Early Summer in Loose Park.

“Green was the silence, wet was the light, the month of June trembled like a butterfly.”
— Pablo Neruda
## June Highlights

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<tr>
<th>Event</th>
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<tr>
<td><strong>Spring Piano Recital</strong></td>
<td>Sunday, June 1, at 2:00</td>
<td>Madison Living Room</td>
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<td><strong>Violinist Will Haapaniemi</strong></td>
<td>Monday, June 16, at 3:00</td>
<td>Madison Living Room</td>
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<td><strong>Violinist Andrea Oh</strong></td>
<td>Monday, June 2, at 2:00</td>
<td>The Chapel of The Epiphany</td>
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<td><strong>Silpada Jewelry Sale</strong></td>
<td>Wednesday, June 18, 10:00-2:00</td>
<td>Art Gallery</td>
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<td><strong>Tour of Illuminated Manuscripts</strong></td>
<td>Friday, June 6, at 11:00</td>
<td>Westport Room</td>
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<td><strong>Night at the Movies: Philomena</strong></td>
<td>Wednesday, June 18, 7:00</td>
<td>Westport Room</td>
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<td><strong>Travel to Australia with Zollers</strong></td>
<td>Friday, June 6, at 3:00</td>
<td>Westport Room</td>
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<tr>
<td><strong>Tim Whitmer Concert</strong></td>
<td>Thursday, June 19, at 3:00</td>
<td>Madison Living Room</td>
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<td><strong>Tom Tivol Speaks</strong></td>
<td>Monday, June 9, at 2:30</td>
<td>Westport Room</td>
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<td><strong>Intro to Meditation for Health</strong></td>
<td>Friday, June 20, at 2:00</td>
<td>Activity Center</td>
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<td><strong>Concert by KC Symphony Artists</strong></td>
<td>Wednesday, June 11, at 3:00</td>
<td>Madison Living Room</td>
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<td><strong>Hard Hat Tour of Corinthian Hall</strong></td>
<td>Saturday, June 21, at 1:15</td>
<td>KC Museum</td>
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<tr>
<td><strong>Bible Study with Chaplain Linda</strong></td>
<td>Friday, June 13 &amp; 27 at 1:30</td>
<td>Westport Room</td>
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<td><strong>The Monuments Men</strong></td>
<td>Monday, June 23, at 3:00</td>
<td>Westport Room</td>
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<td><strong>BSP Block Party</strong></td>
<td>Saturday, June 14, 11:00-2:00</td>
<td>Jefferson Parking Lot</td>
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<td><strong>Brain Health Seminar</strong></td>
<td>Tuesday, June 24, at 2:30</td>
<td>Westport Room</td>
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<td><strong>Father’s Day Grill</strong></td>
<td>Sunday, June 15, 11:00-1:00</td>
<td>Canterbury Dining Room</td>
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<td><strong>Cocktail Hour with Jaclyn Rylee</strong></td>
<td>Friday, June 27, at 4:30</td>
<td>Canterbury/Madison Living Room</td>
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<td><strong>Therapy Health Fair</strong></td>
<td>Monday, June 16, at 1:00-4:00</td>
<td>Activity Center</td>
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<td><strong>Entertainer Humberto Sierralta</strong></td>
<td>Monday, June 30, at 3:00</td>
<td>Madison Living Room</td>
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**SPRING PIANO CONCERT FEATURING GRACE KOHAN STUDENTS**

Enjoy a wide variety of music, from classical to contemporary, at the Spring Piano Concert presented by the piano students of Grace Kohan. Students ages 7-13 will be performing special selections at varying degrees of difficulty, and they look forward to mingling with everyone at the reception following the performance.

You won’t want to miss these delightful performances! Please join us at **2:00 on Sunday, June 1**, in the **Madison Living Room**.

[www.BishopSpencerPlace.org](http://www.BishopSpencerPlace.org)
TRAVEL TO AUSTRALIA WITH THE ZOLLERS

Is there more to Australia than Vegemite and Koala bears? Do Australians really “throw some shrimp on the Barbie”? Is the Sydney Opera House as breathtaking as it looks? Come to Dave and Joan Zollers’ presentation to find out!

The Zollers took an unforgettable trip to Australia earlier this year — and we’re fortunate they’ll be sharing photos and their travelogue with us!

