

AUGUST 2018

LIFE ENRICHMENT | INDEPENDENT LIVING

Saint Luke's
BISHOP SPENCER PLACE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 9:30 Catholic Mass <i>CH</i> 10:00 Stretch <i>AC</i> 10:30 Grocery Store Trip * 1:00 Tai Chi <i>AC</i> 3:00 Cool Breeze Duo <i>MLR</i> 6:30 Bus Departs for <i>Spirituality & All That Jazz</i> *	2 10:00 Strength & Balance <i>AC</i> 1:30 Arthritis Exercise <i>AC</i> 2-4 CC Bank <i>MLR</i> 2:00 Life Enrichment Committee <i>P</i> 2:30 Dining Committee <i>A</i> 3:00 Air Apparent Fremar Duo <i>MLR</i>	3 10:00 Stretch <i>AC</i> 2:00 Movie Classic with Robert Butler <i>The Graduate</i> <i>WR</i>	4 9:30 Grocery Store Trip * 11-12 Librarian Hours <i>WR</i> 7:00 Movie <i>JLR</i>
5 10:00 Holy Eucharist <i>CH</i> 11-1 Brunch <i>CDR</i> 2:30 Kurt Wheeler Jazz <i>MLR</i> 3:30 Movie <i>JLR</i>	6 9:30 Tai Chi <i>AC</i> 10:30 Stretch <i>AC</i> 11:00 Welcome Committee <i>A</i> 12:00 Lunch & Bridge Mixer <i>CDR</i> * 1:00 Art Class <i>AC</i> 1:30 Dollar Tree Trip * 4:30 Men's Club <i>A</i>	7 Election Day 10:00 Strength & Balance <i>AC</i> 11:00 Bible Study <i>JLR</i> 1:00 Blood Pressure Check <i>109</i> 1:30 Arthritis Exercise <i>AC</i> 2:30 Alterations <i>A</i>	8 10:00 Stretch <i>AC</i> 10:30 Grocery Store Trip * 1:00 Tai Chi <i>AC</i> 1:00 Bus Departs for Powell Gardens Butterfly Exhibit *	9 10:00 Strength & Balance <i>AC</i> 1:30 Arthritis Exercise <i>AC</i> 2-4 CC Bank <i>MLR</i> 3:00 Speaker Series Scott Wagner <i>WR</i>	10 10:00 Stretch <i>AC</i> 1:30 Chair Volleyball <i>WR</i> 3:00 Speaker Series Jennifer Lapka <i>WR</i>	11 9:30 Grocery Store Trip * 11-12 Librarian Hours <i>WR</i> 7:00 Movie <i>JLR</i>
12 10:00 Holy Eucharist <i>CH</i> 11-1 Brunch <i>CDR</i> 3:00 Movie <i>JLR</i>	13 9:30 Tai Chi <i>AC</i> 10:30 Stretch <i>AC</i> 11:30 Lunch & Learn Middle Eastern History <i>WR</i> * 1:00 Art Class <i>AC</i> 3:00 Speaker Pete Dulin <i>WR</i> 4:30 Ladies' Club <i>P</i>	14 10:00 Strength & Balance <i>AC</i> 11:00 Bible Study <i>WR</i> 1:00 Blood Pressure Check <i>109</i> 1:30 Arthritis Exercise <i>AC</i> 3:30 Resident Council <i>A</i>	15 9:30 Catholic Mass <i>CH</i> 10:00 Stretch <i>AC</i> 10:30 Grocery Store Trip * 1:00 Tai Chi <i>AC</i> 4:00 Artist Reception for Nina Irwin <i>ART</i>	16 10:00 Strength & Balance <i>AC</i> 11:00 Friendly Neighbor Committee <i>WR</i> 1:30 Arthritis Exercise <i>AC</i> 2-4 CC Bank <i>MLR</i>	17 10:00 Stretch <i>AC</i> 2:30 Mary Holzhausen Flute and Piano Duo <i>MLR</i>	18 9:30 Grocery Store Trip * 11-12 Librarian Hours <i>WR</i> 7:00 Movie <i>JLR</i>
19 10:00 Holy Eucharist <i>CH</i> 11-1 Brunch <i>CDR</i> 1:30 Saints & Singers <i>MLR</i> 3:00 Movie <i>JLR</i>	20 9:30 Tai Chi <i>AC</i> 10:30 Stretch <i>AC</i> 1:00 Art Class <i>AC</i> 1:30 Walmart Trip * 3:00 Art Blocks Donna Houtteman <i>WR</i>	21 10:00 Strength & Balance <i>AC</i> 11:00 Bible Study <i>WR</i> 1:00 Blood Pressure Check <i>109</i> 1:30 Arthritis Exercise <i>AC</i> 3:00 Speaker Series Blair Kerkhoff <i>WR</i>	22 10:00 Stretch <i>AC</i> 10:30 Grocery Store Trip * 11:00 Café Hope <i>CH</i> 1:00 Tai Chi <i>AC</i> 3:00 Great Courses From Monet to Van Gogh <i>WR</i>	23 10:00 Strength & Balance <i>AC</i> 1:30 Arthritis Exercise <i>AC</i> 2-4 CC Bank <i>MLR</i> 3:00 Zsolt Eder Classical Trio <i>MLR</i>	24 10:00 Stretch <i>AC</i> 1:30 Chair Volleyball <i>WR</i> 3:00 Speaker Series Scangaroo Photo Scanning Demo <i>WR</i>	25 9:30 Grocery Store Trip * 11-12 Librarian Hours <i>WR</i> 7:00 Movie <i>JLR</i>
26 10:00 Holy Eucharist <i>CH</i> 11-1 Brunch <i>CDR</i> 3:00 Movie <i>JLR</i>	27 9:30 Tai Chi <i>AC</i> 10:30 Stretch <i>AC</i> 10:30 Women's Coffee <i>B</i> 1:00 Art Class <i>AC</i> 2:00 Garden Committee <i>A</i> 3:00 Good Books (Movie) Group: <i>A Man Called Ove</i> <i>WR</i> 6:30 PWMA <i>WR</i>	28 10:00 Strength & Balance <i>AC</i> 11:00 Bible Study <i>WR</i> 1:00 Blood Pressure Check <i>109</i> 1:30 Arthritis Exercise <i>AC</i> 3:00 Speaker Series Tedrick Housh <i>WR</i>	29 10:00 Stretch <i>AC</i> 10:30 Grocery Store Trip * 1:00 Tai Chi <i>AC</i> 3:00 Vocalist Millie Edwards <i>MLR</i>	30 10:00 Strength & Balance <i>AC</i> 1:30 Arthritis Exercise <i>AC</i> 2-4 CC Bank <i>MLR</i> 2:45 Bus Departs for Plaza Library Pick up at 4:00 * 3:00 Speaker Series Scott Burnett <i>WR</i>	31 10:00 Stretch <i>AC</i> 4:30 Cocktail Hour with Pianist Carl Bolte <i>MLR</i>	
<p>A Abbey CDR Canterbury Dining Room AC Activity Center (above Bistro) CH Chapel ART Art Gallery JLR Jefferson Living Room B Bistro MLR Madison Living Room</p>						<p>P Pub WR Westport Room 109 Apt. 109 Madison * Sign up at reception desk</p>