



The AMBASSADOR

SAINT LUKE'S BISHOP SPENCER PLACE

October 2018

 **Saint Luke's**
BISHOP SPENCER PLACE

ACTIVITY KEY



Celebration



Movie



Theatre



Arts



Music



Nature



Excursion



Speaker



Cocktails



Dining



Coffee & Conversation



Class



Health



Speaker Series | Myra Christopher

Tuesday, October 2

3:00 p.m. | Westport Room

Myra Christopher is the founding director of the Center for Practical Bioethics, serving as the center's President and CEO from its inception in 1985 through 2011, when she became the Kathleen M. Foley Chair for Pain and Palliative Care and served as Director of the PAINS Project (Pain Action Alliance to Implement a National Strategy).

Myra has received many awards for her work to improve care for those suffering from advanced illness and chronic pain, including the American Society for Bioethics + Humanities' Lifetime Achievement Award in Bioethics, the American Academy of Pain Medicine's Patient Advocacy Award, the American Academy of Pain Management's "Head Heart" Award, and the National Association of Attorneys General President's Award. In March 2015 was inducted into the Starr Women's Hall of Fame at UMKC.



Spirituality & All That Jazz

Wednesday, October 3

BSP bus departs at 6:30 p.m.

Join us at Unity Temple for *Spirituality & All That Jazz*. This month, vocalist Millie Edwards will perform with Tim Whitmer and The Consort Band.

Sign up with the concierge.

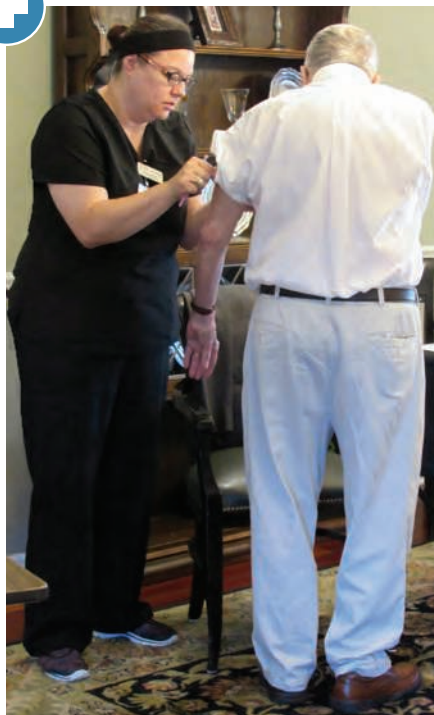
Resident Elections

Elections will be held for Jefferson residents to serve on the Resident Council for the two-year 2019-2020 term. Next year we'll elect Madison residents. Please see the minutes from the September 11, 2018, Resident Council meeting for more information on the nomination and election process. Nomination forms will be routed to Jefferson and Madison residents by October 7, and **nominations close on October 21**. We want all residents to have a voice, so please participate!



This is a monthly magazine for residents of Saint Luke's Bishop Spencer Place.

Bishop Spencer Place ♦ 4301 Madison Ave., Kansas City, MO 64111
816-931-4277 ♦ BishopSpencerPlace.org



BSP Resident Flu Shot Clinic

Wednesday, October 3

11:00 a.m.-2:00 p.m.

Windsor Care Office | Madison

First Floor | Apartment 109

Come get your annual flu shot. It's 100% covered by Medicare.

Be sure to bring your current health insurance cards so we can update your information in our system.



Whole Foods Market

Wednesday, October 10

BSP bus departs at 2:00 p.m.

Join us for a trip to the new Whole Foods Market in Brookside. The store opened in May and features fresh produce from farms in Missouri and Kansas.

Sign up with the concierge.



Beau Bledsoe, Michael McClintock, and Melinda Hedgecorth

Thursday, October 4 | 3:00 p.m.
Madison Living Room

Guitarists Beau Bledsoe and Michael McClintock are back with dancer Melinda Hedgecorth. Beau studied classical guitar at the UMKC Conservatory of Music. He plays jazz, classical, and Latin music. Michael also studied at UMKC. A classically trained guitarist, he also plays the traditional three-string Cuban tres. Melinda has her BFA in dance from UMKC and will perform the flamenco for us!



