

ACTIVITY KEY



Celebration



Movie



Theatre



Arts



Music



Nature



Excursion



Speaker



Cocktails



Dining



Coffee & Conversation



Class



Speaker Series | Steve Miller

Thursday, February 1, 3:00 p.m. Westport Room

Steve Miller, relative of a BSP resident, recently announced his bid to run for mayor of Kansas City, Missouri. Steve, a long-time Kansas City lawyer, served on the Missouri Highways and Transportation Committee for seven years. He will share his campaign platform.



Movie Classic with Robert Butler | Cabaret

Friday, February 2, 2:00 p.m. Westport Room

In the 1972 film *Cabaret*, based on the Broadway musical, an American singer romances two men while performing in the Kit Kat Klub in 1931 Berlin as the Nazis are rising to power. The film, directed by Bob Fosse, stars Liza Minnelli, Michael York, and Joel Grey.



2018 WINTER OLYMPICS | PYEONGCHANG

Opening Ceremonies | Friday, February 9

Watch your favorite Olympic winter competitions on the NBC networks. Here are the opening dates of popular sports.

Ski Jumping	Feb. 8	Snowboarding	Feb. 10
Figure Skating	Feb. 9	Speed Skating	Feb. 10
Freestyle Skiing	Feb. 9	Alpine Skiing	Feb. 11
Hockey	Feb. 10	Nordic Combined	Feb. 14
Luge	Feb. 10	Skeleton	Feb. 15
Short Track	Feb. 10	Bobsled	Feb. 18



This is a monthly magazine for residents of Saint Luke's Bishop Spencer Place.

Bishop Spencer Place • 4301 Madison Ave., Kansas City, MO 64111



BSP Super Bowl Watch Party

Sunday, February 4, 5:30 p.m. Westport Room | BYOB

Join us for the BSP Super Bowl Party! Food will be catered by our own Frank Macaluso (16 points).

Tickets must be presented for the buffet meal. Please sign up by February 1 and receive a ticket from a concierge.



Speaker Series | Dr. Brandon Pomeroy

Tuesday, February 6, 3:00 p.m. Westport Room

Saint Luke's urologist Dr.
Brandon Pomeroy will join
us to discuss his novels As
It Is, When It Was and In My
Time of Need and non-fiction
book Grace Upon Grace:
The Story of Ibrahima Kodio
and a Remarkable School
in West Africa.

Dr. Pomeroy has traveled to Uganda, Mali, and India on medical missions and is a co-founder of Grace Missions, Inc., which provides financial and prayer support for a Christian primary school in Mali.



Toy & Miniature Museum

Wednesday, February 7 BSP bus departs at 1:00 p.m.

The National Museum of Toys and Miniatures opened in 1982 as the Toy and Miniature Museum of Kansas City, featuring the collections of Mary Harris Francis and Barbara Marshall. Over the next 30 years, the museum grew and the collection increased to over 72,000 objects.

Join us for a docent-led tour of this delightful Kansas City treasure.

Sign up with the concierge.



Spirituality & All That Jazz

Wednesday, February 7 BSP bus departs at 6:30 p.m.

Join us at Unity Temple on the Plaza for *Spirituality & All That Jazz*, a monthly showcase of the incredible wealth of local Kansas City Jazz talent. This month, vocalist Ron Gutierrez performs with host Tim Whitmer and The Consort Band.

Sign up with the concierge.



Lunch Out at Rye

Thursday, February 8 BSP bus departs at 11:15 a.m.

Since the weather kept us from lunching at Rye in January, we'll try it again! Rye on the Country Club Plaza celebrates the foods the Midwest is known for—pork chops, steaks, fried chicken, pies, cobblers, and specialty cakes—using local ingredients.

Sign up with the concierge by February 5th so we can reserve the BSP bus!



Sam Wisman Trio

Thursday, February 8, 3:00 p.m. Madison Living Room

Jazz drummer Sam Wisman graduated cum laude from **UMKC** Conservatory of Music and has performed with such diverse groups and musicians as Marimba Sol de Chiapas, Bobby Watson, the People's Liberation Big Band, and the Kansas City Symphony. He has also worked extensively as a percussionist in musical theater, including the Kansas City Repertory Theater, New Theatre Restaurant, and the Coterie Theater. You can listen to Sam as a DJ for Jazz Afternoon on 90.1 FM KKFI.



Metropolitan Opera at the Plaza Cinemark | L'Elisir D'Amore

Saturday, February 10 BSP bus departs at 10:15 a.m.