You won’t want to miss this fascinating presentation of their trip. **Join us at 3:00 on Friday, June 6, in the Westport Room.**

TIM WHITMER BACK BY POPULAR DEMAND!

Charming audiences nightly in Kansas City’s best jazz venues, Tim Whitmer carries on/expands the tradition of Kansas City Jazz with his inventive treatment of standards and fanciful original compositions. Classically trained, Whitmer followed the siren’s call of jazz after studying at the Conservatory of Music at the University of Missouri Kansas City (UMKC) with George Salisbury, a brilliant harmonically advanced pianist, who studied with Mary Lou Williams.

Since then, Whitmer has led a series of renowned bands, drawn from local jazz legends and talented young players. Whitmer brings together these elements and abiding respect for the tradition, enhanced by his distinctive compositions magnificently rendered by a group of talented and experienced musicians for “Kansas City Standard Time.”

You won’t want to miss this always-impressive performance at **3:00 on Thursday, June 19, in the Madison Living Room.**

NELSON-ATKINS TOUR OF ILLUMINATED MANUSCRIPTS: ART & LITERATURE COMBINE

Before the advent of the printing press, books were created by hand by scribes and illustrated with painted images or decorative texts — key pieces from religious texts to literary and historical works were illustrated with miniature paintings that illuminate what life was like.

Join your neighbors for lunch at Rozelle Court followed by a tour of “The Karen Gould Collection” of titles related to manuscript illumination in the Islamic and the Western worlds on **Friday, June 6, at the Nelson-Atkins Museum of Art. The BSP bus will depart at 11:00.** Please sign up with the concierge in the Madison or Jefferson lobbies.

YOU’RE INVITED TO THE SELECT REHAB THERAPY HEALTH FAIR

Our onsite therapy team — Select Rehab — is hosting a Therapy Health Fair and you’re invited! You’ll have a chance to meet the therapy team, try out some of the therapy equipment and get a **free** physical assessment — plus refreshments!

Join us for this open house event from **1:00-4:00 on Monday, June 16, in the Activity Center.**

www.BishopSpencerPlace.org
I was astonished the other day when I heard the following statistic: Fifty percent of baby girls born in 2014 will live to be at least 100 years old. It is no secret that people are living longer. We see evidence of that ourselves at BSP. A few years ago, it was a major event when someone turned 100. Now, while it is definitely a cause for celebration, we are not expecting a marching band to appear. In May alone, two of our residents celebrated a century of life.

Given that many more people will live beyond 100, how do these 21st century babies prepare for their long lives? The Huffington Post recently had an article featuring 100 ways to live to be 100. The list included many of the obvious: Eat right, get enough sleep, exercise, maintain optimism, and inherit good genes. But I believe that if a person is looking for the secret to living a productive, vibrant, meaningful life, he or she should come to BSP and do a bit of observing, for the key to such a life can be found here.

Following is a list of what I think the residents of BSP know about aging and how to live life to the fullest, no matter how old a person is.

1. Stay involved in life. This is obvious from the attendance we have at educational and cultural programs, plus the number of activities our residents attend in the community.
2. Make and keep friends. Taking a peek into the pub, dining room, and bistro gives plenty of substantiation of this. Lively conversation and laughter pervade all three of these gathering places.
3. Keep active. Exercise classes, daily walks around our own campus, and visits to the fitness center are prevalent among our residents.
4. Grow in faith. Weekly services in our chapel are well attended, as are services on other special religious holidays. Bible study classes with serious discussions draw many residents. The chaplain’s office is often visited by residents for conversation or consultation. A daily devotional booklet and a weekly reflection are dispersed and discussed within our community.
5. Reach out to others. An amazingly large number of our residents are involved in community outreach within and without BSP. Look around Saint Luke’s and you will find many of our residents volunteering there. We have an active altar guild for our chapel, plus residents volunteer at their own churches and favorite charities.
6. Eat right. PB & J. Need I say more?

We are blessed with a beautiful community, dedicated employees, and incomparable residents. And, it seems, we have the secret of aging gracefully.

"Wisdom is with the aged, with long life is understanding." Job 12:12

— Chaplain Linda Yeager

SPRING BIBLE STUDY WITH CHAPLAIN LINDA

While Mark may be the shortest gospel in the Bible, it is rich with wisdom and insight. Join us on Fridays for discourse and discussion as we grow in our spiritual lives.