Movie Classic with Robert Butler | The Grand Illusion

Friday, October 5, 2:00 p.m.
Westport Room

The Grand Illusion, a 1937 French film directed by Jean Renoir, who co-wrote the screenplay, concerns class relationships among a group of French prisoners of war during World War I who are plotting an escape. *The Grand Illusion*, regarded as one of the masterpieces of French cinema, was the first foreign language film nominated for an Academy Award for Best Picture.



Watch Repair

Thursday, October 11

10 a.m.-2 p.m. | Art Gallery

Bring us your tired, your poor, your huddled watches! Brookside Jewelry will be here to make repairs. **Make sure you have cash or a personal check to pay for the services!**

PLEASE NOTE



Lunch and Bridge Mixer

This month's Lunch and Bridge Mixer has been moved to October 8.



Speaker Series | Charlie Shields

Thursday, October 11
3:00 p.m. | Westport Room

A big thank you to BSP resident Bert Bates for inviting Charlie Shields, President and Chief Executive Officer of Truman Medical Centers, to speak with us. Prior to his time at Truman Medical Centers, Charlie spent 20 years in the Missouri General Assembly and served as President Pro-Tem of the Missouri Senate from 2009–2011. He began his career in health care and spent 17 years with Heartland Health (now Mosaic Life Care) in St. Joseph, Missouri where he served in a variety of leadership roles.



Candace Evans Duo

Friday, October 12 | 3:00 p.m.
Madison Living Room

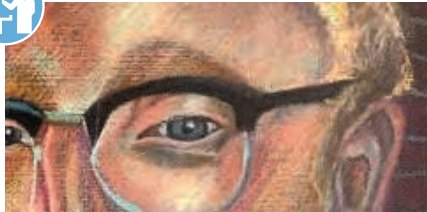
Popular and versatile pianist and vocalist Candace Evans performs a wide variety of music including jazz, classical, pop, Latin, Broadway, and soulful ballads. She was named as “Who to Watch in KC Jazz” by Visit KC.



ART BLOCKS | Donna Houtteman

Monday, October 15
3:00 p.m. | Westport Room

Donna Houtteman, a docent at the Nelson-Atkins Museum of Art, is the leading voice behind the Kansas City Art Institute’s Art Sofa Series, a class for anyone who has felt like an outsider to the art world but would really like to gain a basic understanding of key artists, movements, and ideas.



Speaker Series | George Baggett

Tuesday, October 16
3:00 p.m. | Westport Room

We’re delighted to welcome speaker George Baggett back to BSP. George has worked in the environmental field for more than 45 years. He has experience as both an environmental activist and a corporate-employed scientist. In June, George gave a fascinating talk at BSP about mass media and the internet. This time, he will discuss fake news and propaganda.



Speaker Series | Tim Ward and Jean Green

Thursday, October 18
3:00 p.m. | Westport Room

Tim Ward, of Ward & Ward Fine Art Framing & Gallery, and resident Jean Green will discuss artist Ruth Bohan. Tim’s company restored the portrait of our bishop, which was painted by Ruth Bohan, and Jean has done extensive research on the artist.

Ruth Harris Bohan (1891–1981) was a painter and printmaker. She studied at the Kansas City Art Institute with Randall Davies and in Europe in the 1910s. She later taught art at the Barstow School. Her husband, Dr. Peter Bohan, was a professor of medicine at the University of Kansas School of Medicine from 1941 to 1945. The Ruth Bohan Teaching Fellowship at the University of Kansas recognizes excellence in teaching in the medical school.

Ruth Bohan was awarded the Gold Medal for Painting at the Midwestern Artists’ Exhibitions of 1924, 1925, and 1927. Her work is in the collections of the Spencer Museum of Art and the Nelson-Atkins Museum of Art.

NOTE | Dr. Weidman will be available in the Westport Library on Saturdays from 11:00 a.m. to noon.