Enjoy the Met's Live in HD movie-theater transmission of Gaetano Donizetti's comic opera *L'Elisir D'Amore*, about a poor peasant who buys a love potion from a traveling salesman to try to win the heart of the beautiful, wealthy woman he loves.

Sign up with the concierge.



Lunch & Learn | Turning Points in Middle Eastern History

Monday, February 12, 11:30 a.m. Westport Room

Join us for two 30-minute talks from the Great Courses DVD series *Turning Points in Middle Eastern History*, followed by a group discussion.

Lunch will be provided (for ten points). Please sign up with the concierge by Saturday, February 10, to reserve your lunch and allow PB&J Restaurants time to prepare.



Speaker Series | Jean Peters Baker

Thursday, February 15, 3:00 p.m. Westport Room

Jean Peters Baker spent more than 15 years in the Jackson County Prosecutor's Office before she was appointed prosecutor in May 2011 and elected to the position in November 2012. She is only the second woman elected to lead the office. The first, now-U.S. Sen. Claire McCaskill, hired Jean as a young assistant prosecutor.

Jean's focus has been to make Jackson County a safer and better place to live, work, and raise a family.



Doug Talley Quartet Sunday, February 11, 1:30 p.m. Madison Living Room

Formed in 1995, the Doug
Talley Quartet has performed
at numerous festivals, concerts,
clubs, and schools throughout
the Midwest. All four members
of the quartet—Wayne Hawkins
(piano), Tim Brewer (bass), Doug
Talley (saxophone), and Keith
Kavanaugh (drums/cymbals)—
compose and arrange music,
as well as contribute to the
group's repertoire for recordings
and live appearances.



Valentine's Day with Tim Whitmer

Wednesday, February 14 3:00 p.m.

Madison Living Room

Tim Whitmer carries on the tradition of Kansas City jazz with his inventive treatment of standards and fanciful original compositions. Tim has led a series of renowned bands, drawn from local jazz legends and talented young players. Join us for a special Valentine's Day performance with Tim.



QuaTriDuo

Friday, February 16, 3:00 p.m. Madison Living Room

As the name implies, QuaTriDuo creates different chamber music ensembles by combining their instruments in various ways. While the majority of their repertoire falls into the category of light classical music, they do toss in the occasional tango!

