Movie <i>JLR</i></p>	<p>22</p> <p>9:30 Tai Chi <i>AC</i> 10:30 Stretch <i>AC</i> 10:30 Women's Coffee <i>B</i> 11:30 Lunch & Learn [NEW SERIES: Brain Myths Exploded <i>WR</i> * 2:00 Garden Committee <i>A</i> 3:00 Good Book Reading Group <i>CH</i></p>	<p>23</p> <p>9:30 Catholic Mass <i>CH</i> 10:00 Strength & Balance <i>AC</i> 11:00 Bible Study <i>WR</i> 1:00 Blood Pressure Check <i>109</i> 1:30 Arthritis Exercise <i>AC</i> 3:00 Speaker Series Cynthia Carlson <i>WR</i></p>	<p>24</p> <p>10:00 Stretch <i>AC</i> 10:30 Grocery Store Trip * 1:00 Tai Chi <i>AC</i> 2:00 Movie Classic with Robert Butler <i>Young Frankenstein</i> <i>WR</i></p>	<p>25</p> <p>10:00 Strength & Balance <i>AC</i> 1:30 Arthritis Exercise <i>AC</i> 2-4 CC Bank <i>MLR</i> 2:45 Bus Departs for Plaza Library Pick up at 4:00 *</p>	<p>26</p> <p>10:00 Stretch <i>AC</i> 1:30 Chair Volleyball <i>WR</i> 4:30 Cocktail Hour with Jameson Mair & Joe Cartwright <i>MLR</i></p>	<p>27</p> <p>9:30 Grocery Store Trip * 11-12 Librarian Hours <i>WR</i> 11:00 Rosary <i>CH</i> 7:00 Movie <i>JLR</i></p>
<p>28</p> <p>10:00 Holy Eucharist <i>CH</i> 11-1 Brunch <i>CDR</i> 3:00 Movie <i>JLR</i></p>	<p>29</p> <p>9:30 Tai Chi <i>AC</i> 10:30 Stretch <i>AC</i> 1:00 Art Class <i>AC</i> 2:00 Guitarist Ryan Head <i>CH</i> 3:30 Speaker Series Scott Taylor <i>WR</i></p>	<p>30</p> <p>10:00 Strength & Balance <i>AC</i> 11:00 Bible Study <i>WR</i> 1:00 Blood Pressure Check <i>109</i> 1:30 Arthritis Exercise <i>AC</i> 3:00 MOVED: Great Courses From Monet to Van Gogh <i>WR</i></p>	<p>31</p> <p>Halloween 10:00 St. Paul's Day School Trick- or-Treaters <i>MLR</i> 10:00 Stretch <i>AC</i> 10:30 Grocery Store Trip * 1:00 Tai Chi <i>AC</i> 3:00 BSP Halloween Costume Party <i>MLR</i></p>	<p>A Abbey AC Activity Center (above Bistro) ART Art Gallery B Bistro</p> <p>CDR Canterbury Dining Room CH Chapel JLR Jefferson Living Room MLR Madison Living Room</p> <p>P Pub WR Westport Room 109 Apt. 109 Madison * Sign up at reception desk</p>		