- P** Pub
- WR** Westport Room
- 109** Apt. 109 Madison
- *** Sign up at reception desk

OCTOBER 2018

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|--|---|---|---|---|
| | 1 11:00 Stretch & Strengthen CD 1:00 Music Therapy RR 4:30 Men's Club P | 2 10:00 Coffee & Donuts RR 11:00 Walking Club 1:30 Manicures RR 3:30 Bingo CD 6:15 Game Night YL | 3 11:00 Stretch & Strengthen CD 1:00 PFL Jan & Badger RR 1:30 Prayer Group CD 3:00 Pianist Lenn Anderson YL | 4 11:00 Walking Club 1:30 Needlework Hour CL 3:00 Beau Bledsoe, Michael McClintock, & Melinda Hedgecorth MLR 6:30 Bingo Night YL | 5 11:00 Stretch & Strengthen CD 1:30 Movie Matinee CD 3:30 Bingo CD | 6 11:00 Exercise CD 11:00 Rosary CH 1:30 PFL Al & Chuck RR 2:00 Saturday Movie CL |
| * PFL = Pets For Life | | | | | | |
| 7 10:00 Holy Eucharist CH 1:00 Blessing of the Animals Bishop's Garden 2:15 Sunday Movie CL | 8 Columbus Day Indigenous Peoples' Day 11:00 Stretch & Strengthen CD 1:00 Music Therapy RR 3:00 Pianist Donna Maddox YL 4:30 Ladies' Club P | 9 9:30 Catholic Mass CH 11:00 Walking Club 1:30 Manicures RR 3:30 Bingo CD 6:15 Game Night YL | 10 1:00 PFL Jan & Badger RR 1:30 Prayer Group CL 3:00 Pie of the Month RR | 11 10-2 Watch Repair ART 11:00 Walking Club 1:30 PFL Erin & Jay RR 3:30 Bingo CD | 12 10:30 Resident Council TR 11:00 Stretch & Strengthen CD 1:30 Chair Volleyball WR 3:00 Candace Evans Duo MLR | 13 11:00 Exercise CD 11:00 Rosary CH 1:30 PFL Al & Chuck RR 2:00 Saturday Movie CL |
| 14 10:00 Holy Eucharist CH 2:15 Sunday Movie CL 3:00 Bingo YL | 15 11:00 Stretch & Strengthen CD 1:00 Music Therapy RR 3:00 Guitarist Nick Gadbois YL | 16 11:00 Walking Club 1:30 Manicures RR 3:30 Bingo CD 6:15 Game Night YL | 17 11:00 Podiatrist TR 1:00 PFL Jan & Badger RR 1:30 Prayer Group CL 3:00 Pianist Lenn Anderson YL | 18 11:00 Walking Club 1:30 Halloween Decorations CL 3:30 Bingo CD 6:30 Bingo Night YL | 19 9:30 Baking Club TR 11:00 Stretch & Strengthen CD 1:30 Chair Volleyball WR 2:30 The Goldenberg Duo MLR | 20 11:00 Exercise CD 11:00 Rosary CH 1:30 PFL Al & Chuck RR 2:00 Saturday Movie CL |
| 21 10:00 Holy Eucharist CH 2:15 Sunday Movie CL 3:00 Bingo YL | 22 11:00 Stretch & Strengthen CD 1:00 Music Therapy RR 3:00 Pianist Donna Maddox YL | 23 9:30 Catholic Mass CH 11:00 Walking Club 1:30 Manicures RR 3:30 Bingo CD 6:15 Game Night YL | 24 11:00 Stretch & Strengthen CD 1:00 PFL Jan & Badger RR 1:30 Prayer Group CL 3:00 Music Trivia CD | 25 11:00 Walking Club 1:30 Prince the Powderpuff RR 3:30 Bingo CD 6:30 Bingo Night YL | 26 11:00 Stretch & Strengthen CD 4:30 Cocktail Hour Jameson Mair & Joe Cartwright MLR | 27 11:00 Exercise CD 11:00 Rosary CH 1:30 PFL Al & Chuck RR 2:00 Saturday Movie CL |
| 28 10:00 Holy Eucharist CH 2:15 Sunday Movie CL 3:00 Bingo YL | 29 11:00 Stretch & Strengthen CD 1:00 Music Therapy RR 2:00 Guitarist Ryan Head CH 3:00 Haunted Tunes Donna Maddox YL | 30 11:00 Walking Club 1:30 Manicures RR 3:30 Bingo CD 6:15 Game Night YL | 31 Halloween 10:00 St. Paul's Day School Trick-or-Treaters MLR 1:00 PFL Jan & Badger RR 1:30 Prayer Group CL 3:00 Halloween Costume Party MLR | <div> <div> A Abbey CD Coventry Dining Room CDR Canterbury Dining Room CH Chapel CL Coventry Living Room </div> <div> MLR Madison Living Room RR Room to Room TR Therapy Room YD York Dining Room YG York Garden YL York Lounge </div> </div> | | |