FEBRUARY 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	A	IS SA		9:30 Strength & Balance AC 10:30 Chair Yoga AC 1:00 Life Enrichment Comm P 1:30 Arthritis Exercise AC 2:00 Dining Committee A 2-4 CC Bank MLR 3:00 Speaker Series Steve Miller	Groundhog Day 10:00 Stretch AC 10:30 Aging Mastery Class WR 2:00 Movie Classic with Robert Butler Cabaret WR	9:30 Grocery Store Trip * 7:00 Movie JLR
10:00 Holy Eucharist CH 11-1 Brunch CDR 3:00 Movie JLR 5:30 Super Bowl Party Catering by Frank Macaluso WR *	10:00 Stretch AC 11:00 Welcome Committee A 12:00 Lunch & Bridge Mixer CDR * 1:00 Art Class AC 1:30 Dollar Tree Trip * 4:30 Men's Club P	10:00 Strength & Balance AC 11:00 Bible Study CH 1:00 Blood Pressure CK 109 1:30 Arthritis Exercise AC 2:30 Alterations A 3:00 Speaker Series Dr. Brandon Pomeroy WR	9:30 Catholic Mass CH 10:00 Stretch AC 10:30 Grocery Store Trip * 1:00 Bus departs for Toy & Miniature Museum 6:30 Bus Departs to Spirituality & All That Jazz*	9:30 Strength & Balance AC 10:30 Chair Yoga AC 11:15 Bus Departs for Lunch Out at Rye * 1:30 Arthritis Exercise AC 2-4 CC Bank MLR 3:00 Sam Wisman Trio MLR	Olympic Opening Ceremonies 10:00 Stretch AC 10:30 Aging Mastery Class WR 1:15 Chair Volleyball WR	9:30 Grocery Store Trip * 10:15 Bus Departs to Plaza Theater for Opera L'Elisir D'Amore * 7:00 Movie JLR
11 10:00 Holy Eucharist CH 11-1 Brunch CDR 1:30 Doug Talley Quartet MLR 3:00 Movie JLR	10:00 Stretch AC 11:30 Lunch & Learn Middle East History WR 1:00 Art Class AC 4:30 Ladies' Club P	10:00 Strength & Balance AC 11:00 Bible Study CH 1:00 Blood Pressure CK 109 1:30 Arthritis Exercise AC 3:30 Resident Council A	Ash Wednesday Valentine's Day 10:00 Stretch AC 10:30 Grocery Store Trip * 1:00 Ash Wednesday Liturgy CH 3:00 Valentine's Day with Tim Whitmer MLR	9:30 Strength & Balance AC 10:30 Chair Yoga AC 11:00 Friendly Neighbor Comm WR 1:30 Arthritis Exercise AC 2-4 CC Bank MLR 3:00 Speaker Series Prosecutor Jean Peters Baker WR	10:00 Stretch AC 10:30 Aging Mastery Class WR 3:00 QuaTriDuo MLR	9:30 Grocery Store Trip * 1:30 Young Audiences Performance MLR 7:00 Movie JLR
18 10:00 Holy Eucharist CH 11–1 Brunch CDR 3:00 Movie JLR	President's Day 10:00 Stretch AC 1:00 Art Class AC 1:30 Walmart Trip * 3:00 ART BLOCKS Donna Houtteman WR	10:00 Strength & Balance AC 11:00 Lenten Studies CH 1:00 Blood Pressure CK 109 1:30 Arthritis Exercise AC 3:00 Speaker Series Gloria Haralson Smith WR	9:30 Catholic Mass CH 10:00 Stretch AC 10:30 Grocery Store Trip * 11:00 Café Hope CH	9:30 Strength & Balance AC 10:30 Chair Yoga AC 1:30 Arthritis Exercise AC 2-4 CC Bank MLR 2:45 Bus Departs for Plaza Library Pick up at 4:00 * 3:00 Speaker Series Julián Zugazagoitia WR	10:00 Stretch AC 10:30 Aging Mastery Class WR 3:00 Speaker Series David Owen WR 5:00 Cocktail Hour with Don Hatfield MLR	9:30 Grocery Store Trip * 10:45 Bus Departs to Plaza Theater for Opera La Bohème * 7:00 Movie JLR
10:00 Holy Eucharist CH 11-1 Brunch CDR 3:00 Movie JLR	10:00 Stretch AC 10:30 Women's Coffee B 1:00 Art Class AC 2:00 Garden Committee A 3:00 Good Book Reading Group CH	10:00 Strength & Balance AC 11:00 Lenten Studies CH 1:00 Blood Pressure CK 109 1:30 Arthritis Exercise AC 3:00 Speaker Series Patrick Dobson WR	10:00 Stretch AC 10:30 Grocery Store Trip ★ 3:00 The Great Courses Museum Masterpieces: The Metropolitan Museum of Art WR	A Abbey AC Activity Center (above Bistro) ART Art Gallery B Bistro	CDR Canterbury Dining Room CH Chapel JLR Jefferson Living Room MLR Madison Living Room	P Pub WR Westport Room 109 Apt. 109 Madison * Sign up at reception desk