The sessions will be held in the Westport Room at 1:30 on Friday, June 13, and Friday, June 27, and will be facilitated by Chaplain Linda.

www.BishopSpencerPlace.org
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<td>1</td>
<td>10:00 Holy Eucharist—CH</td>
<td>11:00 Welcome Comm—A</td>
<td>2:00 KC Symphony Violinist Andrea Oh—CH</td>
<td>4:30 Men’s Club—A</td>
<td>10:00 Holy Eucharist—CH</td>
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<td>2</td>
<td>10:00 Stretch—AC</td>
<td>11:00 Welcome Comm—A</td>
<td>10:00 Wellness Workout—AC</td>
<td>1:00 Blood Press Ck—109</td>
<td>1:30 Arthritis Exercise—AC</td>
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<td>3</td>
<td>9:12:00 CC Bank—MLR</td>
<td>10:00 Wellness Workout—AC</td>
<td>3:00 Concert by KC Symphony Artists—MLR</td>
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<td>4</td>
<td>9:30 Catholic Mass—CH</td>
<td>9:15 Art Class—AC</td>
<td>10:00 Stretch—AC</td>
<td>1:00 Bridge—AC</td>
<td>1:30 Arthritis Exercise—AC</td>
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<td>5</td>
<td>11:00 Rosary—CH</td>
<td>10:30 Grocery Trip*</td>
<td>11:15 Lunch Out to Cupini’s*</td>
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<td>6</td>
<td>10:00 Stretch—AC</td>
<td>10:30 Grocery Trip*</td>
<td>1:00 Bridge—AC</td>
<td>1:30 Arthritis Exercise—AC</td>
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<td>7</td>
<td>9:30 Grocery Store Trip*</td>
<td>1:30 Bible Study with Chaplain Linda—WR</td>
<td>2:00 Introduction to Meditation for Health by Silent Strength—AC</td>
<td>2:00 CC Bank—MLR</td>
<td>7:00 Movie—JLR</td>
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**Flag Day**

9:30 Grocery Store Trip*  11:20 BSP Block Party—Jefferson Garden & Parking Areas  7:00 Movie—JLR

21st Day of Summer

9:30 Grocery Store Trip*  1:15 Bus Departs to Kansas City Museum for “Hard Hat Tour” of Corinthian Hall  7:00 Movie—JLR

**Father’s Day**

10:00 Holy Eucharist—CH  11:00 Father’s Day Grill with Music By The Waldo Jazz Collective—CDR  3:00 Movie—JLR

16

10:00 Stretch—AC  1:00 Blood Press Ck—109  1:30 Arthritis Exercise—AC  8:00 CC Bank—MLR

17

9:12:00 CC Bank—MLR

10:00 Stretch—AC  1:00 Bridge—AC  7:00 Night at the Movies Presents “Philomena”—WR

18

10:00 Stretch—AC  10:30 Grocery Trip*  1:00 Bridge—AC  3:00 Tim Whitemer is Back!—MLR

19

9:15 Art Class—AC  1:30 Arthritis Exercise—AC  2:4:00 CC Bank—MLR

20

10:00 Stretch—AC  1:30 Bible Study with Chaplain Linda—WR  4:30 Cocktail Hour Sponsored by CC Bank with Jaclyn Rylee on Piano—MLR

21

22

10:00 Holy Eucharist—CH  11:00 Brunch—CDR  3:00 Movie—JLR  5:15 Dinner Out to P.F. Chang’s*

23

10:00 Stretch—AC  10:30 Women’s Coffee—B  1:30 Walmart Trip*  2:00 Garden Comm—A  3:00 The Monuments Men Ties to the Nelson-Atkins Museum by MacKenzie Mallon—WR

24

9:12:00 CC Bank—MLR  10:00 Wellness Workout—AC  1:00 Blood Press Ck—109  1:30 Arthritis Exercise—WR  2:30 Kelly Jones from Heart of American Alzheimer’s Association Speaks—WR

25

10:00 Stretch—AC  10:30 Grocery Trip*  1:00 Bridge—AC  6:30 Bus Departs to Glace Artisan Ice Cream—Go Ahead and Splurge!*  8:00 CC Bank—MLR