OCTOBER 2018

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|---|---|---|--|--|
| <p>* PFL = Pets For Life</p> | <p>1</p> <p>10:00 Music Moves YL 10:30 Current News YL 1:30 Manicures RR 3:00 Wii Bowling YL</p> | <p>2</p> <p>10:00 Music Moves YL 10:30 Current News YL 1:30 Devotions YD 3:00 Bingo YD 6:15 Game Night YL</p> | <p>3</p> <p>10:00 Music Moves YL 10:30 Current News YL 1:00 PFL Jan & Badger RR 3:00 Pianist Lenn Anderson YL</p> | <p>4</p> <p>10:00 Music Moves YL 10:30 Current News YL 3:00 Beau Bledsoe, Michael McClintock, & Melinda Hedgecorth MLR 6:30 Bingo Night YL</p> | <p>5</p> <p>10:00 Garden Club YG 10:30 Current News YL 2:30 Afternoon Tea Party YL</p> | <p>6</p> <p>10:15 Music Moves YL 11:00 Rosary CH 1:30 PFL Al & Chuck RR 2:30 Saturday Afternoon Adventure YL</p> |
| <p>7</p> <p>10:00 Holy Eucharist CH 1:30 Praise & Worship YD 3:00 Bingo YD</p> | <p>8</p> <p>Columbus Day Indigenous Peoples' Day</p> <p>10:00 Music Moves YL 10:30 Current News YL 1:30 Manicures RR 3:00 Pianist Donna Maddox YL</p> | <p>9</p> <p>9:30 Catholic Mass CH 10:00 Music Moves YL 10:30 Current News YL 1:30 Devotions YD 3:00 Bingo YD 6:15 Game Night YL</p> | <p>10</p> <p>1:00 PFL Jan & Badger RR 3:00 Pie of the Month RR</p> | <p>11</p> <p>10:00 Resident Council 10:00 Music Moves YL 10:30 Current News YL 2:30 Wheelchair Volleyball YD</p> | <p>12</p> <p>10:00 Garden Club YG 10:30 Current News YL 1:30 Card & Board Games YL 3:00 Candace Evans Duo MLR</p> | <p>13</p> <p>10:15 Music Moves YL 11:00 Rosary CH 1:30 PFL Al & Chuck RR 2:30 Saturday Afternoon Adventure YL</p> |
| <p>14</p> <p>10:00 Holy Eucharist CH 1:30 Praise & Worship YD 2:00 PFL Charlie the Pom RR 3:00 Bingo YD</p> | <p>15</p> <p>10:00 Music Moves YL 10:30 Current News YL 1:30 Manicures RR 3:00 Link Words YL</p> | <p>16</p> <p>10:00 Music Moves YL 10:30 Current News YL 1:30 Devotions YD 3:00 Bingo YD 6:15 Game Night YL</p> | <p>17</p> <p>10:00 Music Moves YL 10:30 Current News YL 1:00 PFL Jan & Badger RR 3:00 Pianist Lenn Anderson YL</p> | <p>18</p> <p>10:00 Music Moves YL 10:30 Current News YL 1:30 Himalayan Eugene RR 3:00 Word Games YL 6:30 Bingo Night YL</p> | <p>19</p> <p>10:00 Doughnut Day YD 10:30 Current News YD 1:30 Card & Board Games YL 3:00 Goldenberg Duo MLR</p> | <p>20</p> <p>10:15 Music Moves YL 11:00 Rosary CH 1:30 PFL Al & Chuck RR 2:30 Saturday Afternoon Adventure YL</p> |
| <p>21</p> <p>10:00 Holy Eucharist CH 1:30 Praise & Worship YD 3:00 Bingo YD</p> | <p>22</p> <p>10:00 Music Moves YL 10:30 Current News YL 1:30 Manicures RR 3:00 Pianist Donna Maddox YL</p> | <p>23</p> <p>9:30 Catholic Mass CH 10:00 Music Moves YL 10:30 Current News YL 1:30 Devotions YD 3:00 Bingo YD 6:15 Game Night YL</p> | <p>24</p> <p>8:30 Podiatrist Y 10:00 Music Moves YL 10:30 Current News YL 1:00 PFL Jan & Badger RR 3:00 Word Games YL</p> | <p>25</p> <p>10:00 Music Moves YL 10:30 Current News YL 1:30 Movie Matinee YL 3:00 Arts & Crafts YL 6:30 Bingo Night YL</p> | <p>26</p> <p>10:00 Garden Club YG 10:30 Current News YL 3:00 Haunted Happy Hour YL</p> | <p>27</p> <p>10:15 Music Moves YL 11:00 Rosary CH 1:30 PFL Al & Chuck RR 2:30 Saturday Afternoon Adventure YL</p> |
| <p>28</p> <p>10:00 Holy Eucharist CH 1:30 Praise & Worship YD 2:00 PFL Charlie the Pom RR 3:00 Bingo YD</p> | <p>29</p> <p>10:00 Music Moves YL 10:30 Current News YL 1:30 Manicures RR 3:00 Haunted Tunes with Pianist Donna Maddox YL</p> | <p>30</p> <p>10:00 Music Moves YL 10:30 Current News YL 1:30 Devotions YD 3:00 Bingo YD 6:15 Game Night YL</p> | <p>31</p> <p>Halloween 10:30 St. Paul's Day School Trick-or-Treaters Y 1:00 PFL Jan & Badger RR 3:00 Pianist Lenn Anderson YL</p> | <p>A Abbey CD Coventry Dining Room CDR Canterbury Dining Room CH Chapel CL Coventry Living Room</p> <p>MLR Madison Living Room RR Room to Room TR Therapy Room YD York Dining Room YG York Garden YL York Lounge</p> | | |