FEBRUARY 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
A Abbey CD Coventry Dinin CDR Canterbury Dir Room CH Chapel CL Coventry Living	g Room RR RC TR Th YD YC YL YC	adison Living Room oom to Room erapy Room ork Dining Room ork Lounge				
				10:30 Scrabble CD 1:00 Himalayan Eugene RR 3:00 Needlework Hour CL	Groundhog Day 11:00 Stretch and Strengthen CD 2:00 Movie CD	11:00 Exercise CD 1:30 Pets for Life RR 2:00 Saturday Movie CD
10:00 Holy Eucharist CH 2:15 Sunday Movie CD 3:00 Bingo YD	11:00 Stretch and Strengthen CD 1:00 Music Therapy RR 3:00 Dominoes TR	11:00 Walking Club CD 1:30 Manicures RR 3:30 Bingo CD 5:30 Music Magic YL	9:30 Catholic Mass CH 11:00 Stretch & Strengthen CD 1:00 Pets For Life RR 1:30 Prayer Group CD 3:00 Lenn Anderson on Piano YL	11:00 Stretch and Strengthen CD 3:00 Sam Wisman Trio MLR 6:30 Bingo YL	Olympic Opening 9 Ceremonies 10:30 Baking Club TR 2:00 Resident Council CD	11:00 Chair Yoga CD 1:30 Pets for Life RR 2:00 Saturday Movie CD
10:00 Holy Eucharist CH 1:30 Doug Talley Quartet MLR 2:15 Sunday Movie CD 3:00 Bingo YD	11:00 Stretch and Strengthen CD 1:00 Music Therapy RR 3:00 Art Class Card Making TR	13 10:30 Walking Club CD 3:30 Bingo CD 5:30 Music Magic YL	Ash Wednesday 14 Valentine's Day 11:00 Stretch & Strengthen CD 1:30 Prayer Group CD 3:00 Valentine's Day with Tim Whitmer MLR	10:30 Scrabble CD 1:00 Himalayan Eugene RR 3:00 Needlework Hour CL 6:30 Bingo YL	11:00 Stretch and Strengthen CD 3:00 QuaTriDuo MLR	11:00 Exercise CD 1:30 Pets for Life RR 1:30 Young Audiences Performances MLR 2:00 Saturday Movie CD
18	President's Day 19	20	21	22	23	24
10:00 Holy Eucharist CH 2:15 Sunday Movie CD 3:00 Bingo YD	11:00 Stretch and Strengthen CD 1:00 Music Therapy RR 3:00 Dominoes TR	11:00 Walking Club CD 1:30 Manicures RR 3:30 Bingo CD 5:30 Music Magic YL	9:30 Catholic Mass CH 11:00 Stretch & Strengthen CD 11:00 Café Hope CH 1:30 Prayer Group CD 1:00 Pets For Life RR 3:00 Lenn Anderson YL	11:00 Stretch and Strengthen CD 3:00 Needlework Hour CL 6:30 Bingo YL	 11:00 Baking Club TR 3:00 Black History Month Celebration YL 5:00 Cocktail Hour with Pianist Don Hatfield MLR 	11:00 Chair Yoga CD 1:30 Pets for Life RR 2:00 Saturday Movie CD
25	26	27	28			
10:00 Holy Eucharist CH 2:15 Sunday Movie CD 3:00 Bingo YD	11:00 Stretch and Strengthen CD 1:00 Music Therapy RR 3:30 Art Class TR	11:00 Walking Club CD 3:30 Bingo CD 5:30 Music Magic YL	11:00 Stretch & Strengthen CD 1:00 Pets For Life RR 1:30 Prayer Group CD 3:00 Happy Hour CD			

FEBRUARY 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
A Abbey CD Coventry Dining Room CDR Canterbury Dining Room CH Chapel CL Coventry Living Room MLR Madison Living Room RR Room to Room TR Therapy Room YD York Dining Room YL York Lounge						
				10:00 Exercise YL 10:30 Current News YL 1:30 Himalayan Eugene RR 3:00 Word Games YL 6:30 Bingo Night YL	Groundhog Day 10:00 Music Moves YL 10:30 Current News YL 1:30 Famous Couples YL 3:00 Country Singer Charles Bain YD	10:15 Music Moves YL 1:30 Pets for Life RR 2:30 Saturday Afternoon Adventure YL
10:00 Holy Eucharist CH 1:30 Praise & Worship YD 3:00 Bingo YL 5:30 Super Bowl LII YL	10:00 Coffee Klatch YL 1:30 Manicures RR 3:00 Movie Matinee YL	10:00 Music Moves YL 1:30 Devotions YD 3:00 Bingo YD 5:30 Music Magic YL	9:30 Catholic Mass CH 10:00 Music Moves YL 10:30 Current News YL 1:00 Pets For Life RR 3:00 Lenn Anderson on Piano YL	10:00 Exercise YL 10:30 Current News YL 1:30 Crafts—Love Notes Door Decor YL 3:00 Sam Wisman Trio MLR	Olympic Opening 9 Ceremonies 9:30 Carlisle Home School Program YL 1:30 Resident Council A 3:00 Musician Steve Barrett YL	10:15 Music Moves YL 1:30 Pets for Life RR 2:30 Saturday Afternoon Adventure YL
11 10:00 Holy Eucharist CH 1:30 Doug Talley Quartet MLR 1:30 Praise & Worship YD 3:00 Bingo YL	10:00 Coffee Klatch YL 1:30 Manicures RR 3:00 Pianist Donna Maddox YL	10:00 Music Moves YL 1:30 Devotions YD 3:00 Bingo YD 5:30 Music Magic YL 6:45 Movie Night YL	Ash Wednesday 14 Valentine's Day 10:00 Music Moves YL 1:00 Pets For Life RR 2:00 Chocolate Fountain YL 3:00 Tim Whitmer MLR	10:00 Exercise YL 10:30 Current News YL 1:30 Himalayan Eugene RR 3:00 Olympic Games YL 6:30 Bingo Night YL	16 10:00 Music Moves YL 10:30 Current News YL 1:30 Crafts—Backyard Bird Feeders YL 3:00 QuaTriDuo MLR	17 10:15 Music Moves YL 1:30 Pets for Life RR 1:30 Young Audiences Performance MLR 2:30 Saturday Afternoon Adventure YL
18	President's Day 19	20	21	22	23	24
10:00 Holy Eucharist CH 1:30 Praise & Worship YD 3:00 Bingo YL	10:00 Coffee Klatch YL 1:30 Manicures RR 2:30 Cherry Pie of the Month Club YD 5:30 Presidential Trivia YD	10:00 Music Moves YL 1:30 Devotions YD 3:00 Bingo YD 5:30 Music Magic YL	9:30 Catholic Mass CH 10:00 Music Moves YL 10:30 Current News YL 1:00 Pets For Life RR 3:00 Lenn Anderson on Piano YL	10:00 Exercise YL 10:30 Current News YL 2:30 Olympic Games YL 6:30 Bingo Night YL	9:30 Carlisle Home School Program YL 3:00 Black History Month Celebration YL	10:15 Music Moves YL 1:30 Pets for Life RR 2:30 Saturday Afternoon Adventure YL
25	26	27	28			
10:00 Holy Eucharist CH 1:30 Praise & Worship	10:00 Coffee Klatch YL 1:30 Manicures RR	10:00 Music Moves YL 1:30 Devotions YD	10:00 Music Moves YL 10:30 Current News YL			
YD 3:00 Bingo YL	3:00 Pianist Donna Maddox YL	3:00 Bingo YD 5:30 Music Magic YL 6:45 Movie Night YL	1:00 Pets For Life RR 3:00 Happy Hour YL			