26

9:15 Art Class—AC  1:30 Arthritis Exercise—AC  2:4:00 CC Bank—MLR

27

10:00 Stretch—AC  1:30 Bible Study with Chaplain Linda—WR  4:30 Cocktail Hour Sponsored by CC Bank with Jaclyn Rylee on Piano—MLR

28

9:30 Grocery Store Trip*  7:00 Movie—JLR

**June 2014**
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<td>10:00 Holy Eucharist—CH 1:30 Praise &amp; Worship—YD 2:00 Piano Student Recital—MLR 3:00 Bingo—YD</td>
<td>11:00 Stretch—CD 2:00 KC Symphony Violinist Andrea Oh—CH</td>
<td>9:30 Devotions—YD 1:30 Resident Council—CD 3:00 Bingo—YD 6:30 Evening Activity—YL</td>
<td>9:30 Holy Eucharist 1100 Stretch—CD 3:00 Lenn Anderson on Piano—YL</td>
<td>9:15 Art Class—AC 2:00 Chair Yoga—CD 6:15 Evening Bingo Early—YD</td>
<td>6:30 Evening Activity—YD 25</td>
<td>1:30 Piano Student Recital—MLR 3:00 Bingo—YD</td>
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<td>10:00 Holy Eucharist—CH 11:00 Waldo Jazz Collective—MLR 1:30 Praise &amp; Worship—YD 3:00 Bingo—YD</td>
<td>11:00 Stretch—CD 3:00 KC Symphony Violinist Will Haapaniemi—MLR</td>
<td>9:30 Devotions—YD 3:00 Bingo—YD 6:30 Evening Activity—YL</td>
<td>1100 Stretch—CD 2:30 Bible Study with Chaplain Linda—CD 3:00 Concert by KC Symphony Artist—MLR</td>
<td>9:15 Art Class—AC 10:30 Rosary—CH 2:00 Chair Yoga—CD 3:00 Michelle Suwarah—YL 6:15 Bingo—YD</td>
<td>6:15 Evening Activity—YD 25</td>
<td><strong>18</strong> <strong>1ST DAY OF SUMMER</strong> 10:00 Music Moves—YL 2:00 Saturday Afternoon Adventure—YL</td>
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<td>10:00 Holy Eucharist—CH 1:30 Praise &amp; Worship—YD 3:00 Bingo—YD</td>
<td>11:00 Stretch—CD 3:00 Forties Sing-a-long—YL</td>
<td>9:30 Devotions—YD 3:00 Bingo—YD 6:30 Evening Activity—YL</td>
<td>11:00 Stretch—CD 1:30 Bible Study with Chaplain Linda—CD 3:00 Donna Maddox on Piano—YL</td>
<td>9:15 Art Class—AC 1:30 Summer Bus Outing 6:15 Bingo—YD</td>
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<td><strong>3:00 Tim Whitmer Brings</strong></td>
<td><strong>10:30 Rosary -CH</strong></td>
<td><strong>Friday Reflections—</strong></td>
<td><strong>10:00 Music Moves—</strong></td>
<td><strong>6:00 Adventure—</strong></td>
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<td>10:00 Holy Eucharist—CH</td>
<td>1:30 Praise &amp; Worship—YD</td>
<td>10:00 Exercise—YL</td>
<td>10:30 Current News —YL</td>
<td>10:00 Garden Club—YG</td>
<td>10:00 Music Moves—YL</td>
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<td>3:00 Bingo—YD</td>
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<td>1:30 Activity Cart—RR</td>
<td>3:00 Lenn Anderson on Piano—YL</td>
<td>10:00 Music Moves—YL</td>
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<td><strong>15</strong></td>
<td><strong>6:15 Evening Bingo</strong></td>
<td><strong>3:00 Happy Hour</strong></td>
<td><strong>10:00 Garden Club</strong></td>
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**Program Directory**
- CA—Canterbury
- CH—Chapel
- YD—York Dining Room
- MLR—Madison Living Room
- YG—York Garden
- YL—York Lounge
- RR—Room to Room
TOM TIVOL TO SPEAK ON THE HISTORY OF JEWELRY

We have a wonderful opportunity to learn about the history of jewelry from one of the most respected jewelers in the Kansas City area and a nationally-acclaimed gemologist, lecturer and teacher.