The Goldenberg Duo

Friday, October 19, 2:30 p.m.
Madison Living Room

BSP welcomes back brother/sister musicians Susan and William Goldenberg. Susan is a first violinist with the Kansas City Symphony. William is a Distinguished Professor and chair of the piano department at Northern Illinois University. The Goldenbergs have performed together for more than 38 years.



Speaker Series | Cynthia Jaramillo Carlson

Tuesday, October 23
3:00 p.m. | Westport Room

Cynthia Jaramillo Carlson is an executive associate with the KCMO Health Department and special projects coordinator for the Violence Free KC Committee, a team charged with developing a Youth and Family Violence Prevention Plan, with the goal of reducing incidents of violence affecting children, youth, and families through a public health approach.



Guitarist Ryan Head

Monday, October 29, 2:00 p.m.
Chapel

Ryan Head studied at the Aspen Music Festival and School and completed graduate work at University of Missouri-Kansas City Conservatory of Music. In addition to his classical training, Ryan has played in many bands and chamber ensembles and has experience with blues, country blues, Piedmont blues, slide guitar, and ragtime. Ryan's wife, pianist Po Sim (Fanny) Head, performed here in September.



Lunch & Learn | NEW SERIES: Brain Myths Exploded

Monday, October 22
Lunch | 11:30 a.m.-12:00 noon
Program | starts at 12:00 noon
Westport Room

This month we begin a new Great Courses DVD series, chosen by a community-wide vote: *Brain Myth's Exploded: Lessons from Neuroscience*. Lunch begins promptly at 11:30. Two talks begin at noon and run until 1:00. Lunch will be provided (for 10 points). **Sign up with the concierge by Saturday, October 20, to reserve your lunch and allow PB&J time to prepare.**



Movie Classic with Robert Butler | Young Frankenstein

Wednesday, October 24
2:00 p.m. | Westport Room

Join Robert Butler for this screening of *Young Frankenstein*. The classic 1974 film, directed by Mel Brooks, stars Gene Wilder as a descendant of the infamous Dr. Victor Frankenstein and Peter Boyle as the monster. Robert Butler will have his inside stories on this funny movie!



Speaker Series | Scott Taylor

Monday, October 29, 3:30 p.m.
Westport Room

Come meet another of our candidates! Kansas City mayoral candidate Scott Taylor, an attorney, is in his second term on the Kansas City Council, representing the 6th district in south Kansas City. Last year, Scott introduced a "Revive the East Side" campaign aimed at increasing jobs and economic development in neglected parts of the city.

Chaplain's CORNER

If you search Google Images for St. Francis of Assisi, many of your results will include birds, lambs, deer, a rabbit, a wolf—you get the picture. No surprise there. St. Francis is the patron saint of animals. He loved all of God's creatures and saw them as his brothers and sisters. He preached to his sisters the birds, we are told, and convinced Brother Wolf to cease his marauding ways.