Kansas City Young Audiences

Saturday, February 17, 1:30 p.m. Madison Living Room

Kara Armstrong is the Director of Arts Education for Kansas City Young Audiences, established as a non-profit agency in 1961 by a group of dedicated volunteers to provide children in Kansas City schools an opportunity to see and hear classical music. Join us for a delightful KCYA performance.



ART BLOCKS | Donna Houtteman

Monday, February 19, 3:00 p.m. Westport Room

This month Donna Houtteman presents *Baroque Art*. Donna is the leading voice behind the Art Conversation Series for Continuing and Professional Studies at the Kansas City Art Institute.

NOTE: We will not have an ART Blocks course in March. Donna will be out of town. We'll see her again in April!



Speaker Series | Gloria Haralson Smith

Tuesday, February 20, 3:00 p.m. Westport Room

Gloria Haralson Smith was born in Independence and has lived in that city nearly all her life. Her family has lived in Jackson County since 1835 and in Independence since 1865. For more than 25 years, she has researched stories on local history. She will share them in her presentation, *Better Than a Castle in Scotland*.



Speaker Series | Julián Zugazagoitia

Thursday, February 22, 3:00 p.m. Westport Room

Julián Zugazagoitia, Director of the Nelson-Atkins Museum of Art, will talk about *Through the Eyes of Picasso*, a major exhibition that explores Pablo Picasso's life-long fascination with African and Oceanic art, as well as works from the Americas, uniting his paintings and sculpture with art that fueled his own creative exploration. The Nelson-Atkins is the only U.S. venue for this groundbreaking exhibition.



Speaker Series | David Owen

Friday, February 23, 3:00 p.m. Westport Room

David Owen, resident Carol Owen's son, has been a staff writer for *The New Yorker* since 1991. He was previously a contributing editor at *The Atlantic Monthly* and a senior writer at *Harper's*. He is a contributing editor at *Golf Digest* and *Popular Mechanics*, and is one of The Fifty Funniest American Writers. David is the author of more than a dozen books, including his latest, *Where the Water Goes: Life and Death along the Colorado River*.

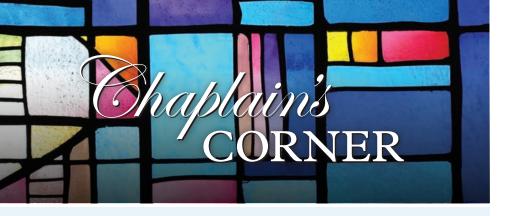


Metropolitan Opera at the Plaza Cinemark | La Bohème

Saturday, February 24 BSP bus departs at 10:45 a.m.

Enjoy the Met's *Live in HD* movie-theater transmission of one of the most widely performed operas in the world, Puccini's *La Bohème*, which depicts the joys and sorrows of love and loss in the Latin Quarter of Paris.