After receiving his Graduate Gemologist certification in 1975, Tom Tivol joined his family’s retail jewelry business in Kansas City, becoming President of Tivol Jewels in 1988. In 2004, he opened his own jewelry company, Tom Tivol Jewels, where he maintains a gemological laboratory for the identification and valuation of gemstones, jewelry and silver.

Tom has served as a guest lecturer at Johnson County Community College for 25 years, and he wrote and teaches the course in the Gemological Method at KU. He has also provided more than 1,000 lectures to the general public and to the jewelry industry.

Join us to hear his fascinating presentation at 2:30 on Monday, June 9, in the Westport Room.

KANSAS CITY SYMPHONY RECITAL SERIES

We are fortunate to have three different Kansas City Symphony performances this month!

Violinist Andrea Oh, First Violin
Performing classical showpieces at 2:00 on Monday, June 2, in The Chapel of the Epiphany.

Violinist Will Haapaniemi, First Violin
Will is bringing his “fine, romantic sound” to us at 3:00 on Monday, June 16, in the Madison Living Room.

KC Symphony Artists
Various artists will be performing works by Mozart, Haydn and other composers. Led by Shannon Finney, Associate Principal Flute, the violin, viola, cello, bass, flute, euphonium and clarinet will all be represented playing in solos, duos, trios and quartets in various configurations at 3:00 on Wednesday, June 11, in the Madison Living Room.

EXPLORE CORINTHIAN HALL ON A HARD HAT TOUR

Take a hard hat tour of Corinthian Hall, the 100+ year old home of lumber baron Robert A. Long and his family. Visitors will see Corinthian Hall in mid-renovation, the bare interior of the building exposed for the first time in decades. You will examine 100 year-old craftsmanship, see the ornate Salon and Library and view the exquisite stained glass windows.

Join us for this sneak-peek tour on Saturday, June 21, at the Kansas City Museum. The BSP bus will depart at 1:15. Please sign up with the concierge in the Madison or Jefferson lobbies.

SILPADA JEWELRY SALE COMING TO BSP

Enjoy a jewelry shopping spree without leaving the comfort of BSP! Silpada’s sterling silver jewelry is handcrafted with only the finest materials. Shop Silpada’s unique catalog, courtesy of Susie Harman’s daughter Betsy, from 10:00-2:00 on Wednesday, June 18, in the Art Gallery.

www.BishopSpencerPlace.org
AN INTRODUCTION TO MEDITATION FOR HEALTH BY ‘SILENT STRENGTH’

When Sebastian Hitzig was 23, he stepped on a toothpick that punctured his foot and was treated for infection. Months later, he was rushed to the hospital having had two strokes, collapsed lungs and a failing of almost every vital organ in his body — the result of bacterial endocarditis. He almost died, but after three months in the hospital, he made a remarkable recovery building up his strength by working out regularly and practicing meditation, a practice that dates back thousands of years.

Hitzig has since dedicated his life to helping others heal. He started a not-for-profit called “Silent Strength,” with a mission to introduce and help nurture the practice of meditation for those facing life-altering medical conditions by providing the tools to fight illness on a spiritual, mental and emotional level.

Hitzig will be coming to BSP to share the importance of finding “meditation” in every day life. Meditation comes in all shapes and sizes, and his guided meditation and talk will be geared towards incorporating relaxation and stress reduction into your life.

This is a wonderful opportunity to learn from a master in meditation! Please join us at 2:00 on Friday, June 20, in the Activity Center and feel free to wear comfortable clothing.

REAL-LIFE MONUMENTS MEN PART OF NELSON-ATKINS HISTORY

As excitement has been built around the Sony film The Monuments Men, The Nelson-Atkins Museum of Art applauds six real-life Monuments Men who either worked in or closely with the museum. Monuments men and women, commissioned by Franklin D. Roosevelt during World War II, were tasked with the protection, recovery and preservation of millions of Europe’s masterpieces during the Nazi occupation. The museum employed four of the Nelson-Atkins’ Monuments Men and maintained strong ties with two others.