The official feast day of St. Francis is October 4th and around that time of year we start to see signs inviting us to this or that church for a Blessing of the Animals. At BSP the Blessing of the Animals will take place on Sunday, October 7th, at 1:00 p.m. in the Bishop's Garden. Residents, family members, and staff are welcome to bring their animal companions for this event (humans, please be prepared should your pet respond to a call of nature during this time). House calls can be arranged for those pets who are shy about attending public gatherings.

*Most High, omnipotent, good Lord,
to thee be ceaseless praise outpoured,
and blessing without measure.
Let creatures all give thanks to thee and serve in
great humility.*
(Adapted from *Canticle of the Sun*, composed
by St. Francis)

—Chaplain Kathy Hall

Roman Catholic Mass

Father Bob | Tuesday, October 9 | 9:30 a.m. | Chapel

Father Bob | Tuesday, October 23 | 9:30 a.m. | Chapel

The History of Christianity: From the Disciples to the Dawn of the Reformation

We will continue working our way through this Great Courses DVD series on **Tuesdays at 11:00 a.m.** in the **Westport Room**. All are welcome!

Rosary

Come pray the Rosary **Saturdays at 11:00 a.m.** in the **Chapel**.

Blessing of the Animals

Sunday | October 7th | 1:00 p.m. | Bishop's Garden



The Great Courses | From Monet to Van Gogh: A History of Impressionism

Tuesday, October 30

3:00 p.m. | Westport Room

Join us for the Great Courses series, *From Monet to Van Gogh: A History of Impressionism*. Professor Richard Brettell gives insight into the artists who rebelled against the formality of the French Academy and created the most famous artistic movement in history.

NOTE | Moved to Tuesday this month due to Halloween.



BSP HALLOWEEN!

Wednesday, October 31

Madison Living Room

St. Paul's Day School Trick-or-Treaters

10:00 a.m.

Bring your candy to share with our witches and goblins!

Costume Party

3:00 p.m.

No one does Halloween better than our residents and employees! Join in the fun for tricks, treats, laughs, contests, and more.

HAPPY BIRTHDAY



James Marshall, October 2
Sandra Bergfelder, October 6
Irma Dona, October 12
John Wornall, October 13
Robert Cotton, October 15
Paula Lane, October 15
George Dooley, October 17
Willa Harrington, October 17
Betty Burger, October 18
Irene Marcus, October 18
Maxine Thomas, October 19
Bernadette Miller, October 20
Clifton Elliott, October 26
John Adair, October 31

IN LOVING MEMORY



Harold Betz
Sandy Lambert
Ruth Achelpohl
Dolores Fiola

GOOD BOOKS

Monday, October 22 | 3:00 p.m. | Chapel

This month we will discuss *Open and Shut* by David Rosenfelt. This is a mystery featuring Andy Carpenter, attorney and dog lover, and it's available in print, electronic, and audiobook formats. Please join us!



Garden TIME

Friends! This is probably your last month to visit our hardiest blossoms and greenery. There is a 50% chance of a freeze here about October 28. Take a tour soon while Mother Nature makes up her mind what to do this year. The days will get shorter and chillier! Daylight saving time won't end until November 4 (yes, fall back one hour).



Two members of the Garden Committee have located a Missouri nursery supplier of re-blooming

irises. This subject has interested committee members for some time. Six rhizomes were planted—three of “Corey Remembered” and three of “Hi Ho Silver.” Be on the watch for these novelties next spring.

Enjoy our flowers as you enjoy life at Bishop Spencer Place!

When the time arises that you wish to remember someone who is no longer here, please contact Vickie Whitby in the business office. She will assist you in having a plaque added to those already mounted on the Memorial wall in our garden.

—Bobbie Ellis



Cocktail Hour

WITH JOE CARTWRIGHT AND 13-YEAR-OLD PRODIGY JAMISON MAIR

Friday, October 26, 4:30 p.m.

Madison Living Room | Canterbury Dining Room

This month's Cocktail Hour features 13-year-old trumpeter Jamison Mair, whom many of you raved about at Tim Whitmer's recent program, and pianist Joe Cartwright. Daily special and full dinner menu is available, also with complimentary drinks.



The Scene

RECENT EVENTS
& PHOTOS