Sign up with the concierge.





February 14th is a date we associate with the heart. We give and receive heart-shaped cookies, boxes of chocolate, and message candies, all in celebration of the loves of our lives from puppy love to bestest friends to true love.

This year on February 14th, many of us will contemplate the truest love of all: the love of God made real in the life, death, and resurrection of Jesus. We will begin the season of Lent with ashy smudges on our foreheads and commit ourselves to spiritual disciplines through which we acknowledge our lapses of love and ask for the grace to do better.

Please note, there will be an Ash Wednesday service in the Chapel on February 14 at 1:00.

Also, if you have palms or palm crosses from last year, please bring them to me *before* Ash Wednesday so they can be burned for use on Ash Wednesday.

Blessings to all for a holy Lent!

—Chaplain Kathy Hall

Roman Catholic Mass

Father Mattingly | Wednesday, Feb. 7 | 9:30 a.m | Chapel Father Bob | Wednesday, Feb. 21 | 9:30 a.m. | Chapel

Ash Wednesday Liturgy

The Ash Wednesday liturgy, with imposition of ashes, will take place in the Chapel on February 14, at 1:00 p.m. All are welcome to attend.

Lenten Studies

We will work with a 5-session DVD program called *Embracing a Life of Meaning*. We will begin on Tuesday, February 20, at 11:00 a.m. in the Westport Room, and meet there at the same time for the following four weeks. You don't need to bring anything—just yourself!

Good Books

We will meet Monday, February 26, at 3:00 p.m. in the Chapel. We'll be reading *To Kill a Mockingbird,* by Harper Lee, available in print and audio CD formats (not electronic, sorry). Please join us!



Speaker Series | Patrick Dobson

Tuesday, February 27, 3:00 p.m. Westport Room

Kansas City writer, scholar, and professor Patrick Dobson, Ph.D., is the author of *Seldom Seen*, about his experiences walking from Kansas City to Helena, Montana. His latest book, *Canoeing the Great Plains*, a Thorpe Menn and High Plains Book Award winner, recounts his adventures canoeing the Missouri River back from Helena to Kansas City.



The Great Courses | Museum Masterpieces: The Metropolitan Museum of Art

Wednesday, February 28 3:00 p.m. Westport Room

In his visually-rich lectures, Professor Richard Brettell takes us through The Metropolitan Museum of Art on a personal tour driven by his enthusiasm and ceaseless curiosity.

This month, enjoy Lectures 21 and 22.



BIRTHDAY

Beulah Thompson, February 5

Clara Christiansen, February 9

Ann Hotchkiss, February 9

Jean Green, February 11

Bobbie Ellis, February 14

Jane Williams, February 15

Jeffrey Weidman, February 17

Jane Leifer, February 25

Betty Shouse, February 27

IN LOVING MEMORY



HAPPY

Jerre Steenhof Robert Aber Mary Green

From Chaplain Kathy

FABULOUS FOOD FOR THOUGHT

If you can read this message, you are more blessed than over two billion people in the world who cannot read at all. Have a good day, count your blessings, and pass this along to remind everyone else how blessed we all are.

-Author unknown



We're lucky to have many beneficial mind-body offerings here at BSP, and for our new residents who need an introduction, below is a re-cap of weekly happenings in the Activity Center.

Stretch Class

10:00 a.m. Monday, Wednesday, & Friday

Strength & Balance Workout

10:00 a.m. Tuesday 9:30 a.m. Thursday

Chair Yoga

10:30 a.m. Thursday

Art Class

1:00-3:00 p.m. Monday

Arthritis Exercise

1:30 p.m. Tuesday & Thursday

If you don't already participate, consider joining in and call Helen with any questions!

PLAZA LIBRARY



Thursday, February 22 BSP bus departs 2:45 p.m., returns to BSP 4:00 p.m.

The BSP Plaza library trip takes place on the last Thursday of each month.

Sign up with the concierge.



Cocktail Hour

WITH PIANIST DON HATFIELD

Friday, February 23, 5:00 p.m.*

Madison Living Room | Canterbury Dining Room

Don will perform while wine is served, 5:00-6:30 p.m.

*This month only, Cocktail Hour begins half an hour later.

Listen while you sit in the Pub, dine in the Canterbury Dining Room, or enjoy wine and cocktails in the Madison Living Room. Daily special and full dinner menu is available, also with complimentary drinks.















THE BSP
NEW YEAR'S EVE
PARTY