MacKenzie Mallon, a researcher in the European Painting & Sculpture Department, has been working on this project for many months. She will be coming to BSP to share her experience in researching these heroes of the war and talk about the history of their missions. You won’t want to miss her presentation at 3:00 on Monday, June 23, in the Westport Room.

THE MAGICAL SOUNDS OF HUMBERTO SIERRALTA

Humberto Sierralta is a concert pianist and composer well known in his native Peru where he played on a weekly television program, and also here in the United States as a prestigious performer. His compositions have won awards, including one piece that is ranked in the top ten best pieces of international music.

Through the sounds of his piano, he transports listeners to a world of peace, hope, inspiration and love. Join us to experience his beautiful music from original works to famous pieces at 3:00 on Monday, June 30, in the Madison Living Room.

BRAIN HEALTH SEMINAR

We have a special speaker coming from the Alzheimer’s Association-Heart of America Chapter this month. Join Kelly Jones, Dementia Care Specialist, for a presentation on brain health and memory loss. You’ll learn what is normal aging-related memory loss and what is not, as well as gain tips to maintain your brain health.

You won’t want to miss this important presentation at 2:30 on Tuesday, June 24, in the Westport Room.
GARDEN TIME

For the April committee meeting, the Garden Committee enjoyed a shopping trip to Soil Service Garden Center. We dared the weather and planted that week, and won (no frost). The Memorial Garden now has two varieties of weigela, blue salvia, yellow coreopsis, several colors of coneflowers, several coral bells, some unusual petunias, bugle, Dutchmen’s breeches, and a peony which will bloom pink. The Rock Garden gained astilbes and an unusual fern in the snail. The pots and rabbit are showing geraniums, lobelia and begonias.

BSP is showing off the Bishop’s Garden in the Wornall/Majors House Museums Garden Tour, and at that time we will have information on all the new plantings.

Bill Buckner purchased and has planted several herbs for the herb garden; we enjoy them in the Canterbury Dining Room.

— Article written by Barbara Lee

BSP IS ON THE WORNALL/MAJORS HOUSE MUSEUMS GARDEN TOUR

We are proud to have been selected as one of seven beautiful gardens featured on this year’s Wornall/Majors House Museums Garden Tour! The tour starts Friday, June 6, from 5:00-7:00 p.m., and goes much of the day Saturday, June 7, from 9:00 a.m.-4:00 p.m. During these times, you will see many people on our campus touring the garden.

Guests will be encouraged to park on the streets surrounding our campus and there will be signage directing them to do so. Staff will be on hand to direct visitors, and members of the Garden Committee will be in the garden to guide guests and answer questions.

We appreciate your patience as we have a busier campus on these two days. We’re excited to show off our Bishop’s Garden!

BSP BLOCK PARTY

It’s time for a summer block party! Join residents and BSP staff members for great food, live music and fun things for the kids including a magician and face painting. Invite the grandkids and come on out to celebrate summer! Join us anytime from 11:00 to 2:00 on Saturday, June 14, in the Jefferson parking lot.

COMMUNITY ANNOUNCEMENTS AND MILESTONES

JEFFERSON/MADISON

JUNE BIRTHDAYS

Ruth Achelpohl 08
Vera Olson 09
Harry Thiel 10
Mary Barnard 14
Harriet Kokjer 16
Marceline Franey 17
Nadine Kubis 18
Carol Owen 20
Ann Atkin 27
Peg Ruth 28
Clarke Anderson, Jr. 29
Bill Buckner 29

YORK PLACE JUNE BIRTHDAYS

Mary McKim 22
Keith Johnson 23
Betty Diedrich 25
John Rogers 27

IN LOVING MEMORY

Marjorie Loring
Virginia Foster
Alice Miller

FATHER’S DAY GRILL

Sunday, June 15 | 11:00 | Canterbury Dining Room
Featuring music from Waldo Jazz Collective

www.BishopSpencerPlace.org
AN ELEGANT EVENING WITH JACLYN RYLEE

COCKTAIL HOUR: MUSIC & WINE BAR
Friday, June 27, at 4:30
Madison Living Room/Canterbury Dining Room

Jaclyn Rylee will play piano classics while wine is served from 4:30-5:30. You may choose to sit in the pub, listen as you dine in the Canterbury, or enjoy wine & cocktails in the living room.

Special dinner (15 pts) with complimentary drinks